City Tech 101

Winter 2023
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#YellowJacketLife:
The Buzz on Your Future

City Tech 101
Session 6
Jan. 18
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Today's Topics

- ★ Why Participate?
- ★ Co-curriculars @City Tech
- ★ Extracurriculars @City Tech
- ★ ASAP and CSTEP
- ★ Connecting with Your Major Department
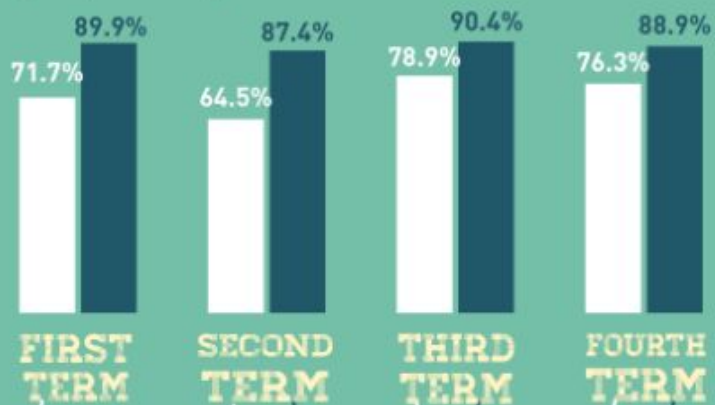- ★ Beginning of Semester Action Plan

Why Participate in College Activities Outside of Class?

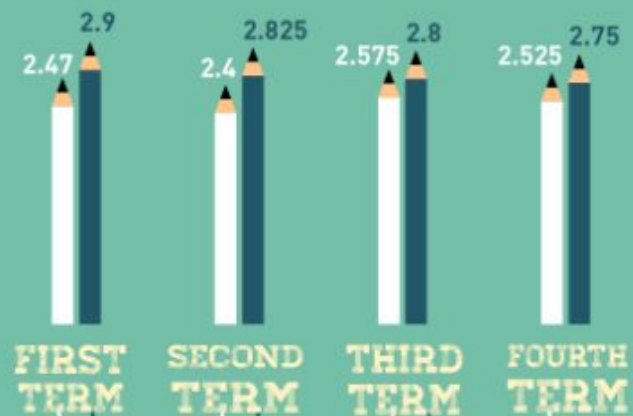"How will joining a club or participating in Student Government help me succeed as a college student?"

Students with Good-Standing Rates

Good-standing: Undergraduate students whose cumulative grade point average is 2.0 or above.

Term	Non-Participants	ECA Participants
First Term	71.7%	89.9%
Second Term	64.5%	87.4%
Third Term	78.9%	90.4%
Fourth Term	76.3%	88.9%

Average Cumulative GPA

Term	Non-Participants	ECA Participants
First Term	2.47	2.9
Second Term	2.4	2.825
Third Term	2.575	2.8
Fourth Term	2.525	2.75

Non-Participants

ECA Participants

Building Skills Through Participation

- Decision-Making Skills
- Interpersonal Skills
- Managerial Skills
- Workplace Knowledge

LANDING A JOB

Your academic transcript may be what gets your foot in the door, but employers look for candidates with relevant experience when making hiring decisions. Extra-curricular activities help you gain the key skills and experiences to help you land that job.

> "The biggest challenge is showing relevant experience, which employers say is one of the most important factors they look for in applications form recent college graduates. This isn't limited to professional work experience ... *school activities and volunteering also qualify as relevant experience* and can be included in your resume as well."
>
> - Brent Rasmussen, president of CareerBuilder North America

THE LEADER OF THE ECA PAC: THE INTERN

Benefits for New Grads with Intern Experience

When it comes to landing a job, an internship is far and away **the most valuable extra-curricular to have on your resume.** According to 2010 Boston University survey and 2008 NACE survey:

31%

Higher Salary

53%

Job Offer by Graduation

75%

Preferred in Hiring

Sources

- Boston University
- California State University, Sacramento
- Careerbuilder.com
- The College Board
- Collegiate Assessment
- Elearninginfographics.com
- Graduate Management Admissions Council
- Harris Interactive
- National Association of Colleges and Employers
- National Center for Education Statistics
- Stanford University

