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Dr. Adomaitis
SBS 3201
Final – T-shirts

“Soñadora”

To create my t-shirt, I first had to go to Michael’s to purchase all the supplies I needed. I took the time to search throughout the store to create a t-shirt that would resonate with me in the most unique way possible. I purchased a tie-die kit, a white t-shirt, and a gold iron-on heat-transfer vinyl. When I got home, I made sure to prep the white t-shirt by placing it in boiling hot water to scour the shirt. When the shirt was cooled off, it was time to tie-die the shirt. From the tie-die kit, I chose to use the colors that I liked the most which were blue, green, and black. Then I proceeded to roll up parts of the shirt with rubber bands to make designs. After waiting for about 24 hours, I rinsed out the shirt with cold water to remove excess die. A couple of days later, it was time to make a design on the shirt using words and symbols I thought would represent me. By using Cricut, I created my own design through their app which was then placed on the iron-on heat-transfer vinyl through their cutting machine. After removing the excess vinyl, it was time to iron the design on the shirt. First, I decided to iron the front side of the shirt, and then the back. When the protective plastic that was attached to the vinyl turned cool, I peeled it off and the t-shirt was complete.

When I had to reflect on who I was in society, some of the things that came to my mind were that I am a daughter, a model and student. I am the second born child of my parents who were born in Honduras but came to the United States for better lives. My father came to this country in his 20s, and my mother was brought to the United States with her mother when she was only a couple of months old. Regardless of their upbringing in two completely different types of countries, they still saw a lot of difficult times. They always instilled in me to be humble and grateful for even the simplest things I have, and to never take anything for granted. I've tried to keep these lessons close to my heart especially today that I am beginning to start my career in modeling. Modeling has become a safe place for me to express myself in the most comfortable and artistic way possible. From the lessons I have learned from my parents, my goal is to embrace, impact and support models that feel as I once did in that they did not meet the right height or measurements to become a model. If there has been something I learned throughout my experience in modeling, it is that there is a beauty in embracing how you look and feel about yourself and it is that there is only one of you in this entire world. There could never be anyone to replace you, and that makes whatever you have to bring to the table special and unique. I am also a student majoring in Business and Technology of Fashion, but being a student does not always have to be meant in an academic way. I am constantly learning spiritually, from my family and even my friends. Life in many ways can teach us things that we could never learn from a book. Throughout the t-shirt, I tried my best to put some of my personality into a design and its details. Tie-dyeing the shirt would reference my love for the 60s. The word "Soñadora" is placed on top of the front of the shirt which means "dreamer" in Spanish. Dreams have always been something special and spiritual to me ever since I was a young girl. In the middle of the shirt is a woman with butterfly wings. I've always adored butterflies and how they teach us a lesson that one can go through darkness, and still become something beautiful. Below this is one of my favorite bible verse which is Proverbs 31:25 "She is clothed with strength and dignity, and she laughs without fear of the future". Being that this was also an assignment having to do with what we have learned about dress from Eicher & Roach – Higgins, and how one could use *clothing, ornament, adornment, and cosmetics* to dress themselves, I found that this verse inspired me to dress myself in other ways. On the back of the shirt is 1212 which represents my birthdate December 12th, and being that my the date is in the period of Sagittarius, below the numbers are its constellation.

Front of the shirt:



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Proverbs 31:25

Proverbs 31:25

daughter . model . student

Back of the shirt:

