EXERCISE

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The Language of Anatomy

Surface Anatomy

- 1. Match each of the following descriptions with a key equivalent, and record the key letter or term in front of the description.
 - Key: a.
- c. cephalic
- e. patellar

- calcaneal b.
- d. digital
- scapular

- a; buccal
- _____ 1. cheek

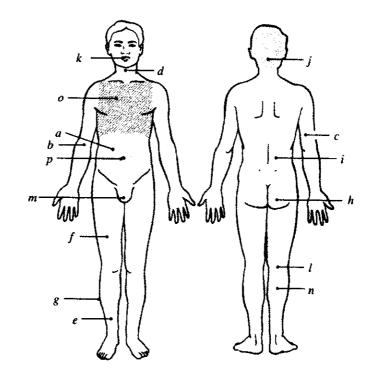
- e; patellar
 - 4. anterior aspect of knee

- d; digital
- ____ 2. pertaining to the fingers
- b; calcaneal
- _ 5. heel of foot

- f; scapular
- __ 3. shoulder blade region
- c; cephalic
- _ 6. pertaining to the head
- 2. Indicate the following body areas on the accompanying diagram by placing the correct key letter at the end of each line.

Key:

- abdominal a.
- antecubital b.
- brachial c.
- d. cervical
- crural
- f. femoral
- fibular g.
- gluteal h.
- i. lumbar
- j. occipital
- oral
- popliteal
- m. pubic
- sural n.
- thoracic
- umbilical



- 3. Classify each of the terms in the key of question 2 above into one of the large body regions indicated below. Insert the appropriate key letters on the answer blanks.
 - - _____1. appendicular
- a, d, h, i, j, k, m, o, p 2. axial

Body Orientation, Direction, Planes, and Sections

4. Describe completely the standard human anatomical position. Standing erect, feet together, head and toes pointed

forward, arms hanging at sides with palms forward.

6. Several incomplete statements are listed below. Correctly complete each statement by choosing the appropriate anatomical term from the key. Record the key letters and/or terms on the correspondingly numbered blanks below.

Key: a. anterior b. distal

d. inferior

g. posterior

j. superior

b. distalc. frontal

e. lateral f. medial

h. proximal
i. sagittal

k. transverse

. frontal f. medial i. sagit

In the anatomical position, the face and palms are on the 1 body surface; the buttocks and shoulder blades are on the 2 body surface; and the top of the head is the most 3 part of the body. The ears are 4 and 5 to the shoulders and 6 to the nose. The heart is 7 to the vertebral column (spine) and 8 to the lungs. The elbow is 9 to the fingers but 10 to the shoulder. The abdominopelvic cavity is 11 to the thoracic cavity and 12 to the spinal cavity. In humans, the dorsal surface can also be called the 13 surface; however, in quadruped animals, the dorsal surface is the 14 surface.

If an incision cuts the heart into right and left parts, the section is a 15 section; but if the heart is cut so that superior and inferior portions result, the section is a 16 section. You are told to cut a dissection animal along two planes so that both kidneys are observable in each section. The two sections that will always meet this requirement are the 17 and 18 sections. A section that demonstrates the continuity between the spinal and cranial cavities is a 19 section.

a; anterior

g; posterior

j; superior

4. f; medial

5. j, superior

6. <u>e; lateral</u>

a; anterior

g f; medial

q h; proximal

10. $\frac{b.\ distal}{}$

11 d; inferior

12. a; anterior

13. g, posterior

j; superior

15 i; sagittal

16 k; transverse

c; frontal

18 k; transverse

10 i; sagittal

7. Correctly identify each of the body planes by inserting the appropriate term for each on the answer line below the drawing.

