Date	Start Time	End Time		<b>Total Duration</b>	<b>Cumulative Hours</b>
			Seaniah Mcleod Internship Summary		
1/15/2024	1:33 PM	5:03 PM	Brainstorming visual merchandising strategies for Valentine's Day	3:30:00	
1/16/2024	1:24 PM	6:12 PM	Created Marketing video using Canva and posted on Instagram & Tiktok	4:48:00	
1/19/2024	12:19 PM		Created collage video for Tiktok using Canva and Photoshop app	3:33:00	
1/22/2024	12:21 PM		Answer direct messages and emails.	4:55:00	
1/23/2023 1/24/2024	1:06 PM 1:25 PM		Research fashion trends for Upcoming spring/ Engaging with customers online.  Created 4 Instagram Stories and 1 post, introducing item	4:09:00 3:41:00	
1/29/2024	1:01 PM		Participated in marketing campaige by using myself as model for brand	4:09:00	252:31:00
1/30/2024	1:46 PM		used previous footage to create engaging post on social media	4:00:00	202.01.00
1/31/2024	1:30 PM		Curated two videos showcaseing three diffrent looks each.	3:14:00	
2/1/2024	1:30 PM		arranged outfits on mannequins and created social media post on instagram	5:19:00	
2/2/2024 2/5/2024	1:13 PM		curated diffrent looks on displays for social media post	4:43:00	
2/9/2024	1:00 PM 12:51 PM		Video showcasing three diffrent winter looks Leveraging myself as model to showcase clothing on social media. 3 post, 1 video	3:57:00 5:13:00	
2/12/2024	1:34 PM		Posted new arrivals on all social media accounts	3:46:00	
2/13/2024	1:18 PM	6:02 PM	Check social media profile activity, and conducted market research to identify trends.	4:44:00	
2/14/2024	1:37 PM		Created graphic Valentinesday post on all social media platforms.	3:25:00	
2/16/2024	2:32 PM		Introducing Shirting Dresses on instagram and TikTok using canva	3:04:00	
2/19/2024 2/20/2024	1:27 PM 2:20 PM		Introducing new items, on instagram account Posted 1 story and 1 instagram video, showing three summer looks	4:26:00 3:11:00	
2/21/2024	12:57 PM		Created 4 Instagram Stories and 1 post, introducing item	4:39:00	
2/23/2024	1:47 PM		Utilized Canva to create and post on social media accounts	4:17:00	
2/26/2024	12:16 PM	4:51 PM	Taught how to create Lookbook through "Indesign 2023". Created insta content	4:35:00	
2/28/2024	12:59 PM		Use Win Fashion Software to add fabric descriptions and check updated photos + research Spring trends	5:14:00	
3/1/2024	1:45 PM		Help with production process by checking fit of clothing + Easter Content	4:19:00	
3/11/2024 3/12/2024	1:07 PM 1:02 PM		Created one video showing three diffrent styles Styled five different outfits using one blazer and created Instagram content	3:58:00 5:33:00	
3/13/2024	12:59 PM		Used Canva to create video layout for new merchandise	5:24:00	
3/15/2024	2:44 PM		Utilized myself as a model to showcase 4 different outfits, on social media accounts	4:18:00	
3/18/2024	2:47 PM		Prep Easter theme content for tomorrow by researching the lastest spring trends and picking out apparel.	2:37:00	
3/19/2024	1:15 PM		Post Easter theme content on all social media accounts.	5:09:00	
3/20/2024 3/22/2024	12:30 PM 1:44 PM		Prepare for new fashion arrivals and formulate a strategy for tomorrow  Showcased new arrivals on tiktok and Instagram. Engage with customers in comments and direct messages	5:57:00 4:52:00	
3/26/2024	11:58 AM		Answered direct messages and scheduled beah content for Friday	5:02:00	
3/27/2024	2:55 PM		Used store mannequins to displays pieces for Instagram content	3:02:00	
3/28/2024	1:01 PM		Checked business analytics and created interactive polls/ quizzes for consumers	5:01:00	
3/29/2024	1:01 PM		Post Q&A sessions where followers can ask questions/ answered direct messages	5:19:00	
4/1/2024	1:01 PM		Utilized myself as a model to showcase 4 different outfits, on social media accounts	3:56:00	
4/2/2024 4/5/2024	1:01 PM 2:20 PM		Showcased new arrivals on Tiktok and Instagram. Analyze sales data to identify patterns.  Created videos on modest clothing and answered direct messages	5:16:00 3:32:00	
4/8/2024	1:03 PM		Participated in viral Tiktok trend on Instagram and Tiktok. Research ways to enhance consumer participation.	4:17:00	
4/9/2024	12:00 PM		Added categories to Shopify plus created content for Instagram and Tiktok	6:30:00	
4/10/2024	9:34 AM		Utilized textile textbook to recognize fabric desciptions when adding into data bases. Added images on Win Fashion		
4/12/2024	1:32 PM		I participated in a Salvation Army initiative, 'Doing the Most Good' where company donated clothing to charity	4:21:00	
4/15/2024 4/16/2024	1:09 PM 1:12 PM		Created Marketing video using Canva and posted on Instagram & Tiktok.  Added categories to shopify website and created content for Instagram and Tiktok	4:19:00 3:53:00	
4/19/2024	1:30 PM		Created Mothers day content on Tiktok and Instagram. Create plan for Mondays content.	5:09:00	
4/22/2024	12:29 PM		Provided insight on clothing recommendations with the production team and scheduled content content.	6:08:00	
4/23/2024	11:38 AM	6:38 PM	Updated business poshmark account and made 3 post. Answered direct messages	7:00:00	
4/24/2024	11:24 AM		Created two Instagram posts, two story posts, and two poshmark posts.	7:11:00	
4/25/2024	11:49 AM		Created Tiktok meme video, schedule one social media post, (2) Instagram videos	7:00:00	
4/26/2024 4/29/2024	11:35 AM 11:00 AM		Created three collages for Pinetrest posts and content using a model for Instagram.  I presented new apparel on model for Instagram and tiktok content. Provided online customer support.	7:00:00 7:00:00	
4/30/2024	11:00 AM		I curated outfits for a continuous shoot with model. Checked all business accounts progress and compare to previous		
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Type the time as follows, 1:23 pm and hit enter
Columns E and F will change automatically
DO NOT TOUCH THEM

Drag F Column to continue Cumulatice Hours To do this, click last box in row f, hover over the circle on the bottom right and drag it down