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## Professional Development Critique #2

What, where, when, and how was this professional development seminar about? 5-6 Sentences

I attended the Career Navigation Support seminar presented by CUNY alumni. On April 19th, at 2:00 pm, CUNY hosted this professional development seminar on Zoom. The purpose of this professional development seminar was to provide current students with advice from CUNY alumni. In their advice, Alumni discussed the struggle to maintain a balance between school and personal life. The session covered tips for job searching, networking, resume writing, and technology programs.

What did you learn by attending this seminar in detail? 5-6 sentences

The Career Navigation Support seminar was very informative for me. The importance of highlighting your accomplishments on your resume has been explained to me. A few alumni of CUNY were in Human Resources. We learned that one of the most important parts of resumes is the skills section. It was also discussed how important it is to maintain good relationships with colleagues and faculty members. Also, they told us it's not about where you have worked, but what you've learned from it. They told us to emphasize our willingness to learn and our abilities in our cover letters. The seminar ended with us breaking into groups based on our majors and discussing tech groups to join after graduation.

How did this Professional Development seminar enhance your career moving forward? 5-6 sentences

As a result of this Professional Development seminar, I feel like I have received a cheat code for my career going forward. Usually, we hear advice from professors or faculty, but hearing it from people who have been in your position feels more credible. The fact that the CUNY alumni are also in Human Resources lets us know what they look for when hiring. There was a discussion about how you should have a general resume that you can customize for every job you apply for. In the past, I sent the same resume to every job. It's now clear to me that I shouldn't do that. They

also discussed the importance of certifications and how they can help you stand out from other applicants.

What would you tell other students about this seminar and why should they attend?

Attending this seminar is definitely something students should do. Having someone who has been in your position tell you what they experienced is inspiring. To make our resume stand out, they literally told us the words we needed to include. Discussed the importance of networking on LinkedIn and the construction of cover letters. Additionally, we learned about tech programs and certifications. As a black woman, I learned that there are tech programs specifically for black people. We learned a lot in this seminar, so students should definitely attend. A highlight of the call is the fact that we break into career-related rooms towards the end. During those break rooms, we spoke specifically to those alumni and asked them all of the questions we desired to be answered. As a result of this seminar, I honestly believe that my life has changed for the better. As a result, I feel prepared to begin my career.