**Final Portfolio**

*Unit 1 I must say had me thinking a bit about myself because I never really thought in depth about my freedom, yes I already know about my race and how we are treated because of our skin but I thought about myself because I’m more than just a color.*

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**“Free to be Me”**

I am a young women, and I also happen to be black, and because of the color of my skin, not just me but everyone else who share the same color I do aren’t treated the way we want to be treated. But, that's not what I will be talking about. I’m not gonna talk about race and freedom, I’m going to talk about myself. Something my mom, and grandma didn’t know about before which is my sexuality. But now in May they do know but nothing has really changed.

When I think of freedom, I think of being able to do things that others wish they could do. People have more freedom than others, as for me my freedom is controlled by my parents and religion. Now growing up as a Jehovah witness I was restricted from doing what other kids got to do, I couldn’t celebrate christmas, halloween, and thanksgiving. I couldn’t even celebrate my own birthday, it wasn’t a special day, it was just a regular day, but because I was a child then I coped with it because I had to listen to my parents.  But as I got older I realized why I never really felt attracted to guys it was because I was gay, but living in a household where my mom constantly says how disgusting gays are especially when it shows on tv even though she has gay friends it is hard for me to be myself. And because I live under my moms boyfriends roof I’m not free to be who I am because of them. Therefore I am not entirely free, I can’t choose a certain hairstyle I want, I can’t dress the way I want to, it’s not because they tell me not to it’s because they don’t know my secret and one thing can send red flags to my mother and her boyfriend. So because I am not free to be who I am I am not happy. I guess because I am a female I should dress like a female and not dress comfortable.

Being black I don’t have freedom because of the color of my skin, but even if the world today fully accept black people and we have our freedom, I wouldn’t be free because of who I am and what I like. I feel trapped and as of now even though my mom knows I like girls I still feel like I’m a prisoner because I am being told just because I’ve never been with a guy I’m not that way, I need to give guys a chance. I can’t live my life unless I leave them and go off onto my own  and decide what I want for myself because this is my life and I’m gonna live how I want to live it.

I thought maybe if they knew things would be different but nothing has changed and everything is still the same, but what is worse is that every female I get into contact with it can trigger my mother, I even want to travel and my mother thinks I’m searching for a women. Even if I was it’s my life and I should do what I want, but because I’m a Jehovah witness I must make Jehovah happy not myself I need to follow the truth which I have been told, but will I do it for them or myself I truly cannot answer this yet because i love my grandma to death she is my best friend and it hurts when she is disappointed.

**Fear and cure**

My fear is humiliation, this fear holds me back from doing great things like; Being the star basketball player and captain, talk in group discussions no problem, do acting, give a speech, and asking for teachers for help in math. This humiliation is having a huge affect on my life because its holding me back. What I need to learn is that I’m not alone and that it is okay to make mistakes and by making mistakes we learn from them and it’ll help us grow.

**Unit 2**

*When we got into unit 2 I had no idea what I would be doing, when I did eventually figure out what I would write about it wasn’t fully complete because I realized I am missing small things that are important and looking at it I see that all the steps I had put down is a lot to even get started on what you need to do.*

**Recipe how to practice violin**

**Prepare**

* Get violin case containing the following; Violin, bow, music sheets, song book, rosin, and shoulder rest.
* Have music stand out and ready

**Directions**

* Take music out and place on stand
* Take out bow and tighten bow
* Add rosin to bow
* Take violin out and attach shoulder rest to it
* Using bow play the A note on violin and make sure all strings are tuned
* Once it is tune play a few scales with a metronome to keep the rhythm
* Once you warmed up with scales start practicing the music in front of you on the music stand.

**Unit 3**

*The skill I had to do further research on about violin I really couldn’t find much of an issue so I thought about something that I see all the time since I use to play and looked up what can resolve this issue. Clearly I am still in the process of doing this so hopefully my lazy ass has made the violin video so everyone can enjoy.*

**Unit 4**