

# City Tech 101

Fall 2022  
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# #YellowJacketLife: The Buzz on Your Future

City Tech 101  
Session 10  
Fall 2022  
Prof. DeCoux



# Today's Topics

- ★ Why Participate?
  - ★ Co-curriculars @City Tech
  - ★ Extracurriculars @City Tech
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# Why Participate?

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- Personal benefits
- Academic benefits
- Career benefits

# Personal Benefits

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- Make friends
- Build community
  - Discover interests
  - Explore areas of study

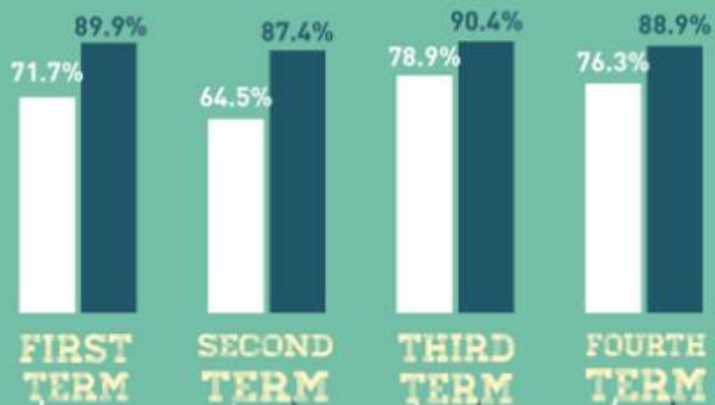
# Academic Benefits

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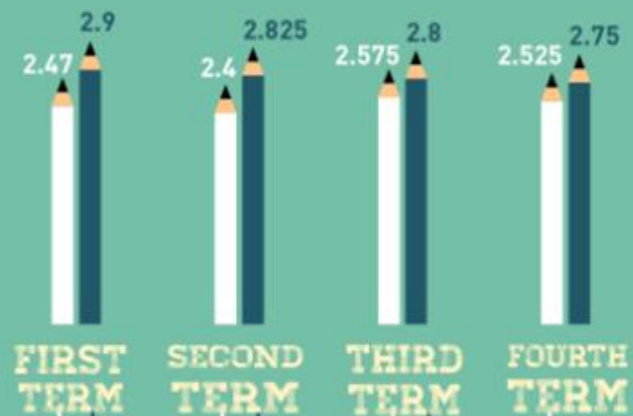


## Students with Good-Standing Rates

Good-standing: Undergraduate students whose cumulative grade point average is 2.0 or above.



## Average Cumulative GPA



Non-Participants



ECA Participants

# Building Skills Through Participation

- Decision-Making Skills
- Interpersonal Skills
- Managerial Skills
- General Workplace Knowledge

# Career Benefits

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## LANDING A JOB

Your academic transcript may be what gets your foot in the door, but employers look for candidates with relevant experience when making hiring decisions. Extra-curricular activities help you gain the key skills and experiences to help you land that job.

"The biggest challenge is showing relevant experience, which employers say is one of the most important factors they look for in applications from recent college graduates. This isn't limited to professional work experience ... *school activities and volunteering also qualify as relevant experience* and can be included in your resume as well."

- Brent Rasmussen, president of CareerBuilder North America

## THE LEADER OF THE ECA PAC: THE INTERN

### Benefits for New Grads with Intern Experience

When it comes to landing a job, an internship is far and away **the most valuable extra-curricular to have on your resume**. According to 2010 Boston University survey and 2008 NACE survey:



Higher Salary



Job Offer by Graduation



Preferred in Hiring

# Sources

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- Boston University
- California State University, Sacramento
- Careerbuilder.com
- The College Board
- Collegiate Assessment
- Elearninginfographics.com
- Graduate Management Admissions Council
- Harris Interactive
- National Association of Colleges and Employers
- National Center for Education Statistics
- Stanford University

# Co-curriculars @City Tech

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# Co-curricular

Programs, clubs, +  
activities directly related  
to what you are studying  
in college

# Extracurricular

Programs, clubs, + activities  
NOT directly related to what  
you are studying in college,  
but still relevant to your  
growth as a student

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# Co-curricular Examples

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Honors Scholars Program

Emerging Scholars Program

Undergraduate Research

Academic Competitions

Internships/Externships

Clubs related to a major or department

Events related to a major or department

Study Abroad Programs

Place-based Learning

More information:

<http://citytech.cuny.edu/research/>  
<http://www.citytech.cuny.edu/pdc/>  
<https://www.citytech.cuny.edu/student-life/>



# Extracurriculars @City Tech

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# Co-curricular

Programs, clubs, +  
activities directly related  
to what you are studying  
in college

# Extracurricular

Programs, clubs, + activities  
NOT directly related to what  
you are studying in college,  
but still relevant to your  
growth as a student

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# Extracurricular Examples

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Affinity Clubs (ex. Bengali Students Club, Chinese Christian Fellowship)

Social Clubs (ex. E-sports Club, Step Team)

Student Government

Peer Mentoring (ex. FYP Peer Mentors, Perkins Peer Advisement)

Social Events (ex. Welcome Back Bash, De-Stress Week)

Community Events (ex. PLAN Week, Literary Arts Festival)

Volunteering (ex. Spoons Across America)

More information:

<https://www.citytech.cuny.edu/student-life/>  
<https://www.citytech.cuny.edu/sga/>



If you can't find what you  
are looking for...

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**Start your own club!**



# How To Get Involved

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- [Student Life and Development \(SLD\) website](#)
  - Yellow Jacket Journey
- [OpenLab](#)
- [Instagram](#)
- [Facebook](#)
- Flyers on campus
- Club + Activities Fair
- Email Announcements
- Discord Chat
- Weekly PM Newsletter

# Recap

- ★ Why Participate?
  - ★ Co-curriculars @City Tech
  - ★ Extracurriculars @City Tech
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# Before Session 11...

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- **Complete Reflection on OpenLab by replying to Reflection #10 Post.**

## Reflection #10

Think about a time when you joined a new group activity (maybe a team, religious retreat, club, or workplace).

- ❖ How did you feel when you first joined?
- ❖ Do you recall a moment when you felt like you were part of the group?
- ❖ What benefits did you get from participation in the group?

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