City Tech 101

Semester
Professor Name
Professor Email

You Paid for It, Use It: Resources + Services at City Tech

Session 4
Date
Professor

Today's Topics

- ★ Overview of Resources + Services
- ★ Accessing Resources + Services
- ★ Asking for Help

College

Success

Three Keys to Success

1. Work Hard!
2. Get Involved!
3. Ask for Help!

Resources + Services — @City Tech

Academic Resources + Services

Tutoring

- Atrium Learning Center

- Writing Center

- Tutor.com [log in through Bb; access varies]

- Department-Specific Tutoring (See Dept. Sites)

- Self-Paced Department Resources

Student Success Center

- Student Hub for questions, issues, confusion, guidance– any kind of help you need!

- Connections to Emergency Resources + Funds

- Coaching and Workshops

- May contact you during the semester if you are struggling in your classes– but you can always contact them first!

- Room: Library G-18R [ground floor of the Library Building, across from the elevators] Just walk in!

- StudentSuccessCenter@citytech.cuny.edu or their website

Professor Office Hours

- Questions from class

- Questions about careers

- Questions about majors or tracks

- Questions about advisement

- Questions about college or City Tech

Peer Leaders

- First Year Programs Peer Mentors

- Math Peer Leaders

- Perkins Peer Advisement

- Student Success Coaches

- SLD Peer Navigators

City Tech Library

- Reference Desk
- Ask A Librarian
- Research Guides
- Technology Loans

- Reserve Materials
- Scanning + Photocopies
- LGBTQ+ Resource
- Website

Center For
Student Accessibility

- If you had an IEP in high school
- If you have any type of disability
- If you are sick or unable to attend classes for more than a day or two
- Website

City Tech is committed to supporting the educational goals of enrolled students with disabilities in the areas of enrollment, academic advisement, tutoring, assistive technologies, and testing accommodations. If you have or think you may have a disability, you may be eligible for reasonable accommodations or academic adjustments as provided under applicable federal, state and city laws. You may also request services for temporary conditions or medical issues under certain circumstances. If you have questions about your eligibility or would like to seek accommodation services or academic adjustments, you can leave a voicemail at 718-260-5143, send an email to: Accessibility@citytech.cuny.edu, or visit the Center's website at http://www.citytech.cuny.edu/accessibility/ for more information.

Comprehensive Programs

Full Service

- ASAP

- ACE

- SEEK

  https://www.citytech.cuny.edu/seek/apply.aspx

- CUNY EDGE

Administrative Resources + Services

College Administration

- [Registrar](#)
- [Bursar](#)
- [Financial Aid](#)
- [Scholarship & Residency Services](#)
- [International Student Services](#)

Student-Centered Resources + Services

First Year Students

- First Year Programs
- FYP Peer Mentors

Student Leaders

- Student Government Association (SGA)
- NYPIRG
- CUNY ServiceCorps

Student Clubs + Events

- Student Life + Development (SLD)
- Yellow Jacket Journey (Presence)

Professional Development Center

- Exploring majors, interests, and values
- Resume and Cover letter critiques
- Interview preparation & Mock interviews
- Graduate School Exploration
- Virtual Workshops & Seminars
- Virtual Informational Sessions with Employers
- Virtual Networking Events
- Website
- The PDC encourages students to make an appointment in their first year of coursework to plot a successful course of study!

Workshops and Speakers

- Targeted topics

- Experts in different areas

- Department specific

Technology Resources + Services

Computer Labs

- Atrium Learning Center, Library Building, ground floor
- Library, 4th floor
- General Building, 6th floor
- Vorhees, 2nd floor
- Virtual Computer Lab

Student Help Desk

- CUNYFirst

- CT email + Email Lookup

- One Drive + Microsoft Office

- Blackboard

- OpenLab

- Zoom

- Specialized Programs + Tools

Student Help Desk
        StudentHelpDesk@citytech.cuny.edu
Room L114
                718-260-4900

Targeted Resources + Services

Student Health + Well-Being

- Counseling Services
- Community Standards
- Wellness Center

- Public Safety
- Petrie Fund (via Student Success Center)
- https://www.citytech.cuny.edu/relief/
- Fitness Center/Zoom Fitness Classes
- Gym

Student Health + Well-Being

- Nutrition for Education & Student Achievement (N.E.S.T.)
- The N.E.S.T. is City Tech's Food Pantry
- Don't miss the chance to grab free groceries! Perishable and non-perishable items, such as fruits, vegetables, canned foods, and dry goods are available.
- Located in the General Building, Room 414
- Open to all current students
- Need to schedule an appointment to pick up food: https://citytech-cuny.presence.io/event/food-pantry

Affinity Support

- [Black Male Initiative (BMI)](#)
- [Veteran Support Services](#)
- [Childcare Center](#)
- [CREAR Futuros](#)

Accessing Resources + Services

Small Group Scavenger Hunt

Accessing Resources + Services

Directions:
- Using the information from class today and the City Tech website, find the answers to the following questions.
- The group with the most correct answers at the end of 15 minutes wins!

SCAVENGER HUNT

Asking for Help!

What are some factors that might make a student less likely to ask for help?

Brainstorm ideas and let's make a list together...

Asking for help is...

- Responsible
- Healthy
- Proactive
- Normal

Asking for help is NOT...

- A sign of weakness

- A sign of failure

- A sign that you don't belong in college

"Be strong enough to stand alone;
Smart enough to know when you need help;
And brave enough to ask for it."

Recap

- ★ Study Experiment pt. 2
- ★ Overview of Resources + Services
- ★ Accessing Resources + Services
- ★ Asking for Help

Before Session 5...

- **Complete Reflection on OpenLab by replying to Reflection #4 Post.**

  Reflection #4
  > *Now that you are halfway through the workshop, what questions do you still have about becoming a college student? Ask four questions you would like to have answers to by the end of CT101.*

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Session 4
Friday, February 16
Prof. Olga Chajet