



City Tech 101

Winter 2024
Prof. Jessica DeCoux
jdecoux@citytech.cuny.edu



#RiseAndGrind

Session 3
Thursday, January 11
Prof. DeCoux



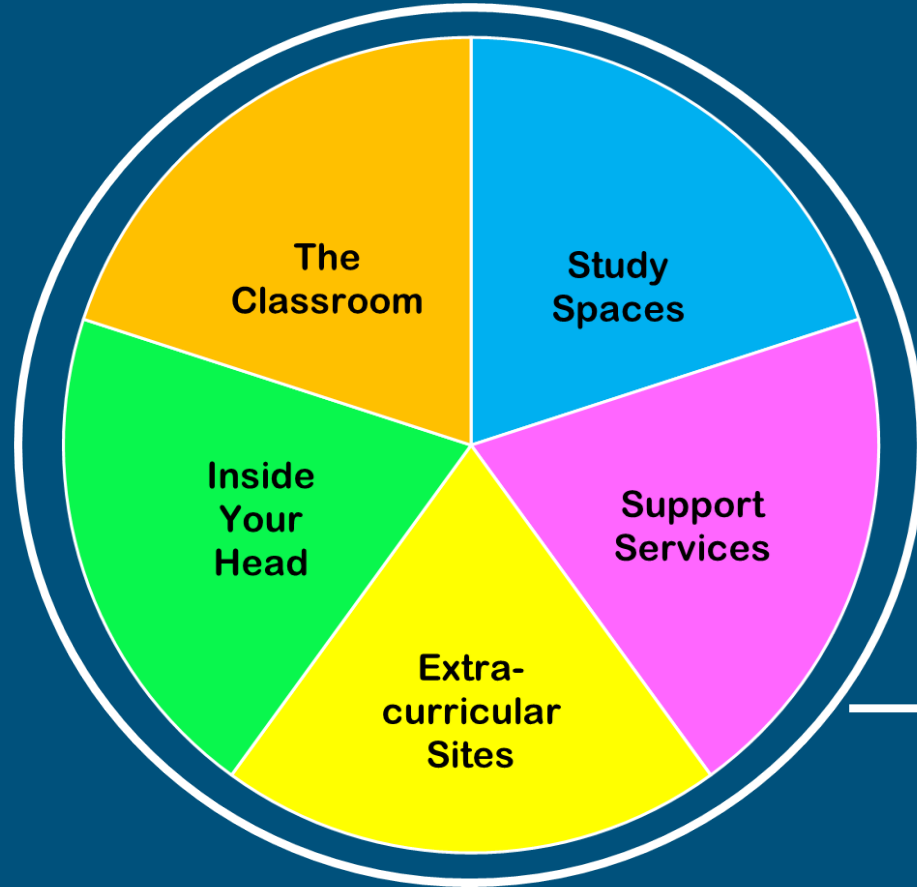
Today's Topics

- ★ Where College Happens, Pt. 2
 - ★ Learning Plan Questions
 - ★ Creating Workspaces
 - ★ Your New Schedule
 - ★ Time Management
 - ★ Learning Styles Discussion
 - ★ What is your study/learning plan?
-



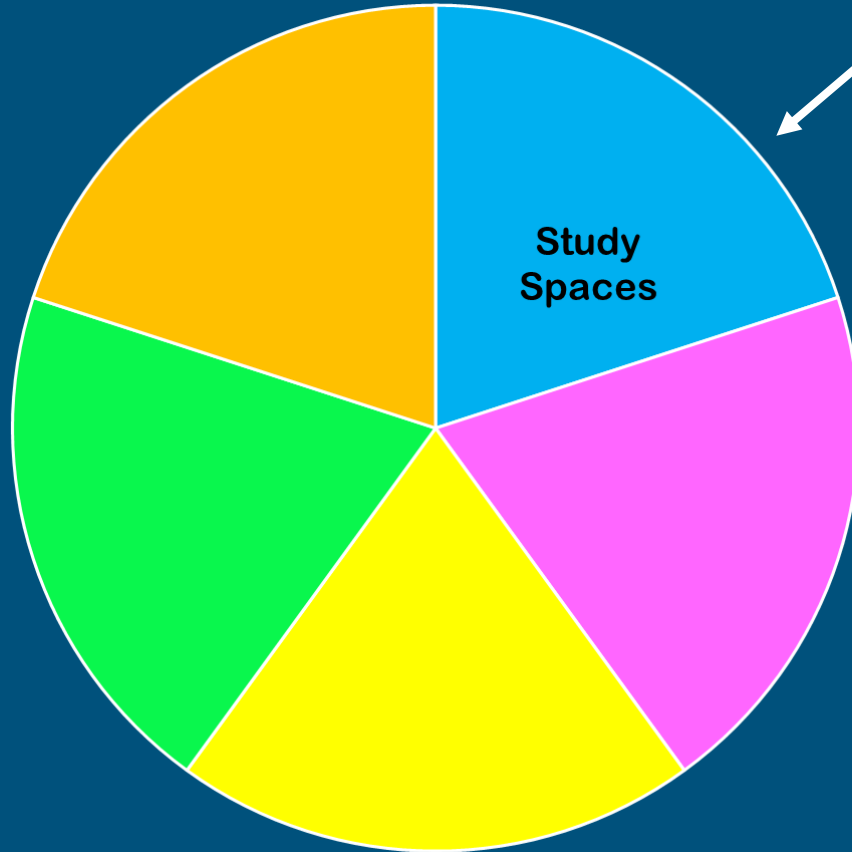
Where does college happen?

College happens in lots of places



These are all necessary parts of college!

Today we are focused on...



**Increased
Personal
Responsibility**

=

**Taking Control of
Your Own Learning**



Learning Plan Questions

[PDF of Questionnaire](#)

Learning Spaces: Where do I learn?