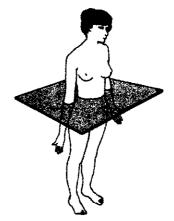


median (mid-sagittal) plane



frontal plane

(b)



(c)

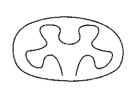
transverse plane

8. Draw a kidney as it appears when sectioned in each of the three different planes.







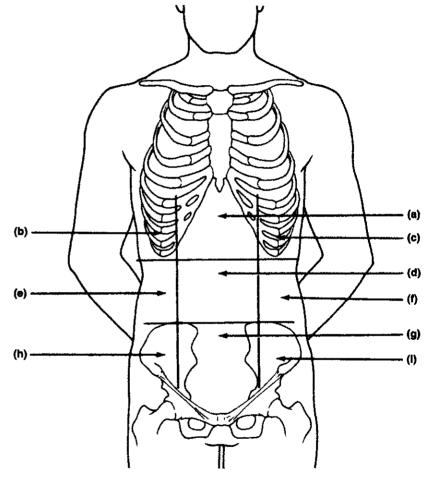


frontal section

sagittal section

transverse section

- 9. Correctly identify each of the nine areas of the abdominal surface by inserting the appropriate term for each of the letters indicated in the drawing.
 - epigastric region
 - right hypochondriac region
 - left hypochondriac region c.
 - umbilical region d.
 - right lumbar region
 - left lumbar region
 - hypogastric (pubic) region
 - right iliac reigon
 - left iliac region



Body Cavities

- 10. Which body cavity would have to be opened for the following types of surgery or procedures? (Insert letter of key choice in same-numbered blank. More than one choice may apply.)
 - Key: a. abdominopelvic
- dorsal
- thoracic

- b. cranial
- d. spinal
- ventral

- - _ 1. surgery to remove a cancerous lung lobe
- a, f 4. appendectomy

- removal of the uterus, or womb
- a, f 5. stomach ulcer operation

- - b, c 3. removal of a brain tumor
- d, c 6. delivery of pre-operative "saddle" anesthesia

- 11. Name the muscle that subdivides the ventral body cavity. Diaphragm
- 12. Which organ system would not be represented in any of the body cavities? Skeletal, muscular, integumentary
- 13. What are the bony landmarks of the abdominopelvic cavity? Dorsally, the vertebral column; laterally and anteriorly, the pelvis
- 14. Which body cavity affords the least protection to its internal structures? Abdominal
- 15. What is the function of the serous membranes of the body? The serous membranes produce a lubricating fluid (serous

fluid) that reduces friction as organs slide across one another or against the cavity walls during their functioning.

- 16. Using the key choices, identify the small body cavities described below.
 - Key: a. middle ear cavity
- c. oral cavityd. orbital cavity
- e. synovial cavity

- b. nasal cavity
- •
- 1. holds the eyes in an anterior-facing position c; oral cavity
- 4. contains the tongue

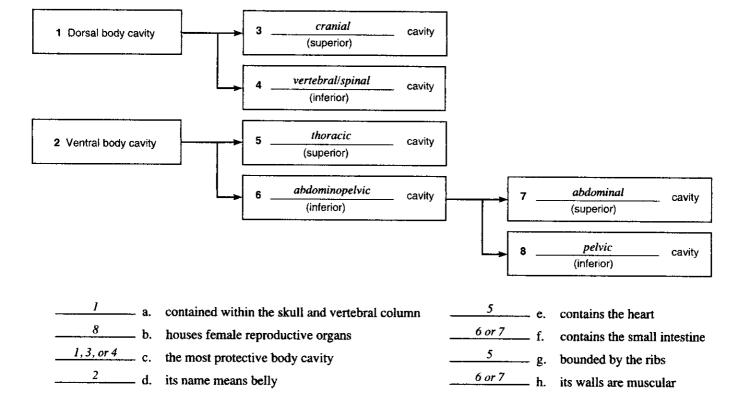
- a; middle ear cavity
- houses three tiny bones involved in hearing
- e; synovial cavity
- 5. lines a joint cavity

b; nasal cavity

d; orbital cavity

- 3. contained within the nose
- 17. On the incomplete flowchart provided below:
 - Fill in the cavity names as appropriate to boxes 3-8.
 - Then, using either the name of the cavity or the box numbers, identify the descriptions in the list that follows.

