

9

EXERCISE

REVIEW SHEET

The Axial Skeleton

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Lab Time/Date _____

The Skull

1. First, match the bone names in column B with the descriptions in column A (the items in column B may be used more than once). Then, circle the bones in column B that are cranial bones.

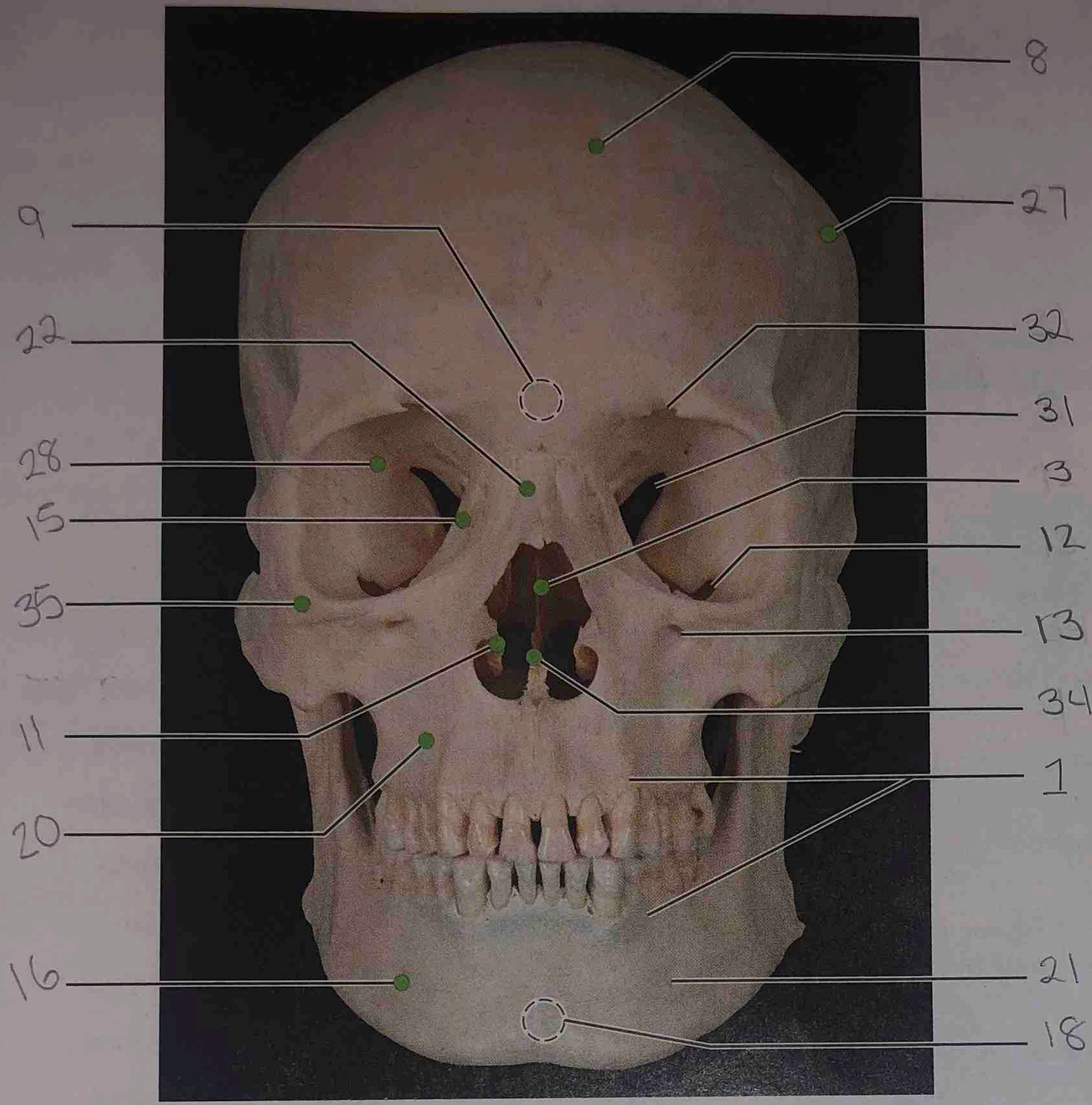
Column A

- B 1. forms the anterior cranium
- O 2. cheekbone
- H 3. bridge of nose
- J 4. posterior bones of the hard palate
- K 5. much of the lateral and superior cranium
- L 6. single, irregular, bat-shaped bone forming part of the cranial base
- E 7. tiny bones bearing tear ducts
- G 8. anterior part of hard palate
- A 9. superior and middle nasal conchae form from its projections
- M 10. site of mastoid process
- I 11. has condyles that articulate with the atlas
- C 12. small U-shaped bone in neck, where many tongue muscles attach
- N 13. organ of hearing found here
- N 14. two bones that form the nasal septum
- D 15. forms the most inferior turbinate

Column B

- a. ethmoid
- b. frontal
- c. hyoid
- d. inferior nasal concha
- e. lacrimal
- f. mandible
- g. maxilla
- h. nasal
- i. occipital
- j. palatine
- k. parietal
- l. sphenoid
- m. temporal
- n. vomer
- o. zygomatic

2. Using choices from the numbered key to the right, identify all bones and bone markings provided with various leader lines in the two following photographs. A colored dot at the end of a leader line indicates a bone. Leader lines without a colored dot indicate bone markings. Note that vomer, sphenoid bone, and zygomatic bone will each be labeled twice.



- Key:
1. alveolar processes
 2. carotid canal
 3. ethmoid bone (perpendicular plate)
 4. external occipital protuberance
 5. foramen lacerum
 6. foramen magnum
 7. foramen ovale
 8. frontal bone
 9. glabella
 10. incisive fossa
 11. inferior nasal concha
 12. inferior orbital fissure
 13. infraorbital foramen
 14. jugular foramen
 15. lacrimal bone
