Short film about mental illness & Islam

"No Safe place, except faith”

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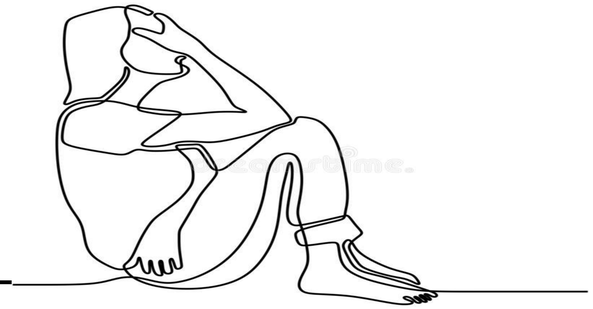

Summary

For my culmination project, I’m planning to make a short film which depicts the struggles of mental illness. The protagonist of the film is a 23-year-old female, who suffers from chronic depression and anxiety disorder. She finds meaning in life as she embraces religion as means for internal peace. My film will try to portray a raw struggle of mental illness in hopes to capture the reality of battling an internal torment, which is still often stigmatized by our society. I believe mental illness receives improper representation in the media, oftentimes romanticized or exaggerated. A 10-minute glimpse into the world of my protagonist will help viewers to get a better idea of the real struggle that people with MDD (major depressive disorder) and anxiety often face. As a Muslim, I would like to represent the importance of my religion in helping to find purpose. My work will be conducted alone. The reason why I would like to be the editor of this film is to ensure that I can reach those who have their own difficulties and offer a place of compassion and respect for the silent battles that aren’t vocalized. This is a great opportunity to have an impactful message, while also expanding upon my video editing skills.

Description

The finished project will be a 10-minute film. It is about a 23-year-old female who is contemplating taking her life due to her mental illness. As the story develops, the protagonist finds herself drawn back into Islam and receives peace of mind towards the ending. The reason why this topic interests me is because mental illness receives poor representation. In addition, Islam is often viewed negatively, however I would like to show its liberating side for believers. I am extremely determined to succeed in editing, and I am willing to get involved and be prepared to do the most basic tasks. I also expect to learn more about editing software like Avid, as well as advanced editing. My role in the film is to serve as a director, camera operator, and editor. As mentioned earlier, there is one actress in the team. I hope to present a high quality, inspirational film to the faculty of the Entertainment of Technology. I believe this project will lead me to future career paths.

The Process

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1. Meeting with a team

2. Setting up the studio

3. Obtain camera equipment

4.Creating an outline

5. Obtain the video editing software

6.Laying out all of the makeup and supplies

7.Do a test video

8. Then you would want to choose the video speed, transitions, and effects.

Methods

1. Making an outline first
2. Doing a test video
3. Record voice and video separately
4. Demonstrate the steps carefully.

Deliverables

1. Schedule of video editing
2. Completed document
3. Open lab portfolio
4. Poster

Required Resources

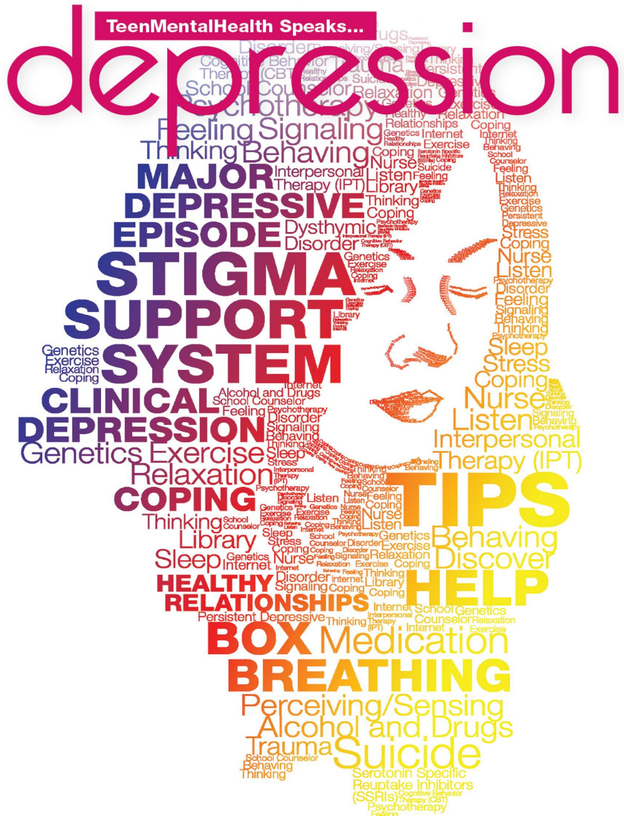
Hardware
1 HDD drive 7200 RPM
Camera equipment
Lighting
Makeup and other supplies
AVID Media Composer

Budget

		Quantity	Estimated Cost	Actual cost
Editing software	Avid Media Composer First	1		$0
Camera	EOS REBEL T7	1		$0
Lighting	Sunpak DF4000U	1		$0
	Make-up & Hair	1		$0
	Transportation	12-16		$200
	Locations	10		$80
Drive	7200 RPM drive	1		$89
	Special Effects	2		$0
Total Production				**$369**

Schedule

Task	Start	End	Duration
Working on proposal/ story board	1/31/2022	2/15/2022	
Video shoot 1 (Cemetry)	2/15/2022	2/15/2022	
Meeting slip 1	2/16/2022	2/16/2022	
Video shoot 2	2/18/2022	2/18/2022	
Work on e-profolio	2/28/2022		
Video shoot 2 B (Rockaway beach)	2/29/2022	2/29/2022	
Video shoot 3 (Apartment)	3/4/2022	3/4/2022	
Video shoot 4 (Car + Supermarket)	3/7/2022	3/7/2022	
Meeting slip 2	3/8/2022	3/8/2022	
Work on editing	4/1/2022		
Practice	5/3/2022	5/8/2022	
Present video	5/9/2022	5/16/2022	



Results

The expected result would be a short film; viewers can see exactly how techniques are executed. Editing can take a lot of work, but it will be worth it to see your finished product and to see how others benefit from your knowledge and expertise.

Conclusion

In conclusion, there are many aspects to developing this skill and this project is an excellent opportunity to start. Participating in this project will have a huge impact on my future. This will completely change how I would do things for the following projects. Editing this type of film is challenging because it’s the key to blending images that you can formulate a way to put it all together.

Literature cited

N/A