

1. Indicating and naming the geographic area(s) that you are describing.

Starrett city – Canarsie and Flatlands

2. Population numbers of the area you are describing.

total number of people living in Canarsie and Flatlands :197,800

3. Describe the age spread.

	Canarsie	Flatlands	Brooklyn NYC
0-17 years	26%	27%	24%
18-24 years	9%	10%	10%
25-44 years	30%	31%	33%
45-64 years	23%	21%	21%
65+ years	12%	11%	12%

4. Describe the educational status.

In Canarsie and Flatlands, nearly half of residents aged 25 and older (48%) have completed some college education — a higher percent than in Brooklyn overall.

	Canarsie & Flatlands	Brooklyn	NYC
Up to 8th grade	8%	13%	12%
Some high school, no diploma	15%	18%	16%
High school diploma	29%	27%	25%
Some college, no degree	26%	20%	20%
College graduate	22%	22%	27%

5. Provide the race/ ethnicity statistics.

Flatlands: Other 3% White 33% Hispanic 9% Asian 4% Black 51%

Brooklyn: Other 4% White 35% Hispanic 20% Asian 7% Black 34%

NYC: Other 4% White 35% Hispanic 27% Asian 10% Black 24%

More than one third of Canarsie and Flatlands residents were born outside the U.S. :

Canarsie & Flatlands:37% , Brooklyn : 38%, NYC: 36%

6. Note how residents rate (below average, average, above average) performance in various health domains or indicators.

1 Have a regular doctor: Average (middle 22)

2 Be tobacco-free: Above Average (top 10)

3 Keep your heart healthy: Average (middle 22)

- 4 Know your HIV status: Above Average (top 10)
- 5 Get help for depression: Average (middle 22)
- 6 Live free of alcohol and drugs: Above Average (top 10)
- 7 Get checked for cancer: Average (middle 22)
- 8 Get the immunizations you need: Average (middle 22)
- 9 Make your home safe and healthy: Above Average (top 10)
- 10 Have a healthy baby: Average (middle 22)

7. How do residents rate their own health?

In Canarsie and Flatlands, about 1 in 5 residents reports being in fair or poor health (19%).

8. Report death rates and premature deaths.

The death rate in Canarsie and Flatlands has decreased slightly in the past decade, mirroring the rate drop in New York City overall. In 2003-2004, the average annual death rate in Canarsie and Flatlands was slightly lower than in Brooklyn and similar to the rate in New York City overall (698/100,000 vs. 754/100,000 in Brooklyn and 718/100,000 in NYC).

People who die before age 75 can be thought of as dying early, or prematurely. If a person dies early, their years of potential life lost (YPLLs) can be calculated by subtracting their age at death from 75 years to get a measure of premature death. The causes of premature death differ across communities. The primary cause of premature death in Canarsie and Flatlands is cancer, as well as in both Brooklyn and New York City overall.

9. Describe access to care.

Having a personal doctor or other health care provider and a regular place of care other than the emergency department is a critical component of good health care access. In Canarsie and Flatlands, residents are less likely to be without a regular doctor than those in Brooklyn and NYC overall, meeting the TCNY target of less than 20%. However, 7% of Canarsie and Flatlands residents go to the ED when they are sick or need health advice.

10. Describe insurance status.

Nearly 1 in 4 adults in Canarsie and Flatlands is uninsured or went without health insurance during the past year

11. Provide data on tobacco use

More than 1 in 10 Canarsie and Flatlands residents currently smoke (13%). Many methods to quit smoking are available, and 7 in 10 smokers in Canarsie and Flatlands (70%) are trying to kick the habit.

12. Note heart disease hospitalizations.

Heart disease causes a slightly lower hospitalization rate in Canarsie and Flatlands than in Brooklyn overall

13. Incidence of obesity.

In Canarsie and Flatlands adults are more likely to be obese than those in New York City overall (Canarsie 24%, Brooklyn 23%, NYC 20%).

14. Incidence of diabetes.

In Canarsie and Flatlands, 9% of adults have diabetes compared to 10% in Brooklyn and 9.5% in NYC.

15. How are residents involved with physical exercise?

More than 4 in 10 Canarsie and Flatlands residents (43%) report not doing any physical activity at all. Only 39% of residents in this community report exercising at least 3 days a week.

16. Do people know their HIV status.

In Canarsie and Flatlands, the rate of HIV diagnoses (38/100,000) and the rate of people living with HIV/AIDS (607/100,000) are lower than the rates in both Brooklyn and NYC overall. Only one quarter

of Canarsie and Flatlands adults (25%) have been tested for HIV in the past year. However, nearly one third of positive HIV test results (32%) are “late” diagnoses (HIV has already progressed to AIDS) in this community.

17 What is the prevalence of psychological stress and mental illness.

One in 20 adults in Canarsie and Flatlands suffers from serious psychological distress and residents in Canarsie and Flatlands have had a lower mental illness hospitalization rate over the past 10 years (excluding alcohol- or drug-related illness) than residents in Brooklyn and in New York City overall.

18 What is the incidence of binge drinking and hospitalizations due to alcoholism/drug and related deaths.

One in 10 adults in Canarsie and Flatlands engaged in binge drinking. The alcohol-related hospitalization rate in Canarsie and Flatlands has increased by more than 20% in the past decade and the drug-related hospitalization rate is lower. Death rate due to drugs in Canarsie and Flatlands was similar to the rate in both Brooklyn and NYC overall (8/100,000 vs. 10/100,000 in Brooklyn and NYC).

19. What are cancer rates?

The death rate due to cancer has remained fairly steady in Canarsie and Flatlands during the past decade.

MEN DEATHS/100,000 people

	Canarsie & Flatlands	NYC
Lung, trachea, bronchus	55	51
Prostate	30	25
Colorectal	27	23
Blood-related	17	18
Stomach	11	08

WOMEN DEATHS/ 100,000 people

Lung, trachea, bronchus	33	28
Breast	26	26
Colorectal	20	17
Blood-related	13	12
Pancreas	12	09

20. How many are receiving immunizations?

Flu shot rates among older adults fall below the TCNY target and pneumococcal (pneumonia) immunizations are even lower. The Canarsie and Flatlands flu immunization rate among older adults falls short of the target by more than 25%. Less than half of older adults in Canarsie and Flatlands have ever received the pneumococcal vaccine.

21. Tell us about infant health.

One in 10 babies in Canarsie and Flatlands is born with low birth weight and the infant mortality rate in Canarsie and Flatlands is higher than in NYC overall. About 3 in 10 mothers in Canarsie and Flatlands received late or no prenatal care which is reflected in the low birth weight and infant mortality rates.

22. What is the incidence of falls in older adults.

There was no data collected on falls in older adults.