

Sumen Zhao

Kolb Learning Styles Inventory- Learning Style Types Profile Activity

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According to the Kolb learning styles inventory my learning style is reflecting and I am able to “organize information or analyze data in a manner that is meaningful and orderly” and also I “thrive in learning situations which are rich in dialogue and discussions, but also feel comfortable learning from lectures, independent projects and from reading.” After reading the general characteristics I agreed with the results and I am satisfied with my results because it says I am mostly flexible with my learning styles and it would not be hard for me to grasp concepts taught differently.

According to the Kolb learning styles inventory learning strengths include understanding others points of view and gathering information. Understanding others points of view played a role in my learning because it made me realize not everyone looks at the something and thinks the same way as everyone, there are different sides of each story. While working front of house at the counter I was yelled at by the manager for not informing her that a guest had complained about their order and left. In reality the guest had complained about the order to another cast member and they informed the manager in which she went to personally follow up on the order. I had filled the order by picking up their meal from the window and delivered the meal to them a few seconds before. I felt it was rude to get yelled at when I was not at fault but I understood that she was angry because it was busy and she was pulled off from her task to follow up on an order which was already completed.

Gathering information is a strength of mine because I find I am at ease when I have research reports. Gathering information can be used outside of class and in everyday life because shopping online is convenient and I like to compare reviews, specifications and price online before buying an item..

According to the Kolb learning styles inventory learning challenges include rumination and speaking up in groups. According to wikipedia in which they quote “the Response Styles Theory proposed by Nolen-Hoeksema (1998), rumination is the compulsively focused attention on the symptoms of one's distress, and on its possible causes and consequences, as opposed to its solutions.” Rumination has cause me problems in learning because I focus more on my emotions rather than trying to solve a problem.

Speaking up in groups is a learning challenge for me because I feel as if I would say the wrong thing or be unable to explain myself to the extend where others would understand it easily. This challenge has cause problems in my learning situation because my teachers usually classify me as quiet. It has also caused problems in my learning situation because participation is a section of your grade and if you don't talk to yourself long enough you will lose points.

Understanding my learning style helped me increase my effectiveness in solving problem because I tend to want to think outside of the box and adjust to the environment. I realized this might have to do with my flexibility to learning and I am happy that I am adjustable to different styles.

Understanding my learning styles also helped me increase my effectiveness in communicating at work because I am now more active in group participation and I hope it would alter my learning style. I also try not to let my feelings get in the way when a problem emerges because it would affect my behavior and mood while working. I hope to keep a professional outlook during my time as a cast member.

Traditions, back of house training front of house training and also PAC/strollers, ODV, and merchandise were all training I had to do so far as a Disney college program. During

traditions I don't believe I learned much because the slides were not that captivating and also seemed a bit simple. On the job training and actually being scheduled to work were a little different, while training we were quizzed constantly on the hold times and temperature danger zones while working we were told which buttons to press on the timer to help us keep track.

Disney uses many different training techniques to appeal to different learning styles and I am happy that I had a high flexibility score. We were informed of red, green and yellow zones from Andy while watching a training video to help us understand how to reduce stress on the body and also were told to follow the demonstration to see how each zone affects us personally. After learning of my learning style I realized why I was able to grasp certain information easier than others.

According to the results of the Kolb learning style, p17 my learning flexibility score is .83 which indicates that I tend to modify my learning style to meet the demands of different situations. I can be more effective in learning situations in the future after learning about my flexibility score because I can adapt to most.

This knowledge helps me realize what I need to improve or adjust to learning while analyzing, initiating and experiencing. I am hoping to be more analytical about situations in which I am experience. I hope to become a more forward person and deal with my problems instead of running away from them.

References

wikipedia. N.p., n.d. Web. 21 Oct. 2015.

<[https://en.wikipedia.org/wiki/Rumination_\(psychology\)](https://en.wikipedia.org/wiki/Rumination_(psychology))>.