I have excellent written communication skills and am conscientious and attentive to details. I keep notes as reminders in my pocket. I understand the importance of communicating my clients’ needs to others. I feel confident in speaking to physicians and interfacing with social workers. I like to keep others around me informed. I enjoy speaking to the elderly and listening to them. I feel the loneliness of some clients and make suggestions to enable them to reach out to others. I try to assist a client by asking questions and being a good listener. In this way the client may reach greater self awareness. I understand the need of elderly clients to revisit memories of the past. I try to grasp clients’ means of coping. I appreciate their struggle to maintain life in the face of great obstacles. I think it is important to make suggestions that will empower a client. I find gratification in knowing that I have helped someone else.