 16. mandible
 17. mandibular fossa
 18. mandibular symphysis
 19. mastoid process
 20. maxilla
 21. mental foramen
 22. nasal bone
 23. occipital bone
 24. occipital condyle
 25. palatine bone
 26. palatine process of maxilla
 27. parietal bone
 28. sphenoid bone
 29. styloid process
 30. stylomastoid foramen
 31. superior orbital fissure
 32. supraorbital foramen
 33. temporal bone
 34. vomer
 35. zygomatic bone
 36. zygomatic process



10. incisive fossa
26. palatine process of maxilla
27. parietal bone
34. vomer
36. zygomatic process
33. temporal bone
5. foramen lacerum
29. styloid process
19. mastoid process
23. occipital bone
4. external occipital protuberance
10. incisive fossa
35. zygomatic bone
28. sphenoid bone
7. foramen ovale
17. mandibular fossa
2. carotid canal
14. jugular foramen
30. stylomastoid foramen
24. occipital condyle
6. foramen magnum

3. Define suture. A stitch or row of stitches holding together the edges of a wound or surgical incision.
4. With one exception, the skull bones are joined by sutures. Name the exception.

Joints between the mandible and temporal bones

5. What bones are connected by the lambdoid suture?

The occipital and parietal

What bones are connected by the squamous suture?

The parietal bones

6. Name the eight bones of the cranium. (Remember to include left and right.)

Frontal

Occipital

Right Parietal

Right Temporal

Sphenoid

Ethmoid

Left Parietal

Left Temporal

7. List the bones that have sinuses, and give two possible functions of the sinuses.

The Frontal, Maxilla, Ethmoid, Sphenoid are the bones that have sinuses

1) The lighten the facial bones

2) Act as resonance speech chamber

8. What is the bony orbit? Bony orbit is the socket for the eye.

What bones contribute to the formation of the orbit? Ethmoid, Lacrimal, Frontal, Sphenoid

Zygomatic, Maxillary, Palatine

9. Why can the sphenoid bone be called the keystone bone of the cranium? It connects to all of the other

Cranial bones.