Working Remotely

- **In your home**
- **In your own space**
- **In your personal classroom**
- **In a suitable place in your neighborhood (library, coffee shop, park, or a different CUNY campus)**



Which student is an engaged learner?

Create Your Own Workspace at Home

- **Limit distractions and unwanted noise**
- **Set up computer/tablet on a desk or table, not your lap**
- **Sit in a chair, rather than a couch or bed**
- **Have a notebook and pens/pencils nearby**
- **Make sure there is plenty of light**
- **Hang a calendar or weekly schedule**
- **Post a To Do list**
- **Post pictures, images, and/or motivational quotes**
- **Add a plant for increased oxygen**

On City Tech Campus

- **In the classroom**
- **In the lab**
- **In the library**
- **In the computer lab**
- **In other spaces**

**Have you found a place on campus to study that works for you?
A place to hang out?**

Find Your Own Workspace on Campus

- Which spaces have the optimal amount of quiet or noise for you?
- Alone or with friends/classmates?
- Find a place where you can work in a comfortable position
- Carry your supplies with you
- Where are the places you can get help on campus when you need it?

What other places are workspaces?

What other places are workspaces?

- **Coffee shop or restaurant**
- **Park or other outdoor area**
- **Public Library**
- **Library at a different CUNY campus**

**Think back to the answers you gave on your
“Learning Profile” Questions.**

**What spaces will help you study most
productively? Where can you find
those spaces?**

When do I learn?

A Typical FY College Schedule

| Time | Monday Sep 27 | Tuesday Sep 28 | Wednesday Sep 29 | Thursday Sep 30 | Friday Oct 1 |
|---------|------------------|---|--|---|-----------------|
| 8:00AM | | | | | |
| 9:00AM | | | | | |
| 10:00AM | | PHYS 1433 - OL56 Lecture 10:00AM - 11:40AM Off Campus - On Line 01 | | PHYS 1433 - OL56 Lecture 10:00AM - 11:40AM Off Campus - On Line 01 | |
| 11:00AM | | | ECON 2505ID - OL70 Lecture 11:30AM - 2:00PM Off Campus - On Line 01 | | |
| 12:00PM | | PHYS 1433 - OL95 Laboratory 12:00PM - 1:40PM Off Campus - On Line 01 | | | |
| 1:00PM | | | | | |
| 2:00PM | | ENG 1101 - OL42 Lecture 2:15PM - 3:55PM Off Campus - On Line 01 | | ENG 1101 - OL42 Lecture 2:15PM - 3:55PM Off Campus - On Line 01 | |
| 3:00PM | | | | | |
| 4:00PM | | | | | |
| 5:00PM | | | | | |
| 6:00PM | | PSY 1101 - OL73 Lecture 6:00PM - 8:30PM Off Campus - On Line 01 | | | |
| 7:00PM | | | | | |
| 8:00PM | | | | | |
| 9:00PM | | | | | |

What does this schedule look like compared to your HS schedule?

What assumptions might you make based on those differences?

**Do you really have
all that free time
now??**

**One of the hardest parts of
college is BALANCING
everything—your
courses, your assignments,
and the rest of your life.**

Question

**How many hours will you spend
in class and doing work for class in
one semester?**

Answer:

Over 600 hours!

That's a lot of hours!

Let's break it down week by week.

The Breakdown

- **15 credits each semester**
- **many classes are 3 credits**
- **often, 15 credits means 5 courses (but not always)**
- **1 credit = approximately 1 hour in class each week**

15 credits = roughly 15 hours in class each week

for each hour in class, budget 2 hours for homework and studying

15 credits = roughly 30 hours of work outside of class each week

so when taking 15 credits, you should expect to spend about 45 hours each week just on school

Math Time!

(But don't worry, you can use
your calculator for this.)

How many hours a week do you
spend doing...

https://drive.google.com/file/d/1spg_F5jUbUIaFHPv6wCWF8AArt2nuamW/view?usp=drive_link

Think back again to the answers you gave on your “Learning Profile” Questions.

What times of the day are the best time for you to study? What can you do to make sure you’re available during those times?

How do I learn?

How do you learn something new?

How do you practice a new skill?

**What are the best practices and habits
to help you learn?**

**How can you take charge
of your own learning?**

Take time to discuss these questions as a class or in small groups.

What is my Learning Plan?

**Based on all you have learned today,
take time to write down **three practices
or habits** you will incorporate into your
study routine.**

**Why did you choose them? Why do you
think they will help you?**

BE OPEN TO LEARNING HOW TO LEARN

The definition of futility is doing them same thing over and over, but expecting different results.

Successful learners adjust their practices to improve their outcomes.

Recap

- ★ Where College Happens, Pt. 2
 - ★ Learning Plan Questions
 - ★ Creating Workspaces
 - ★ Your New Schedule
 - ★ Time Management
 - ★ Learning Styles Discussion
 - ★ What is your study/learning plan?
-

Before Session 4...

Complete Reflection on OpenLab by replying to Reflection #3 Post.

Read the following quote by Dr. Pamela Brown, Provost and Vice President for Academic Affairs:

“Learning is a source of hope for a better future. It requires hard work and sacrifice which can be even more difficult in challenging times. Your time in college is also your opportunity to connect with others, lift your spirit, enrich your life, and develop the skills and knowledge to make a difference in your community.”

Choose a question below and write a reflection in the comment box below this post.

- **What life experiences have prepared me for college?**
- **When I have been faced with a difficult situation, what strategies did I use to find a solution?**
- **How will I create positive academic habits for myself?**

Read and comment on another student’s post. These are your classmates, encourage them to work towards their goals.

#RiseAndGrind

Session 3
Thursday, January 11
Prof. DeCoux

