Tiffany Zhang

ENG 1121 - E106

Professor Schmerler

21 May 2019

# My Journey

Dear Professor Schmerler,

As a student of ENG 1121 from Monday at 6:00PM to 8:30PM, I felt challenged with the assignments assigned for each Unit. People think since you are born in the United States, English should not be a problem when compared to those who came to America. I dislike the stereotype because I struggle with my vocabulary skills and expressing my thoughts. The high standards tends to make me feel bad for myself unable to express myself fluently through comprehensive words. However when I first started to attend this class, I felt challenged but in a good way. The mental skills required to do certain assignments such as the Fear and Cure allow me to expand on my vocabulary. I became more open to new words my fellow classmates correctly used in class. I was always actively listening despite feeling tired from a long day.

The feeling I get from each assignment felt like a challenge I was willing to dive into head first. I felt as if I broke away from the standard essasies and being told to "read this book for the final." I was able to use my English skills from different standpoints rather than being tested for how well I can write an essay. Yes, we did write an essay for Unit 1, but it felt different. Rather than being told the structural formatting of how specific the professor wanted the essay, I was left on my own to explain how I felt to the assigned topic, Freedom. Although I

did not perform well on the essay, I was able to understand what I did wrong with an open mind rather than "yeah I have to correct this for a better grade." I wish there was more time time to work on specific projects such as the digital media because it can't be completed within a week or two. However, time always go by quick when you are always engaged in the conversations.

I would highly recommend this class to anyone who currently needs to take ENG 1121. It is like trying new food but instead of thinking it will be bad, the food taste like the best thing ever, and want to have it again. If I could take courses similar to this formating, I wouldn't hesitate to say no. Thank you Professor Schmerler for opening up my mind and mentally challenging my skills in English.

Sincerly,

Tiffany Zhang 5/20

To this day, the first ever assignment about Fears and Cure stuck with me the most. It was the first ever challenge in an assignment that I haven't had in almost years. It truly did challenge my vocabulary skills and understand truly how bad I was lacking in producing sentences through time constraints and my own limited vocabulary. I truly did struggle with writing the Cure since not much words contain only descending words. As for the Freedom essay, I will admit that I was somewhat lost since I was so use to being told the strict formatting of how my professor/teacher wanted my essay to be. When it came to finding an idea to write for my freedom, I felt like I was on a writer's block since I wanted to perform well like my fellow classmates. I saw their vast "advance wording" that I wanted to not feel left out. I felt like I needed more time to write my essay to fully understand what freedom meant to be since I felt so pressured to write something astounding that could wow my professor.

<u>Fear</u> (using only ascending words)

Is it over?

Has it been resolved?

Lost for words for this situation

Can I move on?

Is there a reason for the sudden fear?

Sweat starts to fall down the forehead

Hands starts to tremble and mind blanks out

Why do I always do this to myself when I know I am just overreacting?

*Is it fe* 

Before I knew it, I understood that I am the reason

My mind throws these hurtful ideas to me

I always the one who makes my sudden mood switch

I am the fear that I can't seem to understand

<u>Cure</u> (using only descending words)

Courage was power on my worse

Never again anymore

Leaning in new ways

Imagining more joy

Pausing on the poor name

#### Freedom Essay (Rewritten)

Freedom is a simple word, but has a different meaning for everyone based on their different tolerance of what is acceptable and their own personal experiences. For instance, Malcolm X was discriminated for his race because how society racially determined their social standard when compared to the white people in America. In his writing "Learning to Read", Malcolm X described his self-education from his curiosity of discovering the vast range of words contained in a dictionary. His interested peaked when he started to jot down the words from the dictionary and read out loud the words. Everyday as he was serving his time in the Charlestown Prison, Malcolm X would spend most of his time reading book after book educating himself about the exploitation society had on African Americans. Similarly people are entirely moved by curiosity turning into determination to change things for the better. Personally, I felt like I had to break from the stereotype my father had for women, and their inability to work in a job field that was mostly dominated in male.