The Vertebral Column

10. The distinguishing characteristics of the vertebrae composing the vertebral column are noted below. Correctly identify each described structure by choosing a response from the key.

- Key: a. atlas
 b. axis
 c. cervical vertebra—typical
 d. coccyx
 e. lumbar vertebra
 f. sacrum
 g. thoracic vertebra

Cervical-Vertebra 1. vertebra type containing foramina in the transverse processes, through which the vertebral arteries ascend to reach the brain

Axis 2. dens here provides a pivot for rotation of the first cervical vertebra (C₁)

Thoracic Vertebra 3. transverse processes faceted for articulation with ribs; spinous process pointing sharply downward

Sacrum 4. composite bone; articulates with the hip bone laterally

Lumbar Vertebra 5. massive vertebra; weight-sustaining

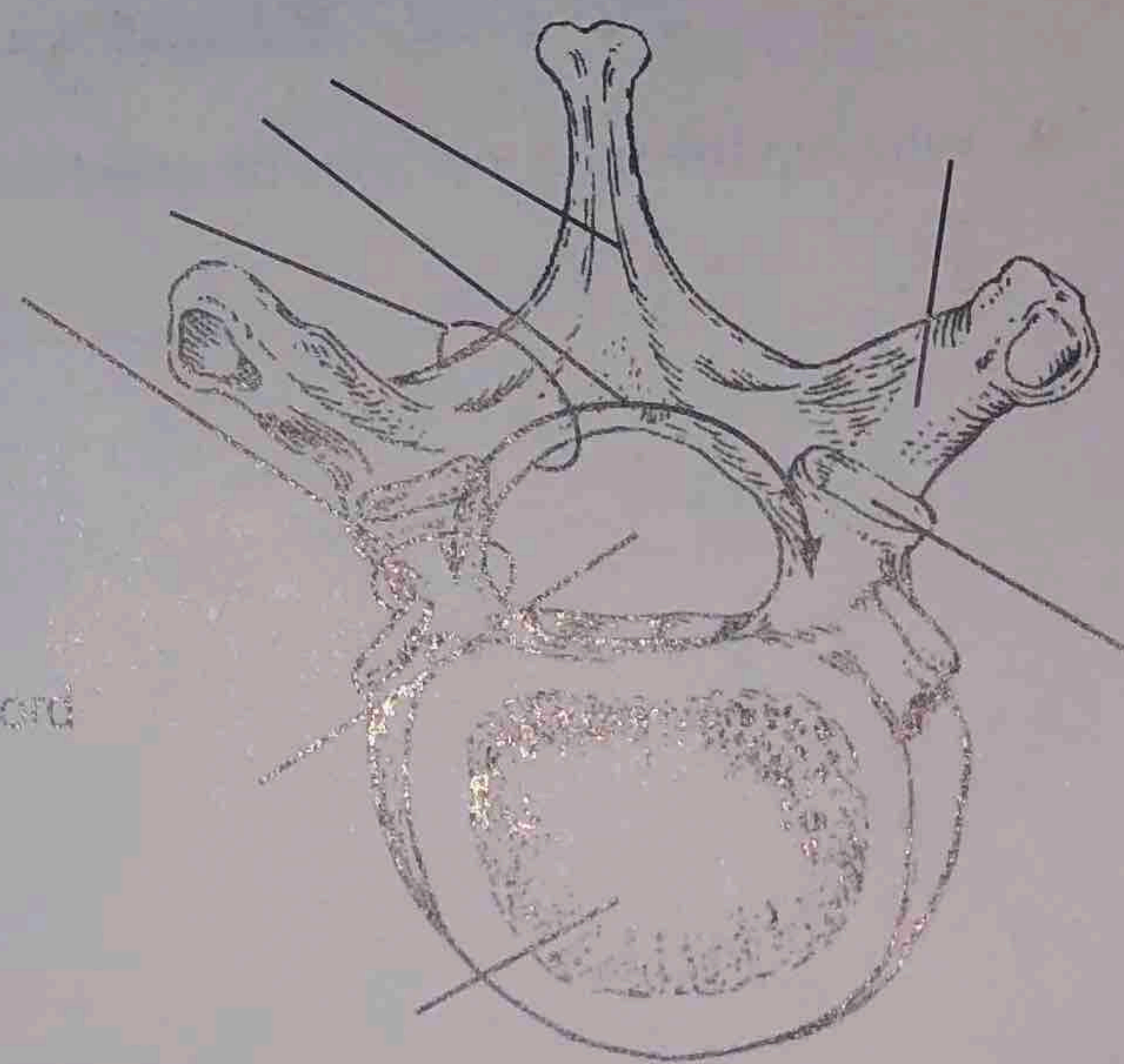
Coccyx 6. "tail bone" fused vertebrae

Atlas 7. supports the head; allows a rocking motion in conjunction with the occipital condyles

11. Using the key, correctly identify the vertebral parts/areas described below. (More than one choice may apply in some cases.) Also use the key letters to correctly identify the vertebral areas in the diagram.

