City Tech 101

Winter 2024
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You Paid for It, Use It: Resources + Services at City Tech

Session 4
Friday, January 12
Prof. DeCoux

Today's Topics
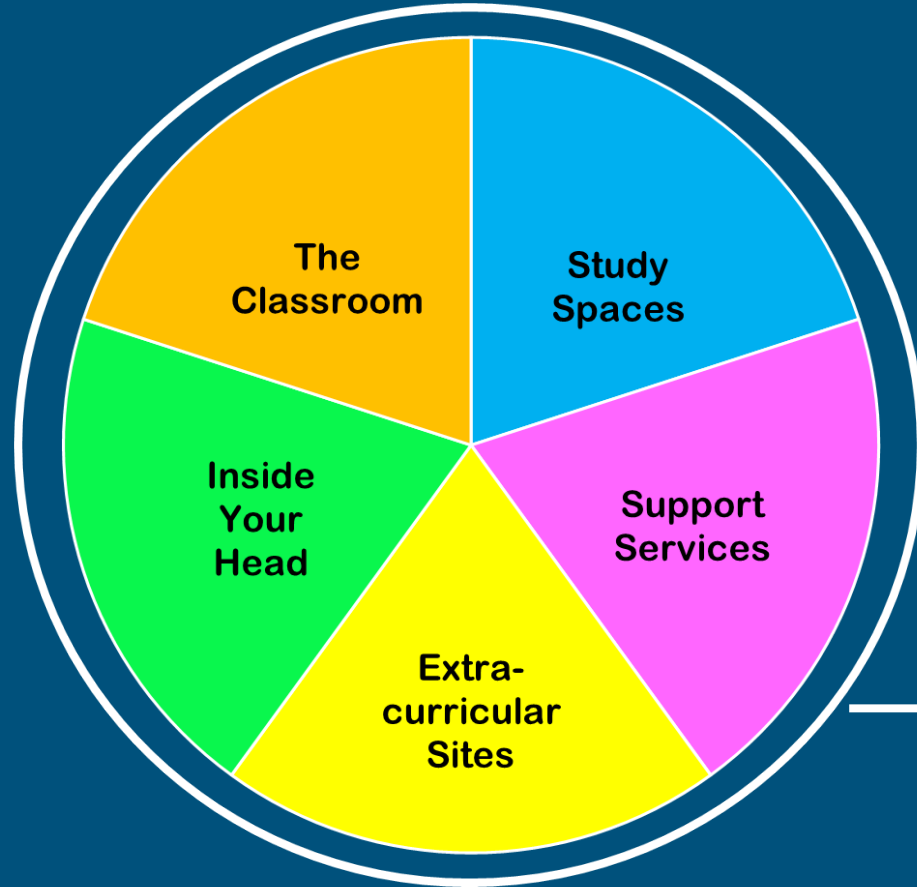
- ★ Where College Happens, Pt. 3
- ★ Taking Notes
- ★ Overview of Resources + Services
- ★ Accessing Resources + Services
- ★ Asking for Help

Where does college happen?

