

You Paid For It, Use It!:

Resources + Services

City Tech 101
Prof. Jessica DeCoux
Fall 2022

Today's Topics

- ★ College Success
 - ★ Overview of Resources + Services
 - ★ Accessing Resources + Services
 - ★ Asking for Help
-



College



Success



Three Keys to Success

1. Work Smart!
2. Ask for Help!
3. Get Involved!



Asking for Help



What are some factors that might make a student less likely to ask for help?

Asking for help is NOT...

- A sign of weakness
- A sign of failure
- A sign that you don't belong in college

Asking for help is...

- Responsible
- Proactive
- Strong
- Healthy
- Normal
- Necessary

You and your education are valuable, and you deserve support.



Get InInvolved!

Getting Involved...

1. Helps you make friends
2. Helps you find more community support
3. Makes school about more than just classes

**Think of an activity, resource, or
support service you would like to
access during your time at City
Tech**

Take a minute to write it down.

**As we go through the presentation,
look for information on that item!**



**Resources
+ Services
@City Tech**

Academic Resources + Services

Tutoring

- [Atrium Learning Center](#)
- [Writing Center](#)
- [Comprehensive Tutoring Schedule](#)
- [Department-Specific Tutoring \(example\)](#)
- [Self-Paced Department Resources](#)

Student Success Center

- More Info coming soon
- Room Number: LG18R
- studentsuccesscenter@citytech.cuny.edu
- Website to launch in July 2022

Professor Office Hours

- Questions from class
- Questions about careers
- Questions about majors or tracks
- Questions about advisement
- Questions about college or City Tech

Peer Leaders

- First Year Programs Peer Mentors
- Math Peer Leaders
- Perkins Peer Advisement
- Student Success Coaches

City Tech Library

- Reference Desk
- Ask A Librarian
- Research Guides
- Technology Loans
- Reserve Materials
- Scanning + Photocopies
- LGBTQ+ Resource
- [Website](#)

Center For Student Accessibility

- If you had an IEP in high school
- If you have any type of disability
- If you are sick or unable to attend classes for more than a day or two
- [Website](#)

City Tech is committed to supporting the educational goals of enrolled students with disabilities in the areas of enrollment, academic advisement, tutoring, assistive technologies, and testing accommodations. If you have or think you may have a disability, you may be eligible for reasonable accommodations or academic adjustments as provided under applicable federal, state and city laws. You may also request services for temporary conditions or medical issues under certain circumstances. If you have questions about your eligibility or would like to seek accommodation services or academic adjustments, you can leave a voicemail at 718-260-5143, send an email to: Accessibility@citytech.cuny.edu, or visit the Center's website at <http://www.citytech.cuny.edu/accessibility/> for more information.

Comprehensive Programs

Full Service

- ASAP
- ACE
- SEEK
- CUNY EDGE

Administrative Resources + Services

College Administration

- Registrar
- Bursar
- Financial Aid
- Scholarship & Residency Services
- International Student Services

Student-Centered Resources + Services

First Year Students

- First Year Programs
- FYP Peer Mentors

Student Leaders

- Student Government Association (SGA)
- NYPIRG
- CUNY ServiceCorps

Student Clubs + Events

- Student Life + Development (SLD)
- Yellow Jacket Journey (Presence)

Professional Development Center

- Exploring majors, interests, and values
- Resume and Cover letter critiques
- Interview preparation & Mock interviews
- Graduate School Exploration
- Virtual Workshops & Seminars
- Virtual Informational Sessions with Employers
- Virtual Networking Events
- [Website](#)

Workshops and Speakers

- Targeted topics
- Experts in different areas
- Department-specific

Technology Resources + Services

Computer Labs

- Atrium Learning Center, Library Building, ground floor
- Library, 4th floor
- General Building, 6th floor
- Vorhees, 2nd floor
- [Virtual Computer Lab](#)

Student Help Desk

StudentHelpDesk@citytech.cuny.edu 718-260-4900

For more info see: <http://it.citytech.cuny.edu/>

- [CUNYFirst](#)
- [CT email](#)
- [One Drive + Microsoft Office](#)
- [Blackboard](#)
- [OpenLab](#)
- [Zoom](#)
- Specialized Programs +
Tools

Targeted Resources + Services



Counseling Center

Namm Building, Room 108

counseling@citytech.cuny.edu 718-260-5030

- Psychological/Emotional Counseling
- Crisis Counseling
- Help Accessing Resources
- LGBTQ+ Support Group
- Addiction Support
- Workshops on Mental Health, Academic Skills, and more
- By Appointment and Walk-in Hours

Student Health + Well-Being

- [Community Standards](#)
- [Public Safety](#)
- [Petrie Fund](#)
- [Fitness Center/Zoom](#)
[Fitness Classes](#)
- [Gym](#)
- [Pop-up Food Pantry](#)
- [Wellness Center](#)
- [Vision Care Clinic \(Room A803\)](#)
- [Dental Care Clinic \(Room A701\)](#)

Affinity Support

- [Black Male Initiative \(BMI\)](#)
- [Veteran Support Services](#)
- [Childcare Center](#)
- [CREAR Futuros](#)



Accessing Resources + Services



Navigating the City Tech Website

Tips for navigation:

1. The search function works, but it isn't completely reliable, and results can be hard to navigate
2. Use the tabs at the top of the page to jump start your search
3. Learning CT vocabulary and Departments can make your search easier (We will keep working on this in later sessions!)



www.citytech.cuny.edu



**Your first step to
accessing resources**



Class Activity:

1. Look at your notes—what services interested you?
2. Go to the “Files” area of our Openlab and open this presentation. Find a link you would like to follow, and take a few minutes to find out more
3. Report what you find to the other members of your breakout group

SCAVENGER HUNT

<https://docs.google.com/document/d/1l8AWTY5w1oIKzbUYQUqNH1EZKWiOsaY77S1SCUz3Qvc/edit?usp=sharing>

Test your skill at finding the information you need via City Tech's website by searching for the items on the list!

For next time...

Complete the reflection

Read the following quote by Dr. Pamela Brown, Provost and Vice President for Academic Affairs:

“Learning is a source of hope for a better future. It requires hard work and sacrifice which can be even more difficult in challenging times. Your time in college is also your opportunity to connect with others, lift your spirit, enrich your life, and develop the skills and knowledge to make a difference in your community.”

Choose a question below and write a reflection in the comment box below this post.

- What life experiences have prepared me for college?
- When I have been faced with a difficult situation, what strategies did I use to find a solution?
- How will I create positive academic habits for myself?

Once you have responded, please read and comment on another student’s post. These are your classmates, encourage them to work towards their goals.

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