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Dr. A

### Professional Development Critique #1

1. What was the purpose of this workshop? Its title, names of who hosted, who attended? Where?

I attended the CUNY Tech Prep Info Session & Pitching Yourself webinar on Friday, October 13, from 12:00 p.m. - 1:00 p.m. The workshop was held virtually by the main host Selene Shen and two advisors Jaicee Norville, and Shavon Overstreet with around seventeen New York City College of Technology students. The purpose of the workshop is to prepare City Tech students for their careers. Typically they coach students in a year long program to help them gain a better understanding of the job workforce. They teach STEM students how to do specific projects pertaining to their fields that will later help them in a real life job scenario.

2. What was the most significant thing you have learned in this workshop? Why is it so important? Give details.

The most significant thing I learned during this workshop is that CUNY allows students to have such amazing opportunities that will later qualify them as potential candidates for jobs they want to apply for. I do wish I had known this my Freshman year of college because I would have signed up for it. The program helps students become more competitive and meet job recruiters. I learned that this program will also help students develop professional and personal development which is essential in today's society. Looking for a job is difficult for students who have no experience in the work force and as mentioned this year long program helps them qualify for jobs.

3. What would you share with your colleagues about this professional development seminar? Why? Please explain in detail. Should be different than previous answer in #2.

The seminar has many connections to outside sources. They build communities and this allows students to connect with people who are in the industry. This not only allows students to learn, but they also gain knowledge from one on one mentorships. With the one on one coaching program students are able to work more closely with mentors and this allows them students to gain more resources. Not only will students gain resources, but also materials that allow them to find jobs once they graduate.

4. How does this professional development seminar contribute/enhance your learning as a BUF major at New York City College of Technology, CUNY?

This seminar enhances my learning as a BUF major at New York City College of Technology, CUNY because as fashion and business majors it is important for us to constantly pitch ideas. Whether it be pitching ideas in group projects, solo projects or an elevator pitch we are always doing so. It also allows BUF students to understand that if you want to be someone

who does not blend into the background you must push yourself to take those steps in your career. Pitching yourself and your ideas is what makes each student unique. Learning how to do so will encourage yourself to be more confident and is one of the reasons I enjoyed this seminar.

5. What are some of the most valued lessons you have learned during your time at NYCCT? Which classes/events? Why? Give details

The most valuable lesson I learned during my time at NYCCT is how to be more open with classmates. Before the pandemic I would always be the type of person to sit in the back, listen to the lecture, take notes and leave. I did not enjoy interacting with people and I most certainly did not enjoy asking for help or questions. After the pandemic I started getting more comfortable within the classroom and I gained more confidence. Ask questions, ask for help because there is nothing wrong with doing so. Attending college in general has helped me gain more confidence within myself and overall has helped shape the person I am today. I sit in the front of the classroom, I raise my hand and I ask questions.