- Key: a. body
 b. intervertebral foramina
 c. lamina
 d. pedicle
 e. spinous process
 f. superior articular facet
 g. transverse process
 h. vertebral arch
 i. vertebral foramen

- T 1. cavity enclosing the spinal cord
A 2. weight-bearing portion of the vertebra
E, G 3. provide levers against which muscles pull
A, G 4. provide an articulation point for the ribs
B 5. openings providing for exit of spinal nerves
A, H 6. structures that form an enclosure for the spinal cord
D, E, C 7. structures that form the vertebral arch



12. Describe how a spinal nerve exits from the vertebral column. They exist through the ventral root than the ventral horn

13. Name two factors/structures that permit flexibility of the vertebral column.

DISCS and S shaped

14. What kind of tissue makes up the intervertebral discs? Fibrocartilage

15. What is a herniated disc? Compress on the Spinal Cord

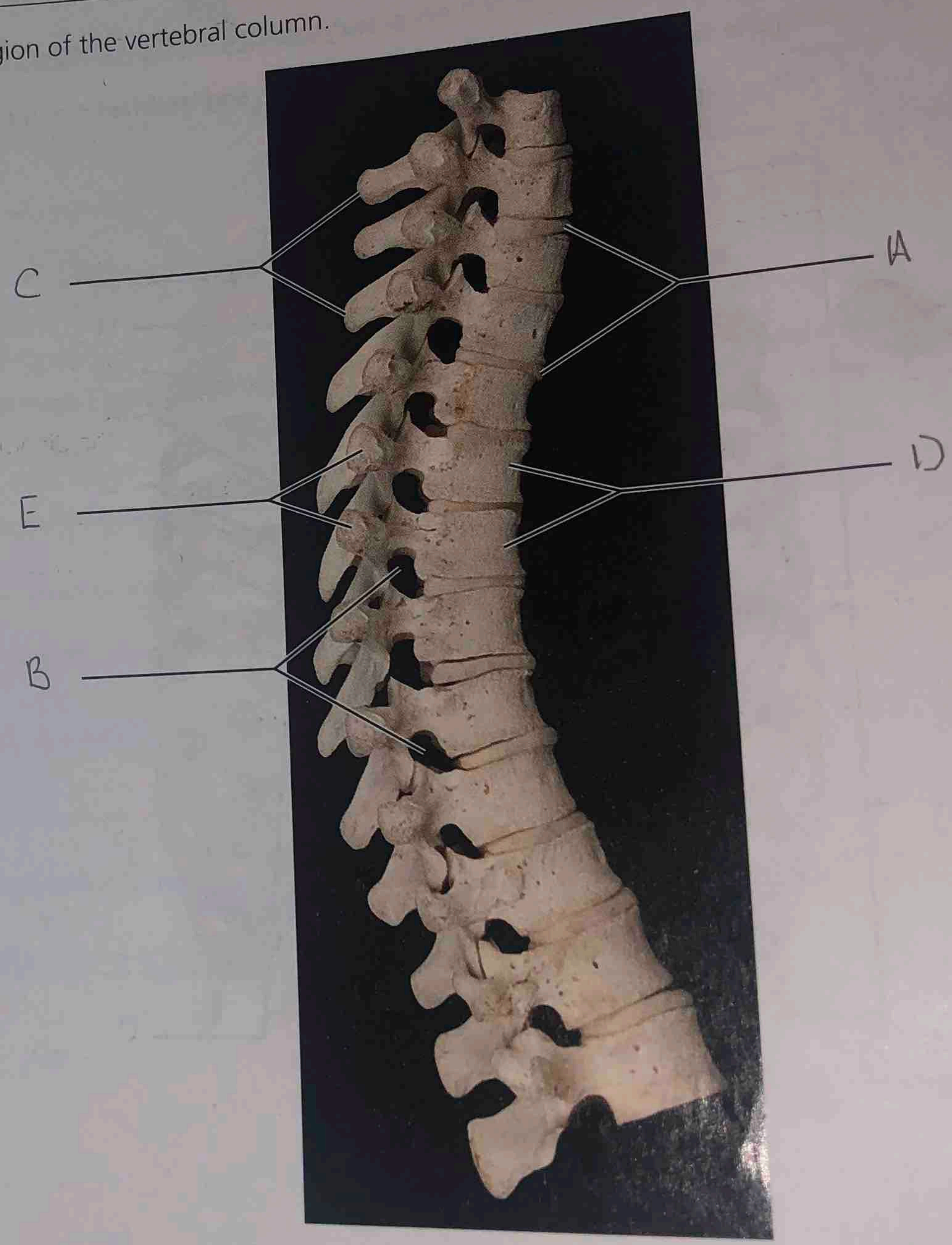
What problems might it cause? It can cause Paralysis

