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The Rebirth of Meghan Markle

Garments, dresses, costumes, and the like have all been significant symbols in British royalty. One does not dress just for comfort in the Royal Family, but they dress to impress, *and* to serve a purpose (Friedman, 2021). If we consider one of the most famous fashion icons, Princess Diana, she was a huge fashion influencer and fashion icon. Princess Diana did not dress just to be comfortable, but she dressed in a way that influenced the family, the economy, etc positively. Thus, it comes to no surprise that the interview with Meghan, Harry, and Oprah was not JUST an interview. If we paid attention to the outfit that Meghan wore, it signified something bigger.

The NYTimes article piece stated that the dress worn by Meghan Markle signified rebirth. The navy silk wrap dress designed by Giorgio Armani included white lotus flowers. And these lotus flowers symbolized rebirth, which was the main focus of the Oprah interview due to the separation from the royal family amongst other things (Friedman, 2021). Not only that, it was also white which sheds innocence and simplicity, something Meghan strived for, fighting for her peace of mind. Ultimately, this article can be summarized to the fact that fashion as a whole is definitely a focus when it comes to self-expression and personality. The importance of this lotus flower dress let others know she's done trying to fit into this bucket people are placing her in. That her freedom and tranquility is more important for her, thus she has reborn to be herself again.

References

Friedman, V. (2021, March 7). Meghan and Harry Dressed for Oprah – And Independence. *The New York Times*. <https://www.nytimes.com/2021/03/07/style/meghan-harry-fashion.html>