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**Pick and Strum**

Pick and strum, pick and strum
What a warm and delighting sound
When I am serenading to myself that I have found
It is the very sound that brings me from insanity to sanity
Peace

Pick and strum, pick and strum
I awake from repose
On a rare day where I don’t need to worry about life’s tasks
I still overthink, I still stress
“Why is this happening?” I ask
It is my mind getting the best of me, I guess

Pick and strum, pick and strum
I walk to my guitar case, a beginner’s guitar case
I bring it to my room
Unzipping it, a feeling of excitement rushes through me
I see a sunset, orangey colored fading into black guitar
I am ready

Pick and strum, pick and strum
I don’t abide in a perfect world, so I have to tune this baby
Once it’s tuned, using a 1/4 inch cable I connect to my VOX amplifier
Everything fades, my worries and stresses
It’s just Tele and I