Body cavities



Organ Systems Overview

1.	tems (in the key) that are	te the body systems that perform the following functions for the body. Then, circle the organ sesent in all subdivisions of the ventral body cavity.	ys-							
	Key: a. <u>cardiovascular</u> b. <u>digestive</u> c. <u>endocrine</u>	d. integumentary g. nervous j. skeletal e. lymphatic/immunity h. reproductive k. urinary f. muscular i. respiratory								
	k; urinary	1. rids the body of nitrogen-containing wastes								
	c; endocrine	2. is affected by removal of the thyroid gland								
	j; skeletal	3. provides support and levers on which the muscular system acts								
	a; cardiovascular	includes the heart								
	c; endocrine (h; reproducti	5. causes the onset of the menstrual cycle								
	d; integumentary	protects underlying organs from drying out and from mechanical damage								
	7. protects the body; destroys bacteria and tumor cells									
	b; digestive	8. breaks down ingested food into its building blocks								
	i; respiratory	9. removes carbon dioxide from the blood								
	a; cardiovascular 10. delivers oxygen and nutrients to the tissues									
	f; muscular 11. moves the limbs; facilitates facial expression									
	k; urinary	12. conserves body water or eliminates excesses								
	c; endocrine	and h; reproductive 13. facilitate conception and childbearing								
	c; endocrine	14. controls the body by means of chemical molecules called hormones								
	d; integumentary 15. is damaged when you cut your finger or get a severe sunburn									
2.	Using the above key, choose the <i>organ system</i> to which each of the following sets of organs or body structures belongs.									
	e; lymphatic/immunity	thymus, spleen, lymphatic vessels d; integumentary 5. epidermis, dermis, and cutaneous sense organs								
	j; skeletal	bones, cartilages, h; reproductive 6. testis, ductus deferens, urethra								
	c; endocrine	pancreas, pituitary, b; digestive 7. esophagus, large intestine, rectum								
	i; respiratory	trachea, bronchi, f: muscular alveoli 8. muscles of the thigh, postural muscles								

3.	Using the key below, place the following organs in their proper body cavity.																
	Key:	• •															
	a. abdomin	•	b. (cranial	c. spinal		d. thoraci	С									
	a; abdominope	<u>elvic</u> 1.	stomach	a; ab	dominopelvic	_ 4.	liver		d; thoracic	_ 7.	heart						
	d; thoracic	2.	esophagu	s <u>c; sp</u>	inal	5.	spinal cord		d; thoracic	8.	trachea						
	a; abdominope	elvic 3.	large inte	stine <u>a; ab</u>	dominopelvic	_ 6.	urinary blad	der	a; abdominopelvic	_ 9.	rectum						
4.	Using the orga	ans listed ir	question	3 above, reco	ord, by numbe	r, which	would be fo	und ii	the abdominal reg	ions li	sted below						
	3,6,	9	1. hypo	gastric regio	n _	1	, 3, 4	_ 4.	epigastric region								
	3		2. right	lumbar regio	on		3	_ 5.	left iliac region								
	3		3. umbi	ilical region	_	1.	, 3, 4	_ 6.	left hypochondria	ic regi	on						
5.	The levels of o	organizatio	of a living	g body are ch	emical, <i>cell</i>				tissue								
	organ			organ system		, a	and organism	1.									
6.	Define organ	A body par	t (or structi	ure) that is ma	de up of two oi	· more tis	sue types and	perfo	rms a specific body								
	function, e.g., 1							<u> </u>									
7.	Then name the Key: blood	ns provideo e organ sys vessels	tems by e	ntering the na ne	ame of each or rves	n the an	swer blank l spinal core	elow	r lines in the drawin each drawing. urethra	igs sho	own below						
	brain		kidney	sei	nsory recepto	r	ureter		urinary bladder								
				ory receptor al cord			heart blood vessels	4	加盐	kidney ureter urinar urethro	y bladder 1						
	a. nervous s	ystem		ŧ	cardiovas	cular sysi	tem	. с.	urinary system	·							
8.	Why is it help	oful to study	the exten	nal and interr	nal structures	of the ra	Many of 1	he ext	ernal and internal str	uctures	are						
	similar to those	e in the hum	an. Studyinį	g the rat can h	elp you to unde	similar to those in the human. Studying the rat can help you to understand your own structure.											

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