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English 1121-E106

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Final Reflection

Format unit 1- Final Reflection

Rahman Amina

English 1121-E106

To be honest I will forever miss this class. This was my favorite overall class out of all. I've been going through a lot of stress this semester and I may say she made it a lot easier and made me read more than before. I used to dislike reading. Because of this class made some interesting topics and followed along which I succeeded the most. I can't thank you enough thanks for all the helpful benefits you have taught me. This will definitely help me in the long run. I used to like English in high school but for some apparent reason I started to drop in college but also picked up where I left off. English will help me dig into more research for my major. But thanks again for making this class special. I will miss you and cherish the moments we shared in class. I will keep you in my prayers.

In unit 1, was my most challenging one because I had to really think deep in this topic. I wrote about my fear. I wrote different things about what I fear in life from childhood to adulthood. This made me realize what life was about when your afraid of something, reality hits you. Meaning your awake and aware. Everyone views fear differently but the way I define fear is how life is tested and we're here for a reason. I'm proud of how much effort I put up to make my family proud. This generation we work so hard and forget to cherish the little things in life. One way should be is to communicate with them maybe not on a daily basis but at least make small talks which can help the day a little better. Try to put a smile on your parents face.

Fear

Fear is an unpleasant feeling caused by the belief that someone or something is dangerous, likely to cause pain, or a threat. We all seem to have a fear of something that gets in the way of life. Some are scared of living things such as roaches, snakes, spiders, ghost and etc.

We can all think about this for a second: is this what we're scared of or is this all in our imagination. Fear as a child is way different than our adulthood.

As a child I was scared of almost everything. I was scared of big roaches. I would literally jump on a bed or chair and scream for my mom to come inside the room and kills it. My poor mom would laugh so hard and call me a scaredy cat. Another example, I was scared of drunk men. If I saw any drunk men in the streets while I'm with my mom I would always think they might attack me or my mom. Majority of people are violence when they are drunk, so I would never want to be around them. But there were a lot of them in my neighborhood.

Another example, not succeeding in life. There has been many times I thought of giving up on school. Every tear drop, struggle, and stress helped me to push myself everyday to become a better person. I try to study in between of going to school and working full time. This has been really tough on me. I've gotten very overwhelmed at certain points. I am working hard on my life and future in order to make them happy, especially for my mom. But most importantly without my two besties Meva and Rob, it has been both my motivation through it all. I thank them for always being there for me and helping me as much as possible.

Lastly, I'm afraid of losing my parents. People need to realize that as we get older our parents are getting old as well. It's sad to say but true. We just don't know when our time ends and only god knows. I would hate to see my parents go. It's also sad that I have to work so much that I don't get to spend time with them. Life gets so busy and we forget to spend time and cherish those little moments.

These fears are definitely beneficial to me because I learned to love and have patience with myself. While growing up everything made sense to me. Being scared of roaches have never changed and that's one thing that stayed constant. The only thing that I'm fearful of is of life and how life works. I believe we are born here for a reason and it's all a test. People forget that. Maybe others view it differently, but I was born to be different and unique.

Format unit 2- Final Reflection

Rahman Amina

English 1121-E106

In unit 2, The Idea of Freedom was an interesting topic for me and other people. We'll ask yourself how does freedom work? Some may say some people have rights while others don't. We live in a society where women don't have a voice. It's 2019 and it's our time to shine. We need more women power. We need things to change now before things get worse. This was a another challenging topic because I spoke about how Bangladeshi women don't have rights. I think it's time for a change and we need to spread the word and help them out. The way I can make this change is to send volunteers who are willing to take a ride with me to Bangladesh and work with the presidential or anyone who's willing to help this organization.

The Idea of Freedom

We all wonder, what does freedom really mean? America in itself is constantly changing: sometimes it seems as if religion can get some people into trouble, which makes people feel as if they don't have a voice or a say in what they may or may not believe in. A sense of freedom in this country is hard to find in certain situations. We need things to change because this society seems as if it is being caught up with the old generation's way of thinking: this has us all separated, it seems. Now, let us take women for example, I feel like not enough of us have certain rights to be truly free. This also needs to drastically change for the future. We need more opportunities and more freedom in our everyday lives. Let us make a change, because the future will still involve women and there is no way around us. Women exist in this world and play a vital role. Take a pause and think, how would this world be if women ceased to exist? For me, that is something my mind cannot even fathom.

Furthermore, in Bangladesh women don't have certain rights. Women are held accountable for a lot of things, when in reality, they don't deserve the blame for them. Women are expected, for example, to listen to men and are forced to cover up their heads. Men in this society have a skewed mindset to think that it's okay for them to create all the rules and women must follow them without questioning. Men think it's okay for them to decide what's good or bad for a women. Ridiculous, right? Also they won't allow women to wear short dresses and they must be covered from head to toe. Sadly, in a Muslim family women are treated as property.

