

Your name: Anahi Rodriguez

Name of item as it appears on your paper: Granulated sugar for commercial kitchens

You need to research your product while using the internet responsibly. You will want to be able to discern good places to acquire information, versus bad ones. You are required to investigate a minimum of 5 sources for information.

1. Exact website address:

<https://www.washingtonpost.com/news/voraciously/wp/2018/08/03/these-are-the-4-types-of-sugar-even-the-most-casual-baker-should-always-have-on-hand/?outputType=amp>

Is the information there research-based or opinion-based?

Opinion-based.

Give specific example or reason for your above answer:

The article is titled, "These are the 4 types of sugar even the most casual baker should always have on hand," right away by the title it's clearly shown to be based on opinion. To better confirm that, I noticed that the article was published by Becky Krystal, a food reporter. As an experienced food reporter, she talks about what sugars she thinks bakers should always have on hand. He happens to put granulated sugar as the top one. She labels granulated sugar as "versatile" and "all-purpose sugar". She may be experienced but in this article, she rated the different types of sugars based on what she thinks are best for bakers, research wasn't provided to back up her statements.

Is the site commercial (meant to sell this product) or is it educational or political or? What do you feel is the purpose of the website existing?

The site isn't meant to sell sugar but more so to possibly inform aspiring bakers through what sugar they should be using.

Is the website up to date? Are there broken links or pages that seem old? Is it clear that the information is new?

Yes, the website is up to date. The article was published on August 03, 2018. There aren't any broken links and the information is still very much new and current.

2. Exact website address:

<https://makiningsenseofsugar.com/all-about-sugar/how-sugar-is-made/>

Is the information there research-based or opinion-based?

Research-based

Give specific example or reason for your above answer:

The website gave a lot of information based on how sugar is produced. For instance, glucose is produced in most green plants and it's stored in the roots until the plants are sent to manufacturing factories to get processed.

Is the site commercial (meant to sell this product) or is it educational or political or? What do you feel is the purpose of the website existing?

The site isn't trying to sell sugar products, it's trying to educate people on how, where and why sugar is produced

Is the website up to date? Are there broken links or pages that seem old? Is it clear that the information is new?

The website is up to date, the links provided by the website are all functioning

3. Exact website address:

<https://www.thoughtco.com/effect-of-sugar-on-the-environment-1204100>

Is the information there research-based or opinion-based?

Research-based

Give specific example or reason for your above answer:

The article is based on the negative effect the product of sugar has on the environment. For instance it states, "According to the World Wildlife Fund (WWF), roughly 145 million tons of sugars are produced in 121 countries each year. And sugar production does indeed take its toll on surrounding soil, water and air, especially in threatened tropical ecosystems near the equator." The article used a reliable source in order to show proof that the sugar production uses an immense amount of water and destroys surrounding habitats, which greatly affects the environment.

Is the site commercial (meant to sell this product) or is it educational or political or? What do you feel is the purpose of the website existing?

The site is not trying to sell sugar. The site provided a variety of information that proved that sugar production has a toll on the environment.

Is the website up to date? Are there broken links or pages that seem old? Is it clear that the information is new?

The website is up to date, the article was published on August 06, 2018. Additionally, the links provided by the website, were all functioning.

4. Exact website address:

<https://www.bbcgoodfood.com/howto/guide/truth-about-sugar>

Is the information there research-based or opinion-based?

Research-based

Give specific example or reason for your above answer:

This website provides information about how sugar consumption has a negative effect on a human's health. For instance, the website states, "There is increasing research to suggest that it's the sugar rather than the fat in our diets that is the major contributing factor to our obesity epidemic. Nutritionist Kerry Torrens explains the 'hidden' sugar you may not know you're eating and how to spot it on food labels..." The information was published by an experienced nutritionist who knows that sugar is a huge contributor to obesity.

Is the site commercial (meant to sell this product) or is it educational or political or? What do you feel is the purpose of the website existing?

This site is not trying to sell sugar because it's purpose is to inform people about the negatives effects sugar has on a human.

Is the website up to date? Are there broken links or pages that seem old? Is it clear that the information is new?

The website is up to date and it's links are all functioning. The information provided is still prevalent to the effects sugar has on humans today.

5. Exact website address:

<https://www.health.harvard.edu/heart-health/the-sweet-danger-of-sugar>

Is the information there research-based or opinion-based?

Research-based

Give specific example or reason for your above answer:

This article was published by a reliable source, whom has done extensive research on the negative effects sugar has on people. For example, "A high intake of fruits, vegetables, and whole grains also has been shown to reduce the risk of chronic diseases, such as diabetes, heart disease, and some cancers." The website is showing how sugar can greatly affect someone's health.

Is the site commercial (meant to sell this product) or is it educational or political or? What do you feel is the purpose of the website existing?

The site is not trying to sell sugar, it's providing useful information on the effects of sugar to the human body.

Is the website up to date? Are there broken links or pages that seem old? Is it clear that the information is new?

Yes, the website is up to date. It was published two years ago but all the links and information provided is up to date.

IN ADDITION.

Did you use any other sources? Your textbooks or cookbooks or magazines or the newspaper?

For this assignment, I solely used the internet to obtain my sources.

Where is your product generally produced? If it is an item produced lots of places (like milk, for example) find out where the milk in the NYC area comes from.

Sugar is mainly produced in tropical areas that have warm weather. Some places are Brazil, China and India

Is your item seasonal or subject to costs that vary depending on time of year?

Sugar is typical harvested in between June and December, but it takes a lot of time to fully grow.

Are there any controversies in the news right now involving this product? Are there boycotts or people who feel this product is unethical? There is! That is why I chose these products.

Investigate!

The only controversies is that Sugar has a great negative affect on people's health. Also, the production of sugar causes a lot of negative effects on the environment.