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Behind closed doors

When I first heard about this T-shirt project I had so many ideas. I was thinking of symbols and pictures that I could place on my shirt. I thought about even dying my t-shirt a different color. Then I realized something about the “real” Tania. Every time I am asked to describe myself I freeze up. I never know what to say because I am trying to figure out who Tania is myself. I feel like turning 21 years old was an eye-opener for me. I was forced to figure out my purpose and try to be nicer to myself. I wanted to give this intro, therefore, it would be easier for you to understand the meaning of my shirt.

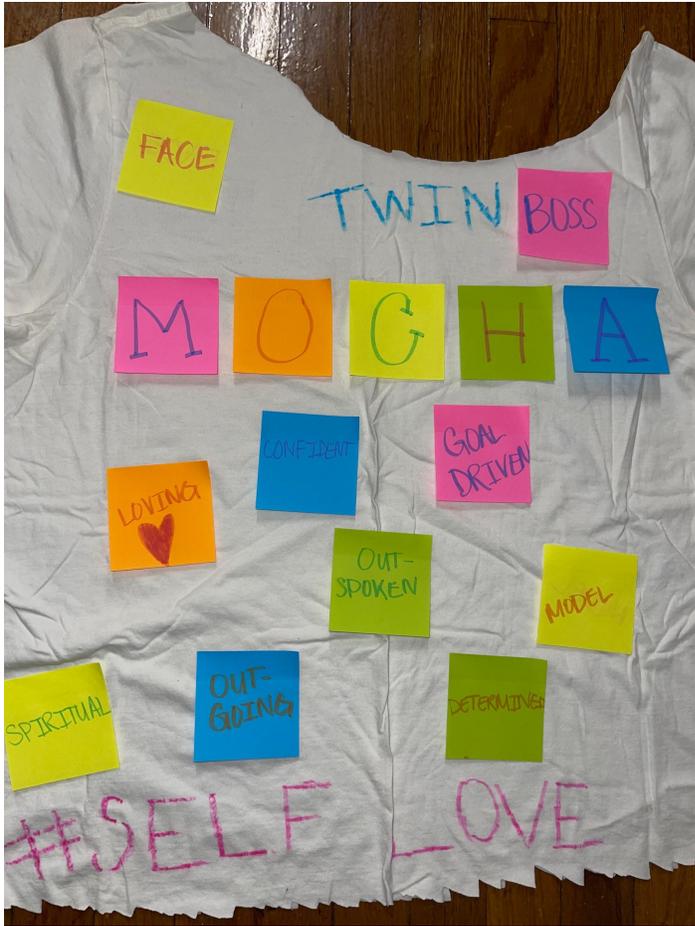
The first step of my shirt was the design that I felt described me the most. I decided to cut my shirt into an off-the-shoulder shirt. I *reshaped* a 2x white t-shirt that I found in my house into an off-the-shoulder shirt. I feel like an off-the-shoulder describes me the best because it’s still edgy but not showing too much skin. The younger me would have definitely turned the t-shirt into a crop-top but, but the older I get I don’t care to show as much skin. With an off-the-shoulder shirt showing that little bit of shoulder still looks sexy. Whenever I am going outside my main goal is to look good and feel sexy at the same time.

Secondly, I thought about who am I. What describes me? What do I really like? Then it finally hit me. I am a very spiritual person and I believe in manifesting my life. I also believe in speaking positivity into myself. That is who Tania really is. I decided to add post it sticky notes to my t-shirt. I *clipped* each post it sticky note to the front of the t-shirt with glue. On the front of my t-shirt, I spelled out the name “Mocha” with different colored sticky notes. Why? I have an alter ego named Mocha. She is my higher self. She is who I’m working to become every day. Surrounding the name Mocha I used multiple sticky notes to describe who she is. I used different colors to relate to the color of each sticky note. The pink sticky notes are who I am in my work environment. I am ambitious and finding my purpose is the most important to me. That is also why the letter M is the pink sticky note. The orange one is to describe my heart. The color orange to me is my heart. The yellow notes describe who I want to be. I said “Face” because Mocha is the face that people see. Mocha is the model and the one who isn’t afraid of showing her spiritual side. The green is my personality regarding my goals in life I am very “outspoken and determined”. Mocha is never afraid to speak her mind especially when it comes to getting my point across. The blue is the “confident and outgoing” me. I made the blue represent who people think I am.

Towards the top of the t-shirt, I *inserted* the word “Twin” because that represents my alter ego. Mocha is like a whole different side of me. On the bottom of the t-shirt, I added the hashtag “self-love” because that is who Mocha represents. She loves herself so much that she doesn’t

care about what people think of her. Now let us get to the back of my t-shirt. I left a lot of white on my t-shirt because I thought of my shirt as my journal. The front of my shirt is post it sticky notes because that describes the positive me and speaking positivity into myself. While the back of my shirt describes my journal and some of my real thoughts. Even If they are good or bad. They are still a part of Tania. I used the blue marker because blue symbolizes a sense of calmness and openness for me to be honest. I placed “God” on the top of the shirt because he is who I get my energy from. He is my backbone and without him, Tania wouldn’t be as strong. I *inserted* God in pink because in my form of calmness he is my light. Also pink is my favorite color. I placed Tania in the middle because the words around me are how I would truly describe my feelings. I placed words like “Overthinker, shy, deep, misunderstood, and isolated.” Tania is the complete opposite of Mocha. She is still a part of me. She is calmer than Mocha but, on the same token, she doesn’t care about what people say. Tania would like to live on an island away from everyone. Tania doesn’t want to be on social media. Tania just wants to be left alone. Tania feels like everyone doesn’t deserve to know this side of her. Tania feels lost and her main focus is to follow God’s word.

Toward the end, I wanted to *pre-shape* my shirt some more so I cut the sleeves off of the shirt. I also cut the bottom of the shirt in a zigzag position. Similar to the sleeves. I did that on purpose because zigzags or patterns add a form of playfulness to the shirt. I am a playful person and I don’t like being plain and basic. I also make every situation deep and try to find the meaning behind everything. The front of my t-shirt is Mocha and I described her using sticky notes because it represents the positive affirmations that I place all over my room. My affirmations and the first words that I read before I start my day. The front of my shirt symbolizes my mirror with encouraging words. The back of my t-shirt describes my journal and how I truly feel. The back of the shirt is my thoughts and my true feelings that only me and my journal know about. That is who Tania is. Tania is a mix of Mocha and the true Tania. All I do is try to balance the two and make it become one.





QUIET GOD

MISUNDERSTOOD

OVERTHINKER

TANIA

ALONE

SHY

DEEP

ISOLATED

UNDERSTANDING

SPIRITUAL

RESERVED