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Lab Time/Date 2/15/21

# EXERCISE

1

## The Language of Anatomy

### Surface Anatomy

1. Match each of the numbered descriptions with the related term in the key, and record the key letter or term in front of the description.

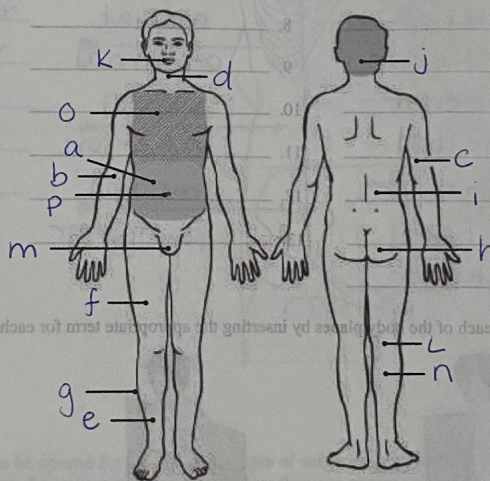
Key: ~~a.~~ buccal ~~c.~~ cephalic ~~e.~~ patellar  
~~b.~~ calcaneal ~~d.~~ digital ~~f.~~ scapular

- A 1. cheek e 4. anterior aspect of knee  
D 2. the fingers B 5. heel of foot  
F 3. shoulder blade region C 6. the head

2. Indicate the following body areas on the accompanying diagram by placing the correct key letter at the end of each line.

Key:

~~a.~~ abdominal  
~~b.~~ antecubital  
~~c.~~ brachial  
~~d.~~ cervical  
~~e.~~ crural  
~~f.~~ femoral  
~~g.~~ fibular  
~~h.~~ gluteal  
~~i.~~ lumbar  
~~j.~~ occipital  
~~k.~~ oral  
~~l.~~ popliteal  
~~m.~~ pubic  
~~n.~~ sural  
~~o.~~ thoracic  
~~p.~~ umbilical



3. For each term in the key of question 2 above, determine which of the two major body divisions it belongs to. Insert the appropriate key letters on the answer blanks.

b, c, e, f, g, l, n 1. appendicular p, o, a, d, h, i, j, k, m 2. axial

REVIEW SHEET



## Body Orientation, Direction, Planes, and Sections

4. Describe completely the standard human anatomical position. It is when a person is standing straight with their arms to the side with the palms facing forward in order to be visible.
5. Define section. A cut on a plane made through the body wall or an organ.
6. Several incomplete statements appear below. Correctly complete each statement by choosing the appropriate anatomical term from the key. Record the key letters and/or terms on the correspondingly numbered blanks below. Some terms are used more than once.

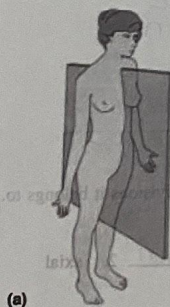
Key: a. anterior      d. inferior      g. posterior      j. superior  
 b. distal          e. lateral      h. proximal      k. transverse  
 c. frontal          f. medial      i. sagittal

In the anatomical position, the face and palms are on the 1 body surface; the buttocks and shoulder blades are on the 2 body surface; and the top of the head is the most 3 part of the body. The ears are 4 and 5 to the shoulders and 6 to the nose. The heart is 7 to the vertebral column (spine) and 8 to the lungs. The elbow is 9 to the fingers but 10 to the shoulder. The abdominopelvic cavity is 11 to the thoracic cavity and 12 to the spinal cavity. In humans, the dorsal surface can also be called the 13 surface; however, in quadruped animals, the dorsal surface is the 14 surface.

If an incision cuts the heart into right and left parts, the section is a 15 section; but if the heart is cut so that superior and inferior portions result, the section is a 16 section. You are told to cut a dissection animal along two planes so that both kidneys are observable in each section. The two sections that meet this requirement are the 17 and 18 sections. A section that demonstrates the continuity between the spinal and cranial cavities is a 19 section.

- |                     |                      |                       |
|---------------------|----------------------|-----------------------|
| 1. <u>anterior</u>  | 8. <u>medial</u>     | 14. <u>superior</u>   |
| 2. <u>posterior</u> | 9. <u>proximal</u>   | 15. <u>sagittal</u>   |
| 3. <u>superior</u>  | 10. <u>distal</u>    | 16. <u>transverse</u> |
| 4. <u>medial</u>    | 11. <u>inferior</u>  | 17. <u>superior</u>   |
| 5. <u>superior</u>  | 12. <u>medial</u>    | 18. <u>transverse</u> |
| 6. <u>lateral</u>   | 13. <u>posterior</u> | 19. <u>sagittal</u>   |
| 7. <u>anterior</u>  |                      |                       |

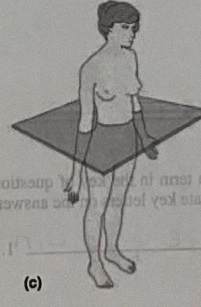
7. Correctly identify each of the body planes by inserting the appropriate term for each on the answer line below the drawing.