College happens in lots of places

Study
Spaces
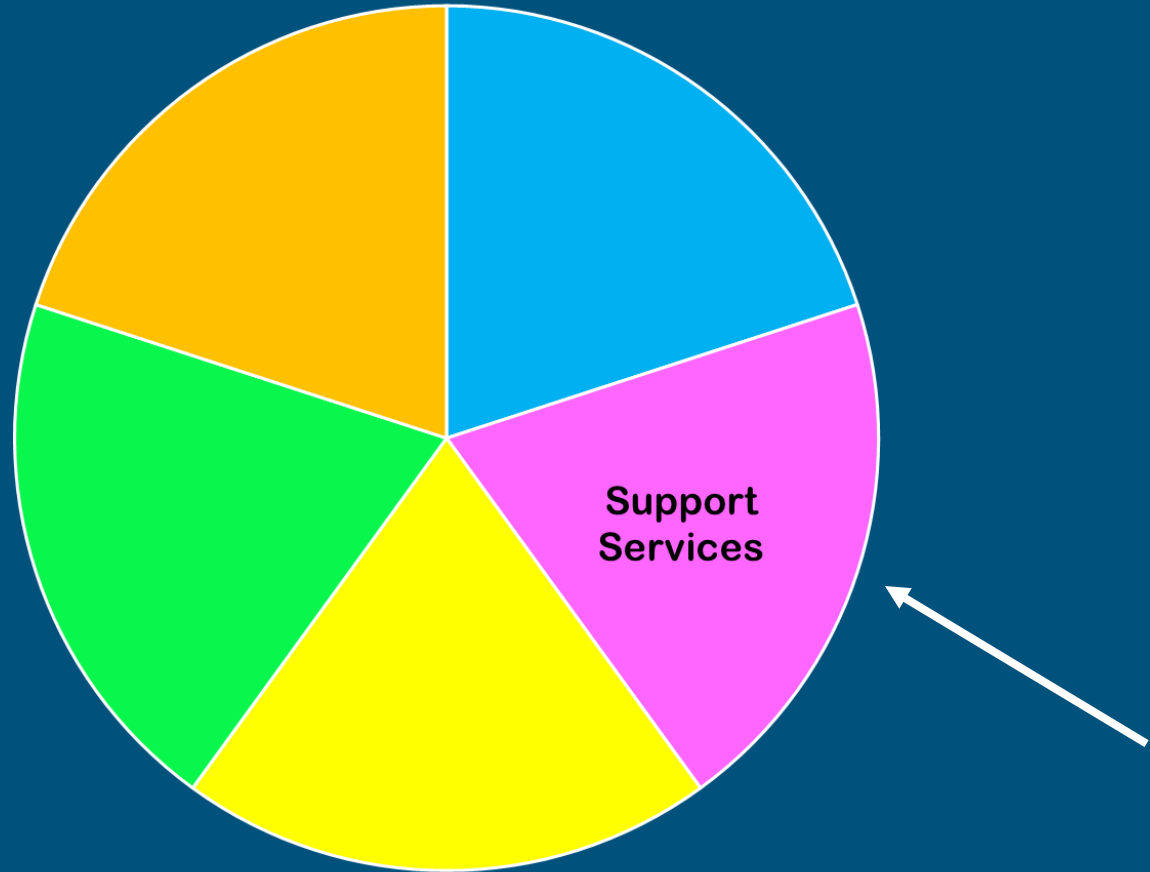
Support
Services

Extra-
curricular
Sites

Inside
Your
Head

The
Classroom

These
are all
necessary
parts of
college!

Today we are focused on...

College

Success

Three Keys to Success

1. Work Hard!
2. Get Involved!
3. Ask for Help!

Effective Note-Taking Strategies

- Studies have shown taking notes by hand is most effective!
- Note-taking is not just a way to record material for later review–it is also a first step in learning the material
- Don't try to write down everything the professor says. Instead, identify main ideas and crucial information
- Add your own questions, ideas, and connections to other course materials. For example, if an idea discussed in lecture relates to a reading you've done, mention that in your notes.
- Consider using the Cornell Notes method.

Think of two activities, resources, or support services you would like to access during your time at City Tech.

Take a minute to write them down.

As we go through the presentation, look for information on those items!

Let's test out our note-taking skills today!

Today you will be given a lot of information today about resources available at City Tech. There is more information here than you can remember all at once.

As you listen, try taking notes using the Cornell Method or another preferred technique. What do you need to write down to get to the information you need later?

We'll check in at the end to see how we did.

Resources
+ Services
@City Tech

Academic

Resources + Services

Tutoring

- Atrium Learning Center
- Writing Center
- Tutor.com [log in through Bb; access varies]
- Department-Specific Tutoring (See Dept. Sites)
- Self-Paced Department Resources

Student Success Center

- Student Hub for questions, issues, confusion, guidance– any kind of help you need!

- Connections to Emergency Resources + Funds

- Coaching and Workshops

- May contact you during the semester if you are struggling in your classes– but you can always contact them first!

- Room: Library G-18R [ground floor of the Library Building, across from the elevators] Just walk in!

- StudentSuccessCenter@citytech.cuny.edu or their website

Professor Office Hours

- Questions from class

- Questions about careers

- Questions about majors or tracks

- Questions about advisement

- Questions about college or City Tech

Peer Leaders

- First Year Programs Peer Mentors
- Math Peer Leaders
- Perkins Peer Advisement
- Student Success Coaches
- SLD Peer Navigators

City Tech Library

- Reference Desk
- Ask A Librarian
- Research Guides
- Technology Loans

- Reserve Materials
- Scanning + Photocopies
- LGBTQ+ Resource
- Website

Center For Student Accessibility

- If you had an IEP in high school
- If you have any type of disability
- If you are sick or unable to attend classes for more than a day or two
- Website

City Tech is committed to supporting the educational goals of enrolled students with disabilities in the areas of enrollment, academic advisement, tutoring, assistive technologies, and testing accommodations. If you have or think you may have a disability, you may be eligible for reasonable accommodations or academic adjustments as provided under applicable federal, state and city laws. You may also request services for temporary conditions or medical issues under certain circumstances. If you have questions about your eligibility or would like to seek accommodation services or academic adjustments, you can leave a voicemail at 718-260-5143, send an email to: Accessibility@citytech.cuny.edu, or visit the Center's website at http://www.citytech.cuny.edu/accessibility/ for more information.

