Individual Strengths Statement

My strength is my compassion for patients. Being able to empathize and understand patients is essential in nursing practice. I am committed to my patients. I always put myself in the patients’ shoe and be sensitive to how they may be feeling, respecting their concern or viewpoint can help them feel cared for and accepted. Listening to patients helps me to understand and comfort them appropriately, it also helps me identify feelings the patient may not be aware of or is unable to express. Compassion generates warmth towards patients and helps them feel more comfortable around me, it builds trust and understanding with patients and gives me the strength I need each day in my nursing practice, to provide high-quality compassionate care to the patients.