(a)



(b)



(c)

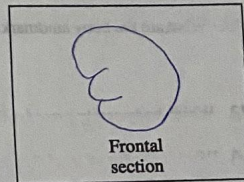
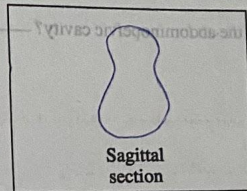
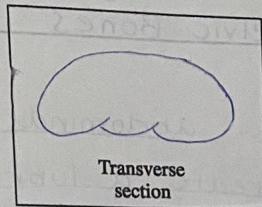
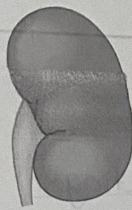
median plane

Frontal plane

Transverse plane

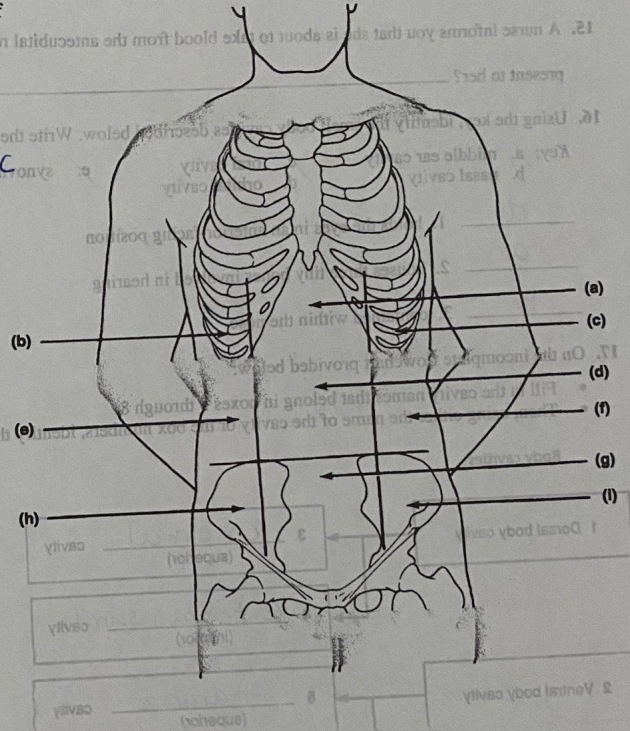


8. Draw a kidney as it appears when sectioned in each of the three different planes.



9. Correctly identify each of the nine regions of the abdominopelvic cavity by inserting the appropriate term for each of the letters indicated in the drawing.

- a. epigastric
- b. Right hypochondriac
- c. left hypochondriac
- d. umbilical
- e. Right lumbar
- f. left lumbar
- g. pubic
- h. Right iliac
- i. left iliac



### Body Cavities

10. Which body cavities would have to be opened for the following types of surgeries or procedures? (Use the key to find the correct choice, and write the letter on the same-numbered blank. More than one choice applies.)

Key: a. abdominopelvic  
b. cranial

c. dorsal  
d. spinal  
e. thoracic  
f. ventral

- e 1. surgery to remove cancerous lung lobe
- a 2. removal of the uterus, or womb
- b 3. removal of a brain tumor
- a 4. appendectomy
- a 5. stomach ulcer operation
- d, c 6. delivery of preoperative "saddle" anesthesia



11. Name the muscle that subdivides the ventral body cavity. Diaphragm

12. What are the bony landmarks of the abdominopelvic cavity? Pelvic Bones

13. Which body cavity is the abdominal cavity? abdominal

14. What is the function of synovial fluid? create a lubricating fluid that helps reduce friction from movement

15. A nurse informs you that she is about to take blood from the antecubital region. What portion of your body should you present to her? \_\_\_\_\_

16. Using the key, identify the small body cavities described below. Write the correct letter on each blank line.

Key: a. middle ear cavity c. oral cavity e. synovial cavity  
b. nasal cavity d. orbital cavity

d 1. holds the eyes in an anterior-facing position

a 2. houses three tiny bones involved in hearing

b 3. contained within the nose

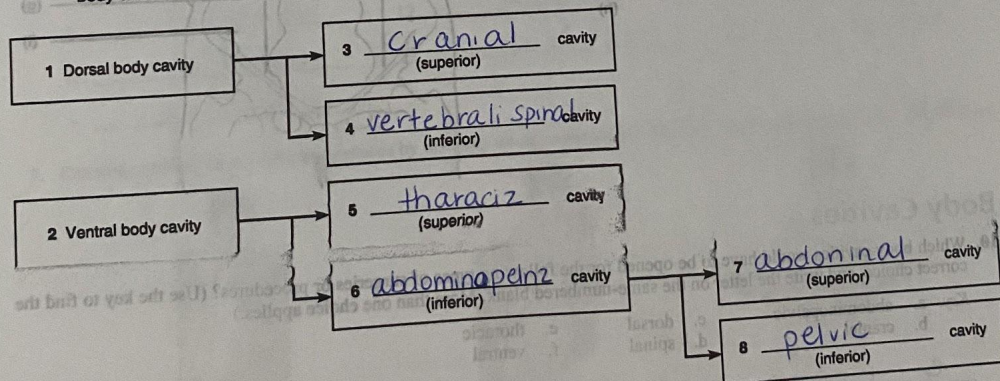
c 4. contains the tongue

e 5. surrounds a joint

17. On the incomplete flowchart provided below:

- Fill in the cavity names that belong in boxes 3 through 8.
- Then, using either the name of the cavity or the box numbers, identify the descriptions in the list that follows.