Comprehensive Programs

Full Service

- ASAP
- ACE
- SEEK
- CUNY EDGE

Administrative Resources + Services

College Administration

- Registrar
- Bursar
- Financial Aid

- Scholarship & Residency Services
- International Student Services

Student-Centered Resources + Services

First Year Students

- First Year Programs
- FYP Peer Mentors

Student Leaders

- Student Government Association (SGA)
- NYPIRG

Student Clubs + Events

- Student Life + Development (SLD)
- Yellow Jacket Journey (Presence)

Professional Development Center

- Exploring majors, interests, and values
- Resume and Cover letter critiques
- Interview preparation & Mock interviews
- Graduate School Exploration
- Virtual Workshops & Seminars
- Virtual Informational Sessions with Employers
- Virtual Networking Events
- Website
- The PDC encourages students to make an appointment in their first year of coursework to plot a successful course of study!

Workshops and Speakers

- Targeted topics
- Experts in different areas
- Department specific

Technology Resources + Services

Computer Labs

- Atrium Learning Center, Library Building, ground floor
- Library, 4th floor
- General Building, 6th floor
- Vorhees, 2nd floor
- <u>Virtual Computer Lab</u>

Student Help Desk

- CUNYFirst

- CT email + Email Lookup

- One Drive + Microsoft Office

- Blackboard

- OpenLab

- Zoom

- Specialized Programs + Tools

Student Help Desk
Room L114
StudentHelpDesk@citytech.cuny.edu
718-260-4900

Targeted Resources + Services

Student Health + Well-Being

- Counseling Services
- Community Standards
- Wellness Center

- Public Safety
- Petrie Fund (via Student Success Center)
- Recreation and Intramural Sports
- Fitness Center

Student Health + Well-Being

- Nutrition for Education & Student Achievement (N.E.S.T.)
- The N.E.S.T. is City Tech's Food Pantry
- Don't miss the chance to grab free groceries! Perishable and non-perishable items, such as fruits, vegetables, canned foods, and dry goods are available.
- Located in the General Building, Room 414
- Open to all current students
- Need to schedule an appointment to pick up food: https://citytech-cuny.presence.io/event/food-pantry

Affinity Support

- [Black Male Initiative (BMI)](#)
- [Veteran Support Services](#)
- [Childcare Center](#)
- [CREAR Futuros](#)
- Identity-Based Clubs

LGBTQIA+ Support

- Pride Club
  Contact:
  lwestengard@citytech.cuny.edu

- Pride Lounge (AG29B)
  Spring Hours TBD
  Supervisor Daniel Ryan:
  DRyan@citytech.cuny.edu

- Minor in Gender and Sexuality Studies

- Counseling Contact
  Jennifer Cruz
  JCruz@citytech.cuny.edu

- CUNY LGBTQ Hub

Instagram account: @citytechpride

Look through your notes.

Did you hear about any resource or service at City Tech that matches up with what you wrote before the presentation?

Which service did you hear about? How do you think it might help you?

How did your note taking go?

Look back at your notes. How do you think you did?

Take a minute to go back and fill in where anything seems to be missing.

What seems most important? If you were going to study your notes for an exam, what strategies would you use?

Accessing Resources + Services

Navigating the City Tech Website

www.citytech.cuny.edu

Small Group Scavenger Hunt

Accessing Resources + Services

Directions:
- Using the information from class today and the City Tech website, find the answers to the following questions.
- The group with the most correct answers at the end of 15 minutes wins!

SCAVENGER HUNT

Asking for Help!

What are some factors that might make a student less likely to ask for help?

Brainstorm ideas and let's make a list together...

Asking for help is...

- Responsible

- Healthy

- Proactive

- Normal

Asking for help is NOT…

- A sign of weakness

- A sign of failure

- A sign that you don't belong in college

"Be strong enough to stand alone;
Smart enough to know when you need help;
And brave enough to ask for it."

Recap

- ★ Where College Happens, Pt. 3
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- ★ Overview of Resources + Services
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Before Session 5...

- **Complete Reflection on OpenLab by replying to Reflection #4 Post.**

  Reflection #4

  Now that you are halfway through the workshop, what questions do you still have about becoming a college student? Ask four questions you would like to have answers to by the end of CT101.

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