Critique 1 Teresina Tomaino March 6, 2023

## 1. What, where, when and how was this professional development seminar about? 5-6 sentences

This professional development seminar was held through zoom on March 2, 2023 from 6:00pm to 7:15pm and was led by Natifa Gordon. The topic of the seminar was professional career development at City Tech for students and alumni. The speaker Natifa Gordon touched on several important topics which were extremely important for students who are about to be graduating. She explained resources offered by the school to improve resumes, cover letters, and job interviews. As well as speaking about Handshake and how to use it efficiently.

## 2. What did you learn by attending this seminar in detail? 5-6 sentences

Attending this professional development seminar taught me what the eight career competencies are and why they are so important. Those competencies are career and self-development, communication, critical thinking, equity and inclusion, technology, professionalism, teamwork, and leadership. Although I do believe that the most important thing I took away from this seminar was finding out about all of the career resources that City Tech offers. Prior to this seminar I didn't realize just how much City Tech offers its students when it comes to being career ready.

## 3. How did this professional development seminar enhance your career moving forward? (5-6 sentences)

This professional development seminar enhanced my career moving forward because I now know more about the resources I have available to me through my school. Guidance from City Tech will help me ensure that I am putting my best self forward when pursuing my career post graduation. I know how to get access to important resources that will improve my resume, cover letter, and interviewing skills. It was also interesting to learn more about Handshake which can potentially help me find an entry level position in my field. Learning how to use Handshake effectively will make a big difference when it comes to setting up my profile and applying for jobs.

## 4. What would you tell other students about this seminar and why should they attend? (5-6 Sentences)

I would strongly encourage all City Tech students to attend a professional development seminar on career development especially those who are in their last semester. Attending the seminar will help you to understand the services offered at City Tech for career assistance. It is so important because if you don't understand the services offered or how to access them you will never be able to take advantage of them. This is assistance on a subject that applies to real life

and can potentially help you to land a job in your field post graduation. Being that these resources are all free and fairly easy to access it only makes sense to use them as much as possible to improve your future.

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