During high school, I didn't really have a profession I wanted to pursue in since I didn't have much experience or any basic background knowledge of the huge range of professionals. It didn't bother me the slightest until my family started asking me what I wanted to pursue in my life. I always responded with "I don't know" or with a shug of the shoulders. How was I supposed to already have determined what I wanted to do when I didn't even understand my own strengths? What if I choose a professional that I will end up not liking? This would mean a significant amount of time, effort and money gone to waste. My deepest fear always gets the best for me resulting to my deflection to situation that can change my life significant.

From my sophomore to my senior year of high school, I was apart of the Robotics program and became apart of the First Tech Challenge. I was truly interested by how hands on you get to be to solve problems in order to help the robot perform the task well. I loved the feeling when the robot would successfully complete a task like following a light using a light sensor or dunking a back into the basket. The feeling this specific major gave me made me happy. However when it came to telling my parents that I wanted to pursue a job in Mechanical Engineering, my dad cut me short by saying how it would be so stressful and that it is not meant for me. I thought my parents would be supportive of my decision rather than bringing me down especially my dad.

From that day on, I was often left in dismay and not understand why my own father would say that about me. Am I not capable in his eyes to work in a field that is mostly dominated in men? It is 2017 where the number of women going into field only seen to be done by men are increasing, and starting to be more excepted. Through my frustration, I was determined to prove not only my father but my family wrong. I started to break myself off my parent's stereotype mindset, and started doing things for myself that benefit my future.

Therefore, I felt like I had to break from the stereotype my father had for women, and their inability to work in a job field that was mostly dominated in male. Although I didn't continue to pursue Mechanical Engineering, I took on a more responsible profession of Architecture. I am willing to work hard for something I love rather than living the dreams that my parents wanted and doing things for myself. This is my life and I am the one who makes my life decisions at the end of the day.

When it came to writing about our skills/interest in a recipe, I thought it would be a good idea to write it sarcastically to poke some fun, but realized how serious people took the assignment. If I could, I would rewrite my recipe about my other skill, organization. Although I was not outspoken about the confusion and doubting I had couple weeks after writing the recipe, I kept what I had and standing by what I wrote. Hopefully when I was giving my recipe to my other fellow classmates that they understood the tone I wrote my recipe in. When it came to choosing an example of the genre I wrote my writing (Yelp Review), I first mistook what it meant and accidentally handed in an article instead of a Yelp Review. Later in the week, I revised my work with a Yelp review about "Sleep Number", a company in California that specializes in selling comfortable mattresses to ensure a good night sleep.

# <u>Recipe</u>

# How to have a Proper Night of Sleep

**Serving**: 1 person

**Total Time**: Different for Everyone

### **Ingredients**:

- Phone with Internet Access
- Charger (in case if battery percentage is low)
- Your bed

### **Instructions:**

- 1. Brush your teeth, and use the bathroom. Shower if you haven't yet during the day.
- 2. Jump into your bed and proceed to tuck yourself in by covering yourself with your blanket.
- 3. Toss and turn as your try to find a comfortable position to sleep in.
- 4. Become frustrated from inability to sleep.
- 5. Look at your phone and realize you have wasted some time during to toss and turning.
- 6. Get distracted and start scrolling through your social medias.
- 7. Throw phone to the side in frustration as you get mad at yourself for not being able to sleep.
- 8. Close your eyes and try to breathe slowly to ease yourself to sleep.
- 9. Sleep like sleeping beauty as you proceed to drool over your pillow and kick half your blanket off the bed.

#### Note:

Results can vary depending how sleepy/tired the person is.

# 1. Who wrote it/speaker?

Gel A.

# 2. Audience

The audience are those who are looking to buy mattresses from this specific location in Canoga Park, CA. They review based on the product quality and customer service they have experienced with this Sleep Number audience.

# 3. Kind of community that is invested or impacted

This impact those future potential customers to the location or the company entirely.

They run a business to fit the customer's need for a bed whether they getting a new mattress or moving into a new home.

### 4. Purpose

The purpose of the review is to inform others who stubble upon the Yelp page of the bad experience he had with customer service when he was informing them of his broken frame.

