

**Critique 1**  
**Teresina Tomaino**  
**March 23, 2023**

**1. What, where, when and how was this professional development seminar about? 5-6 sentences**

This professional development was held through zoom on March 23, 2023 from 1:00pm to 2:00pm and was led by Nelly Lliguichushca. The seminar was a career question and answer for New York City College of Technology students. The speaker Nelly Lliguichushca had a brief introduction about the career center and the rest of the seminar was a chance for students to ask any questions they had. Resources that the school offers were explained as well as a brief overview of handshake. Questions cover everything regarding resumes, cover letters, job interviews, using LinkedIn, and searching for jobs and internships.

**2. What did you learn by attending this seminar in detail? 5-6 sentences**

This seminar offered a lot to learn by attending. I had some questions regarding Handshake, going on job interviews, and elevator pitches. All of these points were addressed by Nelly Lliguichushca by answering my questions as well as other students who asked questions similar to mine. Although I already know a lot about resume and cover letter requirements I was able to go over those once again which is always helpful. I also learned about elevator pitches, better defining what it is and how to create a solid pitch for myself. The open format of this seminar allowed me to ask questions and for clarifications on all of these topics which really helped me to understand.

**3. How did this professional development seminar enhance your career moving forward? (5-6 sentences)**

This career question and answer seminar definitely enhanced my career moving forward. I feel as though I feel a lot better about my elevator pitch now that I had the opportunity to ask questions about it. This will enhance my career because when I begin applying to jobs I will have a strong elevator pitch which will make me a strong candidate for the position I am applying to. In the seminar they explained that with an elevator pitch you really only have thirty seconds to make an impression so it is extremely important to have a solid plan. It was also useful to once again go over resume and cover letter requirements which I feel is always important to go over and reinforce as it is something that I will constantly be updating and using.

**4. What would you tell other students about this seminar and why should they attend? (5-6 Sentences)**

I would tell other students that this career question and answer seminar is extremely useful for students about to graduate. The best part about this seminar is that students can ask questions about anything and they will be answered on the spot. Having an hour to ask any

questions you have about starting your career is priceless. I found it was also very helpful to hear questions that other students have because they provided a lot of useful information. If any questions you have aren't answered during the session you are also provided with information on how to make a one on one meeting at the career center where you can get even more assistance.

**Zoom Link:**

<https://nam10.safelinks.protection.outlook.com/?url=https%3A%2F%2Fus02web.zoom.us%2Fw%2F81208718070%3Ftk%3DaxNjupGS6LZQShmOoPEe16ulZmqnT9TVcJE1WsD5H-8.DQMAAAAS6Gqy9hZOam1mRzY2NIJ1eXQ1S21xWIZ5R3NBAA%26pwd%3DcENGOERkWXpnTmFSeGVSSXpVWnJhZz09&data=05%7C01%7C%7C2f961d0034304c73fed008db2ada3d11%7C252ec9a0a12c49f9ba6628624defd571%7C0%7C0%7C638150889079207760%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ikk1haWwiLCJXVCi6Mn0%3D%7C3000%7C%7C%7C&sdata=atc5kiWCh7DKPC0eCLLadVFdqkGJiqkRYawcWJqR%2BE%3D&reserved=0>