Caitlin Ralston  
Professor Schmerler  
English 1121  
20 May 2019  
++Unit 1: Fears and Cures  
Death will visit me sometime in life. I dream he will not come and leave me be. In time i will ask him to choose me but not now. I never want death to come and choose me because i want to live life to the fullest. Death is a fear I have because death haunts me in different directions in life. It’s like death knows these directions to mess with me while these nightmares freak me out. These nightmares freaks me out because I can’t see death.  
Cures: you can’t run away from death it’s uncontrollable

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Unit 2: Response to “Shitty First Draft”  
I do not write down draft, up draft, and dental draft. I only do two papers I write my first one then I ask one of my friends to edit my paper for me and then I rewrite my paper and I hand it in to the teacher. I don’t see the point of writing three papers where anybody can find a mistake. I don’t see the point in it because its a waste of paper, which its killing the trees which we kind of need for oxygen. I wasn’t surprise about her title because to me all draft’s are shitty they aren’t meant to be perfect.  
++Unit 2: Response to “Navigating Genres”  
I don’t post on Facebook as much as I used to as a kid. To me you shouldn’t put all of your troubles out on Facebook because 1. people are disrespectful and may say something you wont like and 2. people don’t want to know all about your business. I have seen a lot of good things and bad things out on Facebook like heartwarming videos of an marine surprising his family, I have seen bullying , scary and horrifying videos and photos such as MOMO. I the one rule I keep in my head is to be blunt with people because that’s my honest truth.

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++ Unit 2: Recipe: Irish Dance  
Dance school- full gallon  
Dance teachers- full gallon  
Kids of all ages- full gallon  
Music- full gallon  
Practice- full gallon  
Dance shoes: hard shoe and soft shoe- full gallon  
Dance socks- full gallon  
Leggings- half gallon  
Shorts- half gallon  
T-shirts- full gallon  
Wig- full gallon  
Dress: school dress and solo dress- full gallon  
Headband for wig: school and solo headband- full gallon  
Feis- full gallon  
Don’t forget when you go to competition you keep your head up and try your best to show your best. It doesn’t matter what place you as long you like what you gave on the dance floor and your best that’s what matters most.

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++ My Journey  
My journey this semester in a few words would be stressful, fun, memorable, bad, good etc.. I’m lucky that I have made friends that would last me for a lifetime. Yes Millie and David have talked a lot during class and laugh but also I got to know both of them not just in class but also outside of class and let me tell you they are both great people inside and out.  
In my English class our professor challenge ourselves to go into ourselves to connect the deeper meaning of what we really were. Each unit showed what we saw ourselves in some ways. During unit 2 we had to write two different recipes one that we are really good at and the other could be about friendships, love etc.. The second recipe was going to be a hard one for me because it is personal but isn’t that what my journey is about though unleashing parts of you that you thought you couldn’t let go or other people to see?  
What I liked about most in English was when we all would sit in a circle and we could not judge or talk about what the other person wrote about outside of the classroom. We all could have wrote something so personal we would share it to the class and no one judge you for it and everyone would always have nice things to say or give comments on how to improve on their writing piece.  
My journey in this class has been a good one because I got to experience that its okay to write something that’s so personal because you will always have people there to pick you right back up again when you need it most. This has showed me parts of myself that i haven’t seen in a long time. Thank you for the friendships that I gained in this class, thank you for letting me find myself, thank you for letting me be me, thank you for letting me find myself again, thank you for everything that you gave me in this class.

<https://drive.google.com/drive/my-drive>

In my google drive your going to see my video that my boyfriend helped me make its called

mom im sorry

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++Unit 3: Drug Abuse  
In today’s generation drug abuse has been a very big problem. People at all ages are suffering from drug abuse it can be caused by coming back from war, hanging in the wrong crowd. You can always help someone if they need it even if they don’t want be by their side no matter what because they can always come around and ask for help. If you know someone that’s having this problem please call 1-888-633-3239.  
People all over world are in this same boat that someone or someone you know are in. its okay to ask for help it doesn’t mean you are weak it means you are trying to change for yourself and that you are being strong by asking someone that you don’t want to be like this anymore. No matter what day, month or year someone is suffering from drug abuse. Drug abuse is not okay anymore it is time that we all take a stand or take action and find a change to stop letting people die from a drug overdose or letting people go down this road to drugs because one hit can leave you to a addiction and that will take your life away.  
I have family members one either died from a drug overdose and two are still addicted to drugs as I write about this. I have stopped seeing this side of the family at a very young age because they started doing drugs and my parents didn’t want my sister and I to ever witness something like that. When I look back at it now I’m lucky that I have a good life and that I don’t need drugs to make myself feel better or make myself feel alive. I’m trying to find away to help this side of the family but they don’t want me too and that also they don’t want to give up the drugs that they are doing. Its sad that they are throwing their life away for the power of the drugs to take over their bodies. All I can say to myself is that at least I reached out to them and offer them help but its up to them if they want the help or not I cant forced no body to ever do something that they don’t want to do yet.  
In conclusion there are millions hotlines that can help you or someone that is going through this it’s never too late to ask someone for help to get your life back into order. There are also millions rehab centers that can help you get your life back into order and help you find ways for you to never go back to drugs again.