

LEARNING SELF-ANALYSIS

The healthcare industry is changing day by day with the increase in nurse shortage and the need for nurses to be well educated on different facets of health care. This self-analysis is how I plan to achieve my career goals in my enrollment in the baccalaureate program in nursing.

To achieve my goals of having BSN in nursing, I have set short-term and long-term goals that will act as a guide to achieving my target. Baccalaureate program provides a hands-on more pragmatic approach to teaching concepts. The program is based on continuous assessment, and therefore, one of my short term goals is to stay focused on the assignments provided by the Professors. The assignments contribute to the final GPA but also are an important learning tool for better understanding the concepts. The assignments in this program can either be completed individually or as a group. Apart from assignments I have created a study timetable which I follow to help in completing all the work I am supposed to do in the stipulated deadlines. Nursing is a science that requires brainstorming and working together in coming up with solutions to problems. It is my short-term goals to contribute as much as possible to class and groups discussions.

I always anticipate frustrations while undertaking my nursing programs and I have always learned to share my frustrations with the people I trust or the Professors. The frustrations can either be academic based or social-economic based. Sharing has always worked for me because it has enabled me to regroup, rejuvenate and continue with my daily academic routines. I self-reflect regular on my daily goals that I need to achieve such as read a chapter, understand a particular concept, etc., and analysis how it affects my big goals. Baccalaureate nursing program provides communication skills and critical-thinking courses. In treating patients, it is important

to have other skills other than technical skills. Critical thinking is also important in making crucial decisions especially in situations where split second decisions. Communication skills are essential in communication with the patient and the family. I practice daily on these life skills and go further to evaluate my sense of compassion and respect to others. I have built a culture of spending my time with individuals who share the same goals with mine. I have created a personal statement – Success is intentional, that keeps me going and reminds me success is not luck but effort. On top of these short term goals i.e. clinical, technical and personal skills, there are long-term goals.

My long-term goal is to become a nursing teacher because of my passion for teaching others. I always strive to improve my grades every year by studying more, asking more questions, being involved in group discussions and conducting deep research on nursing practice. I have the passion for training or educating other students on best nursing practices after completing my studies. Training/teaching others on best nursing practices will be necessary for improving health standards and reducing the nursing shortage. I volunteer in various healthcare centers in providing services while learning; this has provided me with broad experience by creating a bridge between the theoretical information learned in class and the real life situation. Baccalaureate has provided me with the opportunity to become the best I can be in the nursing profession. The nursing degree program provides an opportunity to be vast in different areas such as leadership, family planning, surgical care, psychiatric care, and community health. I have taken advantage of the multi-faceted nature of the baccalaureate nursing degree to become a holistic person in my career