16. Which two spinal curvatures are obvious at birth? Thoracic and Sacral

Under what conditions do the secondary curvatures develop? The occur or develop with normal development

17. Use the key to label the structures on the thoracic region of the vertebral column.

- Key:
- a. intervertebral discs
 - b. intervertebral foramina
 - c. spinous processes
 - d. thoracic vertebrae
 - e. transverse processes



The Thoracic Cage

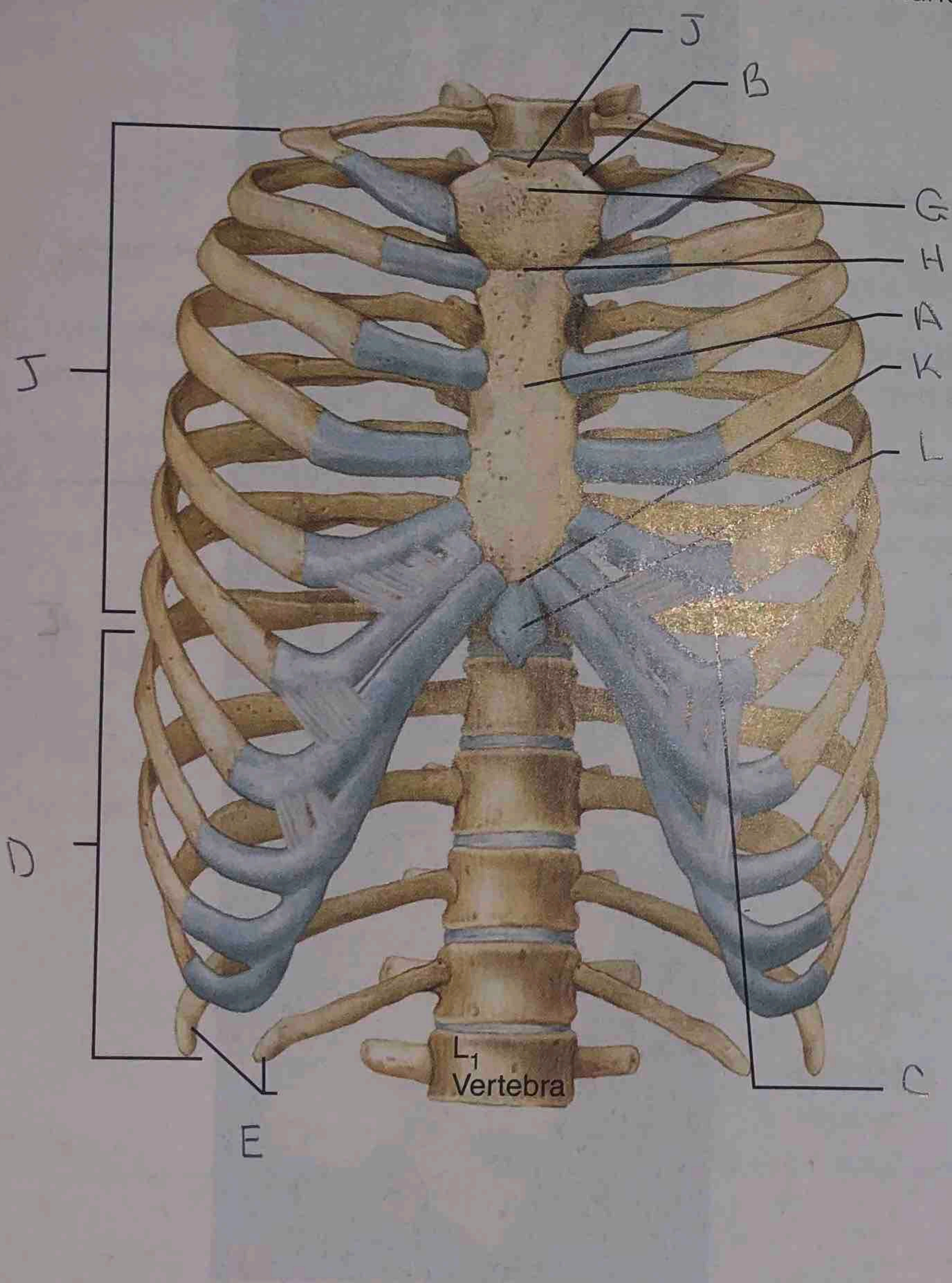
18. The major bony components of the thorax (excluding the vertebral column) are the Sternum and the Ribs

19. Differentiate between a true rib and a false rib. True Ribs attach to the sternum they have their own cartilage. False Rib costal cartilage attaches to other ribs

Is a floating rib a true or a false rib? Neither

20. What is the general shape of the thoracic cage? Cone shape barrel like

21. Using the terms in the key, identify the regions and landmarks of the thoracic cage.



- Key:
- a. body
 - b. clavicular notch
 - c. costal cartilage
 - d. false ribs
 - e. floating ribs
 - f. jugular notch
 - g. manubrium
 - h. sternal angle
 - i. sternum
 - j. true ribs
 - k. xiphisternal joint
 - l. xiphoid process

The Fetal Skull

22. Are the same skull bones seen in the adult also found in the fetal skull? Yes they are the same
23. How does the size of the fetal face compare to its cranium? Face is shortened overshadowed by the large

Cranium

How does this compare to the adult skull? Adult Cranium is smaller and the facial bones are proportionately larger and more prominent

24. What are the outward conical projections on some of the fetal cranial bones? Ossification Centers
25. What is a fontanelle? Fibrous membrane connecting fetal skull bones
- What is its fate? Progressively ossified
- What is the function of the fontanelles in the fetal skull? Allows fetal skull to be compressed slightly

during birth passage

26. **+** Craniosynostosis is a condition in which one or more of the fontanelles is replaced by bone prematurely. Discuss the ramifications of this early closure.

27. **+** As we age, we often become shorter. Explain why this might occur. Discs between vertebrae lose fluid, arches in our feet flatten, we would lose muscle mass leading to poor posture

28. **+** The xiphoid process is often missing from the sternum in bone collections. Hypothesize why it might be missing. Cartilage in to bone and fuses body of sternum as we grow older.