2014 Summer Fellowship Job Description

CookShop Classroom for After-School offers age-appropriate curricula for low-income students aged 6 to 12 in diverse after-school settings and summer camps. The program consists of a series of six weekly lessons that teach students how fruits, vegetables, legumes and whole grains grow, what goes into a nutritious diet and how to transform whole foods such as carrots, wheat, apples and lettuce into simple, tasty, affordable meals and snacks - all in line with the USDA's MyPlate. The goal of CookShop is to empower children to eat healthier. The goal is to encourage children to eat healthier.

This paid fellowship is designed to provide a direct nutrition education service experience to NYC DOE teachers, public/community health or nutrition students, or professional nutritionists while increasing the reach of CookShop summer programming. The CookShop Fellow is expected to work between approximately 20 hours per week, for six weeks. Depending upon experience teaching children, Fellows may be paired together to co-lead lessons at sites.

To Apply – deadline is May 5th:

- 1. Complete online survey and
- 2. Submit resume to <u>cookshop@foodbanknyc.org</u>

Fellowship timeline:

- May: Food Bank confirms accepted fellows
 - Thursday, May 22nd 9:00am 1:00 pm: Mandatory Fellowship Training (held in downtown Manhattan)
- July 7th August 15th: **Fellows lead CookShop lessons** (this timeline is set)

The responsibilities of the CookShop Fellow:

- Attend Mandatory Fellowship Training (date above) in preparation for conducting lessons. Training consists of Understanding the CookShop approach and USDA's MyPlate Logistics of leading CookShop lessons Reporting requirements for each Fellow ☐ Lead the full series of six weekly CookShop lessons at 3-5 summer camp sites identified by Food
- Bank (approximately 10-12 lessons per week) ☐ Ability to travel throughout NYC on public transportation (monthly MetroCard potentially provided, depending upon available funds)
- ☐ Maintain and adhere to the CookShop schedule (leading lessons at the designated time and location)
- \square Review and prepare for each lesson ahead of time
- ☐ Order the groceries for each lesson
- ☐ Maintain CookShop equipment and supplies for each site location
- □ Submit required documentation online, immediately following each lesson (via a dedicated CookShop online database)
- ☐ Attend regular check in meetings at Food Bank (once per week)
- ☐ Communicate regularly with the Food Bank on any issues or updates
- ☐ Have a great time!!