English Composition

Struggles on self-analysis

Mandy Hale once said, "If you learn to really sit with loneliness and embrace it for the gift that it is...an opportunity to get to know you, to learn how strong you really are, to depend on no one but you for your happiness...you will realize that a little loneliness goes a long way in creating a richer, deeper, more vibrant and colorful you." I grew up in the land of many waters. A tropical place where the sun was always blistering hot and coconut trees were all over my yard. This land was, Guyana, South America. An English-speaking country with strong traditions of cricket and calypso music. In my process of self-analysis I had to deal with stereotypes. barriers and the inspiration to overcome and rise above

One of the biggest obstacles I had to face were stereotypes. "Black women are hypocritical, loud mouthed and unprofessional, is one of many stereotypes I strive to shatter. Peer pressure was one of the biggest reason I found it very difficult to find myself. This place was so different yet I couldn't allow myself to be different than others. I was an unfortunate victim of peer pressure. I let my friends and surrounding define the things I did and the ultimate way I reacted meaning unclear Live toward the uttermost situations. My confidence, focus and positive outlook on life can be met with criticisms. Countless times I have heard "You sound like a white girl when you talk." or "If you were really black you would know/do that."

The stereotypes were just one of many obstacles I faced the barriers that followed were

massive. As a young woman in today's society, I am very much aware of the pre-existing

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