# 5. Some key vocab or language terms



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Don't ever buy this sleep no bed!!! We bought 2015 and after two years everything getting broken staring on the remote, and I thought they will replace it for free but I have to pay for it for like a \$100, then this year 2 feet broke down, I called them they give me the no of the people who makes the frame and tell me I should be the one to call them and they will send people or parts for the broken pieces. And if they send the parts it's up to us to figure how to fixed it, then they said if they send people to file it we need to pay them for hundreds of \$\$\$. oMG and they asked for the warranty no. Or serial no and if I can provide it they can't help me! They said the serial no is under the frame, I found it so I email them because I don't have time to call them, they are no open on weekends and not 24/7. Now we are using this bed support I bought in amazon. They should have all the information and account when I bought it buy they said they don't have even the serial no. Worst decision I ever made to buy this F...bed! Also my back still hurts and can't have a goodnight sleep, better buy a hospital bed. I thinks that is more nicer than this.



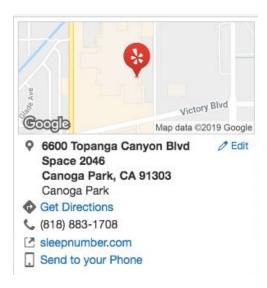


Was this review ...?









When I was writing my Inquiry Project Proposal, I was kind of pouring my heart out with what my perspectives rather than using the sources I provided. Yes, I did get carried away with how I saw my proposal, but it would get too off topic and didn't make my standpoint as strong. After having a discussion with Professor Schmerler about how I could change my proposal, she suggested that I needed a more interesting and strong standpoint. I decided to jot down connections between each actions and how it can affect the person. It helped me understand that there was a bigger problem that causes all these different types of consequences. In my own perspective, I thought the saying/excuse people would give to keep someone working is "Time is Money."

I feel that it is important to open up further discussion and analysis of the importance of sleep. Commonly, people tend to lose sleep as they grow older as they acquire more responsible with a job and family. Sleep is an important essential for every human to boost their productivity for the upcoming day. The stress falls onto the person's shoulders often leads to lack of sleep. With lack of sleep leads to less productivity and dozing off at times when someone would be wide awake if they had enough sleep.

This discussion would foster awareness of overworking people. If you want to earn money for basic living needs, it is better if the work is efficient and successfully with enough sleep every night. Some side effects that comes when you lack sleep are sleep deviation, increases chance of accident on the road, low concentration, mood changes and memory loss. Why would you not give your body what it needs just to suffer long term?

Personally, I tend to lack in sleep because I work on projects for my major classes. Every week I have to show a progression through my design concept for the proposal. I cannot simply procrastinate like someone else would for their paper because I would get no where when the deadline comes. Since I am always working on my projects, I don't really go out with friends as often. I am always keeping myself in the same stressed state of mind adding onto the lack of sleep that I have. With the lack of sleep, I have noticed that I cannot even remember what I did the day before since my mind blanks out.

Something that people tend to take for granted can benefit the person in many ways. The productivity would increase allowing them to get more things done while doing them the right way. The person's mood are more positive allowing the person to become less stressed. Not acknowledging the possible side effects of lack of sleep should not be taken with a grain of salt, but understanding the bigger picture of how serious it is. It cannot be simply fixed with medication, and doesn't have to. You can fix the problems just by changing habits and the way you decide to approach your situation.

List of Relevant Sources

- "11 Effects of Sleep Deprivation on Your Body." Healthline, 19 Jan. 2018, https://www.healthline.com/health/sleep-deprivation/effects-on-body.
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- Melinda. "Sleep Needs HelpGuide.Org." Https://Www.Helpguide.Org/, 2 Nov. 2018, https://www.helpguide.org/articles/sleep/sleep-needs-get-the-sleep-you-need.htm.
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After consulting with Professor Schmerler of how visual vision of how I saw that would best illustrate the argument/discussion. However, I felt constrained due to the limited time I was given for the assignment. If this assignment does get repeated to future ENG 1121 classes, it would be best to give more time to this assignment to allow students to produce the media. I was able to produce my argument with the short amount of time with the help of my boyfriend, and we discussed how we could make my idea come to life with the use of GIFs.

