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Professional Development Critique #1

What, where, when, and how was this professional development seminar about? 5-6 Sentences

In the comfort of my own home I joined a Professional Development online webinar. The name of the Professional Development online webinar was Pave Your Way- Career Planning 101. The webinar took place on March 7, 2023, and started at 3:30 pm and ended at 4:30 pm. This webinar was created to help students find their career paths. In the seminar, the career advisor Christopher Millington gave steps to help students learn about who they are. He focused on the main topic of “discovering self” and how that applies to starting your career.

What did you learn by attending this seminar in detail? 5-6 sentences

I learned so much by attending this seminar. I learned the importance of basing our future careers on the life that we want to live. He spoke about the importance of career planning. He stated that we should research the companies that we want to work for. He spoke about finding their company mission. He taught us about the Self Assessment that is available on the Handshake app. He also spoke about signing up for organizations that are based on our career interests. All in all, today I learned that my career has to align with my life goals and the lifestyle that I want for myself. I learned that everything really does start with self and tapping into my relationship with self and the person that I want to be.

How did this Professional Development seminar enhance your career moving forward? 5-6 sentences

This Career Planning seminar is definitely going to enhance my career moving forward. I will be researching every company that I want to work for. I also would deep dive into their companies mission statement. I love the self-assessment that Professional Development offers. The self assessment is going to help me find out who I am. I will find out what I like and how that intertwines with the career that I want. I learned about the Occupational Outlook Handbook. I haven't heard about that since middle school. I have three new steps that I am going to take to enhance my career moving forward. The first step is Self-Assessment, and the second step is researching the career that I am interested in detail. The third step will be signing up for the organizations and start applying for jobs.

What would you tell other students about this seminar and why should they attend?

I would tell students that they should start with this seminar. They should attend because it forces them to think about themselves. Usually, in life it's easy to speak about yourself but, pertaining to your career is harder. I never thought about how a career goes hand in hand with life goals. I'll tell students to know in detail the career and direction that they are going into. I would tell them this seminar caused me to get detailed and intentional with the life that I want.