

City Tech 101

Winter 2023
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You Paid For It, Use It: Resources + Services at City Tech

City Tech 101
Session 4
Jan. 12
Prof. Downum



Today's Topics

- ★ College Success
 - ★ Overview of Resources + Services
 - ★ Accessing Resources + Services
 - ★ Asking for Help
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College Success

Three Keys to Success

1. Work Hard!
2. Get Involved!
3. Ask for Help!

Academic Resources + Services

Tutoring

- [Atrium Learning Center](#): Math and Biology tutoring
- [Writing Center](#)
- Tutor.com [log in through Bb; access varies]
- [Department Specific Tutoring](#)
- [Self-Paced Department Resources](#)
- Study Group Facilitation [via Student Success Center]

Student Success Center

- Student Hub for questions, issues, confusion, guidance– any kind of help you need!
- Connections to Emergency Resources + Funds
- Coaching and Workshops
- Will help you form study groups for your classes (especially math!!)
- Will contact you during the semester if you are struggling in your classes– but you can always contact them first!
- Room: Library G-18R [ground floor of the Library Building, across from the elevators]
- StudentSuccessCenter@citytech.cuny.edu or or just walk-in!

Professor Office Hours

- Questions from class
- Questions about careers
- Questions about majors or tracks
- Questions about advisement
- Questions about college or City Tech

Peer Leaders

- First Year Programs Peer Mentors
- Math Peer Leaders
- Perkins Peer Advisement
- Student Success Coaches
- Student Life & Development Peer Navigators

City Tech Library

- Reference Desk
- Ask A Librarian
- Research Guides
- Technology Loans
- Reserve Materials
- Scanning + Photocopies
- LGBTQ+ Resource
- [Website](#)

Center For Student Accessibility

- If you had an IEP in high school
- If you have any type of disability
- If you are sick or unable to attend classes for more than a day or two
- Website

City Tech is committed to supporting the educational goals of enrolled students with disabilities in the areas of enrollment, academic advisement, tutoring, assistive technologies, and testing accommodations. If you have or think you may have a disability, you may be eligible for reasonable accommodations or academic adjustments as provided under applicable federal, state and city laws. You may also request services for temporary conditions or medical issues under certain circumstances. If you have questions about your eligibility or would like to seek accommodation services or academic adjustments, you can leave a voicemail at 718-260-5143, send an email to: Accessibility@citytech.cuny.edu, or visit the Center's website at <http://www.citytech.cuny.edu/accessibility/> for more information.

Comprehensive Programs

Full Service

- ASAP/ACE
- SEEK
- CUNY EDGE

Administrative Resources + Services

College Administration

- Registrar
- Bursar
- Financial Aid
- Scholarship & Residency Services
- International Student Services

Student-Centered Resources + Services

First Year Students

- First Year Programs
- FYP Peer Mentors

Student Leaders

- Student Government Association (SGA)
- NYPIRG
- CUNY ServiceCorps

Student Clubs + Events

- Student Life + Development (SLD)
- Yellow Jacket Journey (Presence)

Professional Development Center

- Exploring majors, interests, and values
- Resume and Cover letter critiques
- Interview preparation & Mock interviews
- Graduate School Exploration
- Virtual Workshops & Seminars
- Virtual Informational Sessions with Employers
- Virtual Networking Events
- [Website](#)

Workshops and Speakers

- Targeted topics
- Experts in different areas
- Department specific

Technology Resources + Services

Computer Labs

- Atrium Learning Center, Library Building, ground floor
- Library, 4th floor
- General Building, 6th floor
- Vorhees, 2nd floor
- [Virtual Computer Lab](#)

Student Help Desk

- [CUNYFirst](#)
- [CT email](#) + [Email Lookup](#)
- [One Drive + Microsoft Office](#)
- [Blackboard](#)
- [OpenLab](#)
- [Zoom](#)
- Specialized Programs +
Tools

Targeted Resources + Services

Student Health + Well-Being

- Counseling Services
- Community Standards
- Wellness Center
- Public Safety
- Petrie Fund (via Student Success Center)
- Fitness Center/Zoom Fitness Classes
- Gym

Student Health + Well-Being

- Nutrition for Education & Student Achievement (N.E.S.T.)
- The N.E.S.T. is City Tech's Food Pantry
- Don't miss the chance to grab free groceries! Perishable and non-perishable items, such as fruits, vegetables, canned foods, and dry goods are available.
- Located in the General Building, Room 414
- Open to all current students
- Need to schedule an appointment to pick up food:
<https://citytech-cuny.presence.io/event/food-pantry>

Affinity Support

- [Black Male Initiative \(BMI\)](#)
- [Veteran Support Services](#)
- [Childcare Center](#)
- [CREAR Futuros](#)



Accessing Resources + Services

Navigating the City Tech Website

www.citytech.cuny.edu

Small Group Scavenger Hunt

**Accessing
Resources
+ Services**

Directions:

- Using the information from class today and the City Tech website, find the answers to the following questions.
- The group with the most correct answers at the end of 15 minutes wins!

SCAVENGER HUNT

<https://docs.google.com/document/d/1y3wdaDP9QMtVXTtPiV76oTA8tsrfLAAwy7YX2NqB1jU/edit?usp=sharing>



Asking for Help!

Asking for help is...

- Responsible
- Healthy
- Proactive
- Normal

Asking for help is NOT...

- A sign of weakness
- A sign of failure
- A sign that you don't belong in college

**“Be strong enough to stand alone;
Smart enough to know when you
need help;
And brave enough to ask for it.”
–Ziad K. Abdelnour**

Before Session 5...

- Complete Reflection on OpenLab by replying to Reflection #4 Post.

Reflection #4

Now that you are halfway through the workshop, what questions do you still have about becoming a college student? Ask four questions you would like to have answers to by the end of CT101.