Understanding ASAP and CSTEP

Please welcome Amalia Michel, CSTEP Program Coordinator

Your Questions about ASAP and CSTEP

- "Why is CSTEP and ASAP a conflict of interests?"--Wren
- "What is the difference between ASAP and CSTEP"--Liz
- "Should you take ENG 1101 before applying to ASAP?"--Daniella
- "How to apply for ASAP? What are the requirements for it?"--Kevin

CSTEP website: https://www.citytech.cuny.edu/cstep/
ASAP website: http://www.citytech.cuny.edu/asap/

Getting Involved @City Tech

Your Questions about Getting Involved

- "What types of workshops are available on campus"--Wren
- "Does city tech have any big sports club like football?"--Brian
- "Are there any opportunities to work within the school (Cafeteria for example)?"--Jon
- "What clubs are there within the school?"--Sukanya
- "What sports are offered in City Tech?"--Sukanya
- "What are the times for the fitness center?"--Shiv

Co-curricular

Programs, clubs, + activities directly related to what you are studying in college

Extracurricular

Programs, clubs, + activities NOT directly related to what you are studying in college, but still relevant to your growth as a student

Co-curricular Examples

Honors Scholars Program

Emerging Scholars Program

Undergraduate Research

Academic Competitions

Internships/Externships

Clubs related to a major or department

Events related to a major or department

Study Abroad Programs

Place-based Learning

More information: http://citytech.cuny.edu/research/
http://www.citytech.cuny.edu/pdc/
https://www.citytech.cuny.edu/student-life/

Extracurriculars @City Tech

Co-curricular

Programs, clubs, + activities directly related to what you are studying in college

Extracurricular

Programs, clubs, + activities NOT directly related to what you are studying in college, but still relevant to your growth as a student

Extracurricular Examples

Affinity Clubs (ex. Bengali Students Club, Chinese Christian Fellowship)

Social Clubs (ex. E-sports Club, Step Team)

Student Government

Peer Mentoring (ex. FYP Peer Mentors, Perkins Peer Advisement)

Social Events (ex. Welcome Back Bash, De-Stress Week)

Community Events (ex. PLAN Week, Literary Arts Festival)

Volunteering (ex. Spoons Across America)

More information: https://www.citytech.cuny.edu/student-life/
https://www.citytech.cuny.edu/sga/

"Are there any requirements in order to start a club, like do we need a certain amount of students who want to be part of it for example?"--Laila

Starting a Club - SGA - City Tech

How To Get Involved

- [SLD website](#)
- [OpenLab](#)
- [Instagram](#)
- [Facebook](#)

- Flyers on campus
- Club + Activities Fair
- Email Announcements
- Discord Chat
- Weekly PM Newsletter

Yellow Jacket Journey

https://citytech-cuny.presence.io/

Connecting with Majors and Minors

- "Who do i have to speak with about the radiologic tech program?"--Brian
- "Who can I speak to about the dental hygiene program like the requirements and the whole process?"--Djahlia
- "If after completing a semester or two you decide to switch majors, would the courses you took before be reflected on your record if they aren't a part of your new major?"--Laila
- "Can we take minors?"--Sukanya

★ Beginning of Semester Action Plan

What can you do to prepare yourself for the start of Spring Semester?

- Contact major department with any questions about your program?
- Apply for ASAP or CSTEP or other opportunities on campus?
- Reach out to get info about a club or other activity you're interested in?
- Get your CityTech ID? Today's the day!
- Purchase any supplies you'll need
- Anything else? Make a plan!

Recap

- ★ ASAP and CSTEP
- ★ Why Participate?
- ★ Co-curriculars @City Tech
- ★ Extracurriculars @City Tech
- ★ Connecting with Your Major Department
- ★ Beginning of Semester Action Plan

Before Session 7...

- **Complete Reflection on OpenLab by replying to Reflection #6 Post.**

  Reflection #6

  We invite you to tell a story about how you are preparing to be a City Tech student*. Research has shown that first-semester students often worry about their transition to college, yet eventually they become comfortable and find a community of people with whom they are close and feel they belong. Share your own story of preparing to be a college student.

  *This reflection is inspired by the "Our Stories" project. You can visit the site and read the stories of other City Tech students. You are invited to comment on these stories.

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