Additionally, the ignorance that many women possess regarding their rights is the fear of repercussion from a male dominated and highly chauvinistic society, which keeps women from speaking out for themselves, or try to at least. For example, if a woman was to walk out of the

house to go the Bazar (shopping/a marketplace) without wearing her hijab (covering head piece) the men in this society will be so quick to judge and question why is she leaving the house without a hijab. Unfortunately, for her this society is not safe because men are quick to rape women who aren't wearing a hijab, which is insane! This is not ok and needs some kind of a resolution, because even if women leave their homes at a certain time, they are targeted, threatened or harassed. Another example, living under a man's rules is annoying and not fair. It's a double standard kind of life. Double standard means a rule or principle which is unfairly applied in different ways to different people or groups, especially when applied between women and men. I'm sure nobody wants to settle for that. At the end of the day we don't want to be treated as second class citizens or property. Women should be treated as equal.

In comparison, in the Malcolm X reading we see that he went through many hardships. He was locked up for burglary. Malcolm X, one of the most influential Black leaders of the twentieth century, found his life during his jail time. He got letters when he was locked up. From the day he got locked up he began on his journey to become a better reader by studying the dictionary and learning words everyday, and for a better vocabulary. This was his way of writing letters. Reading, writing, and understanding was his goal to improve. Education was important to him. During his time, slavery and separation was still present. Black people didn't have the opportunity to get an education. Malcolm wanted a change. He taught himself to be educated. At the end of the day, his life changed for better. He eventually dedicated his life to Islam, and to Mecca, which is one of the five pillars of Islam. He was chastised for changing his name from a caucasian man's last name to X. When Malcom made his pilgrimage he changed his name to

el-Hajj Malik el-Shabazz. I see this as a great example for the evolution of oppressed women in some religious belief systems.

Overall, Bangladeshi women don't have authority as much as men do. I can compare this to myself, a Bangladeshi woman, and Malcolm X , who lived in the Islam world. Malcolm X got locked up and he was still able to build his life to become a better person. Whereas even women suffer from discrimination in Bangladesh from the way clothing is worn to the way they're being treated. Freedom is defined differently in people's life, but freedom, however, should be defined equally for both men and women.

Format unit 3- Final Reflection

Rahman Amina

English 1121-E106

In Unit 3, Cruelty Free Makeup, was a very interesting topic for me. I personally wear makeup but I never really digged into what ingredients were used. We're all mysterious of what products we use on a everyday basis. I took the time on researching and I found quite shocking on how they test on animals.

Cruelty Free Makeup

What is cruelty free makeup? Are you possibly wearing them? Did you know cosmetic companies do makeup testing in labs on innocent animals, until their skin has literally disintegrated.

One day I walked past The Lush Cosmetic store, and on the window I saw a cruelty free experiment conducted to raise awareness of the use of animals, to test cosmetics for humans. Three things that I will be raising awareness about are: the importance of using cruelty free makeup, the positive effects, and negative side effects of it.

Why cruelty free makeup? Cruelty free makeup is not tested on animals. They are less toxic. You're less likely to harm your skin, and harm an animal. Be a diligent shopper when buying makeup products. You want to be aware of what you're applying on your face. You can ask a beauty advisor, or you may also do your own research online, to make sure the product is cruelty free. Buy cruelty free makeup to save an animal, and also on your skin.

What's good about cruelty free makeup? Cruelty free makeup doesn't have thousands of products that you won't have to worry about. This won't affect your skin. A device, a lung on a chip, is lined with human cells and can be used instead of animals. They also test on human tissue, and vitro testing. Even tissues that are donated from surgery, biopsies, cosmetic surgery, and transplant. The skin, eyes, the body of a human is tested, and are used to replace the cruel rabbit testing.

Lastly, What's bad about cruelty makeup ? It causes death in animals. Some animals suffer from the chemical poisoning, which would force them to live the rest of their life isolated. It poses an inhumane treatment. In the Draize test, eyelids of a rabbit were held back three days during this testing. Rabbits experience discomfort. Draize test has become a world wide phenomenon. Animals are suffering and dying from dangerous testing. Cruelty makeup are expensive. "Providing shelter, food, and care for the animals." Procedure takes several months and grow more cost to build on.

Overall, we have learned even though there are many cons of cruelty-free makeup the pros outweighs the cons because cruelty-free makeup can help save the lives of many animals. It does not cause harm externally or internally to animals, and it is humane. There are many brands that we use on an everyday basis, that are very popular and often propagandized by the media, and many beauty influencers who promotes brands. These brands that does this are usually M.A.C cosmetics, Estee Lauder, and Benefit Cosmetics. We need to stop engaging in the use of these brands, and start using cruelty-free makeup. Although they may not be as propagandized by the media, they do exist. For example: Wet N Wild, E.L.F cosmetics, Milk Makeup and NARS. The options are not limited. Stop the use of animal tested makeup now.

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