

## **Self-Reflection**

In this internship I learned many things at a more professional level. I learned how to work more comfortably in groups and individually. I improved my graphic designer skills in programs such as Photoshop, Adobe Premier and Lightroom Classic, because I had to constantly use these programs to edit photos and videos.

In addition, I also got comfortable having to do check-ins with my supervisor every time it was an internship day. I had to tell her what I was working on for the day, and or ask for tasks if I didn't have any. Overall, I learn how things will feel and look once I graduate and get a job at a company where I'm going to be working with supervisors, clients, and coworkers.