Body cavities



1 a. contained within the skull and vertebral column

8 b. houses female reproductive organs

3 c. the most protective body cavity

2 d. its name means "belly"

5 e. contains the heart

6 f. contains the small intestine

5 g. bounded by the rib cage

7 h. its walls are muscular



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## EXERCISE 2

# Organ Systems Overview

REVIEW SHEET

1. Use the key below to indicate which body systems perform the following functions. (Some responses are used more than once.) Then, circle the organ systems (in the key) that are present in all subdivisions of the ventral body cavity.

Key: a. cardiovascular - d. integumentary g. nervous j. skeletal -  
b. digestive e. lymphatic/immune - h. reproductive - k. urinary -  
c. endocrine - f. muscular i. respiratory -

- urinary 1. rids the body of nitrogen-containing wastes  
endocrine 2. is affected by removal of the thyroid gland  
skeletal 3. provides support and the levers on which the muscular system acts  
cardiovascular 4. includes the heart  
integumentary 5. protects underlying organs from drying out and from mechanical damage  
lymphatic/immune 6. protects the body; destroys bacteria and tumor cells  
digestive 7. breaks down ingested food into its building blocks  
respiratory 8. removes carbon dioxide from the blood  
cardiovascular 9. delivers oxygen and nutrients to the tissues  
muscular 10. moves the limbs; facilitates facial expression  
digestive 11. regulates water balance and removes nitrogen-containing wastes from the body  
endocrine and reproductive 12. facilitate conception and childbearing  
endocrine 13. controls the body by means of chemical molecules called hormones  
integumentary 14. is damaged when you cut your finger or get a severe sunburn

2. Using the key above, choose the *organ system* to which each of the following sets of organs or body structures belongs.

- lymphatic 1. thymus, spleen, lymphatic vessels integumentary 5. epidermis, dermis, cutaneous sense organs  
skeletal 2. bones, cartilages, tendons reproductive 6. testis, ductus deferens, urethra  
endocrine 3. pancreas, pituitary, adrenal glands digestive 7. esophagus, large intestine, rectum  
respiratory 4. trachea, bronchi, lungs muscular 8. muscles of the thigh, postural muscles



3. Using the key, place the following organs in their proper body cavity. Letters may be used more than once.

Key: a. abdominopelvic - b. cranial c. spinal - d. thoracic -

abdominopelvic 1. stomach abdominopelvic 4. liver thoracic 7. heart  
thoracic 2. esophagus spinal 5. spinal cord thoracic 8. trachea  
abdominopelvic 3. large intestine abdominopelvic 6. urinary bladder abdominopelvic 9. rectum

4. Using the organs listed in question 3 above, record, by number, which would be found in the abdominopelvic regions listed below.

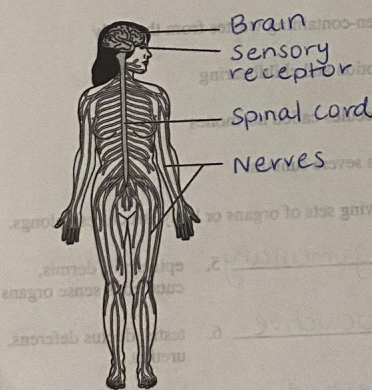
6 1. hypogastric region 1 4. epigastric region  
3 2. right lumbar region 3 5. left iliac region  
1 3. umbilical region 4 6. left hypochondriac region

5. The levels of organization of a living body include: cellular, tissue, organ, organ system, and organism.

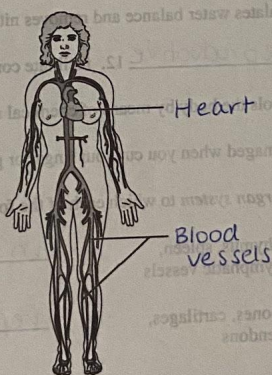
6. Define organ. A structure that manages different functions.

7. Using the terms provided, correctly identify all of the body organs indicated with leader lines in the drawings below. Then name the organ systems by entering the name of each on the answer blank below each drawing.

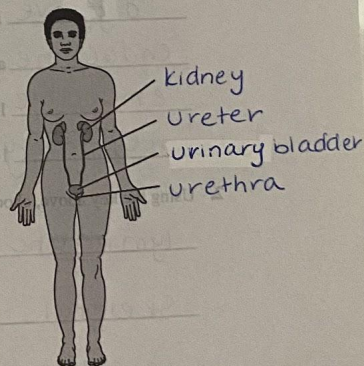
Key: blood vessels - heart - nerves - spinal cord - urethra -  
 brain - kidney - sensory receptor - ureter - urinary bladder -



a. Nervous System



b. cardiovascular



c. Urinary System

8. Why is it helpful to study the external and internal structures of the rat? The composition of the rat has similar structures to the human body which can give us a better understanding.