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Dr. A

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BUF 4900: Internship

1. What was the purpose of this workshop? Its title, names of who hosted, who attended? where?

The purpose of this workshop was to refine your resume and if one doesn't have one then one should create one but with the proper guidance on how to create one. The title of this workshop was called LinkedIn Event: Rock your profile from the global strategic accounts team at LinkedIn. The hosts were Sonya Kim, Harold. Mann. Jr., Whitney Powell, and Aneesha Lugani. This seminar was at the academic building at NYCCT. Also, the purpose of this seminar was to create a practice where having a profile that stands out to potential employers and connections who may want to work with you. How to develop personal branding and to develop a unique voice on LinkedIn for networking purposes.

2. What was the most significant thing you have learned in this workshop? Why is it so important? Give details.

The most significant thing that one has learned in this workshop is the ability to be able to figure out how to develop one's own voice and how that voice could be translated to others to want to connect with one. So, understanding that language could potentially skyrocket one's career by being able to master those skills to be used by one often. These skills are so important because if one doesn't understand how to clean up one's profile on LinkedIn then one could be potentially missing a lot of opportunities otherwise, they wouldn't have if one fixed their profile and constantly updated things that are no longer relevant on one's profile because people are constantly evolving. Also, being on top of one's profile is important because it keeps the person current with the times and isn't going to let their profile go cold. One should be open to taking critiques from others and not take them in a negative way, but it is only to see one succeed in getting what they want. Never stop dreaming of what better could be if one just puts the work in endlessly.

3. What would you share with your colleagues about this professional development seminar? Why? Please explain in detail. Should be different than the previous answer in #2.

What one would share with one's colleagues about this professional development seminar is to always be open for change and not be stuck in one place for the rest of their lives working and be too afraid to want to move up on the ladder or look for other workplaces to thrive in. One's observation is like this because one was able to figure out the pattern in which people are afraid of going to that next position because of comfort. One finds it too often the case that people stay stuck because they're afraid to be uncomfortable in a new workplace. But don't make the correlation that if one feels stagnant then it may be time to look for somewhere else to work or focus on another skill to develop whilst always constantly looking for ways to keep elevating towards where one wants to go. So, it is important to always update one's LinkedIn and keep it professional nothing else from that. Another pointer, one would give their colleagues is the possibility of enrolling in professional developmental courses that could assist them in getting what they want and encouraging them to not stop learning new things and understand things are always changing and we must continue to stay vigilant.

4. How does this professional development seminar contribute/enhance your learning as a BUF major at New York City College of Technology, CUNY?

How this professional seminar contributes to one's learning as a BUF major at New York City College of Technology, CUNY by understanding what the internship course was teaching one. This is in a positive way because understanding the ins and outs of how LinkedIn works allows one to be encouraged to fix up one's LinkedIn profile. For one to be able to land employment most of the companies request a LinkedIn profile to see it online profile which could lead to my open lab portfolio. If one has a good portfolio then they could be able to see what one's past work has amounted to towards getting one's degree. Being a BUF major did further enhance one's knowledge because it made one see that there is importance in showing an employer that the past 4 years were hard

years, but a lot of beautiful work came out of those years too. So, this seminar reminded one of how to look it for one to finish up their open lab e-portfolio but now it may be a similar time frame for one's LinkedIn profile to be complete. But it is important to be able to get that done because that's how one will be able to get hired, if and only if the profile is completed.

5. What are some of the most valued lessons you have learned during your time at NYCCT? Which classes/events? Why? Give details.

Some of the most valuable lessons that one has learned during their time at NYCCT were to be vigilant and to not stop grinding. Don't be lazy because lazy work is going to be ever cut in one's bachelor's degree and nonetheless won't fly in graduate school. So, staying focused on what one wants in the world and understanding that one won't be able to get where they're going without some struggle. There's no such thing as a smooth sailing type of career because if it was people wouldn't feel as inclined to want to do it without some hardships along the way. One lesson that Dr. A has taught one is to stay hungry and never settle for what you don't want but to keep going for those dreams that one wants to achieve. Being a person who has self-worth and boundaries was what Dr. A has taught one. If it is not a professional setting, then it may be best not to go and party with your colleagues because you just never know what may occur which may mean that you may have to have your job removed from you. So, being careful is extremely important because one must always know balance and how important it is to stay in it in situations like those to avoid or reduce your conflicts with colleagues.