Defeat Monster Mouth

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Introduction/Assessment

Our intended audiences are 6-8 years old, 2nd grade school children.

Often at the age often has short attention span and can only focus on one thing at time.

From family of immigrants with different dental and cultural believes.

Majority of them are disadvantaged children who are at greater risk.

Planing

Our lesson plan include the following:

Educate kid about how to brush their teeth with Fone's Brushing Techniques/Circular brushing(locations, frequency and duration), Floss before brushing.

Explain what caries is and what contribute to caries. (good food VS bad food)

Lesson is no longer than 30 mins

More interactions with kids and activity(Food stickers activity)

Demonstrating brush technique on mouth model



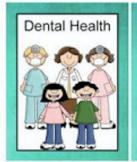
Poster before activity 1



Poster after Activity 1

Brushing Instruction for kids

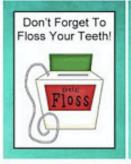
Dental Health Posters



















rush at an angle ster gum line. htly up and t for each tooth.



Brush for a Bright

2 Brush the inside surface of each tooth, using the wiggling technique in step 1.



3 Brush the chewing surfaces at the back



Use the tip of the brush to brush behind each front tooth, both top and bottom.



S pon't forget to brush your tonguel









Activity 2: Brushing on Mouth Model



Conclusion

We evaluated children's knowledge on brushing techniques and cariogenic food. 15 out of 15 children were able to demonstrate correct brush techniques on the model.

14 out of 15 were able correctly distinguish cariogenic from non-cariogenic food.

A goodie bag is given to every children (dental posters, kids brush and toothpaste included).

















Goodie Bags

