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Professional Development #1

The takeaway from this seminar was career competencies are very important to understand and incorporate into one's professional career in order to succeed. There are eight competencies that one must be made aware of. These include critical thinking, oral and written communications, teamwork collaboration, digital technology, leadership, professionalism, career management along with global intercultural fluency. All must be implemented in conjunction as no one holds more importance than the other. Since everyone must possess personal skills and qualities which help build the foundation of any workplace environment. In addition to the professional workplace, these skills are also highly useless in educational careers. Critical thinking means being able to solve problems in an effective and efficient manner. An example of such behavior is being able to complete multiple tasks well in fast-paced surroundings. Along with gathering information from varying sources to comprehend a given problem. Leadership is being to use one's personal skills and capabilities to train and develop others. This includes being able to serve as a role model to others by having confidence in one's work and maintaining a positive mannerism.

Oral and written communication entails being able to listen, speak and write concisely with clarity. For this one should possess the ability to communicate in an organized and clear manner so that everyone can understand. Professionalism indicates the demonstration of integrity and ethical behavior. To be able to display dedication towards doing a good job. Team work incorporates being able to work within a team to work towards a common goal. Being able to build strong and positive workplace relationships. Career management is being able to identify one's skills along with looking for areas for growth. Being able to create contacts in the workplace with people who can help in a professional aspect. Digital technology is having knowledge of existing technologies, using them in an ethical manner, and being able to learn new technology to progress. Global intercultural fluency is having respect and learning from diverse

cultures, races, ages, gender, sexual orientations, and religions. Keeping an open mind to varying viewpoints.

This workshop contributes to my learning and career as these are the basic skills employers expect from their employees. As they are a reflection of any given brand as a whole. Each employee must be competent enough to take initiative, and be able to work in individual and group settings in a respectable manner. I personally feel that I have benefitted highly from attending this seminar. These skills may at first seem like they are common sense but there are many times individuals forget to implement them properly. Being aware of these skills and what they entail is also highly beneficial before attending an interview as well. If a potential candidate uses these skills during their interview responses it will leave a really good impression. Showing that the person is educated and prepared for the workplace. All eight skills are applicable to both college careers and the workplace. Even in college, everyone must possess oral and written skills in order to conduct presentations and write reports. Along with being able to respect others' differences to be able to work on group projects. Since some classes and jobs are still online students and employees must be fluent with necessary technologies while also learning new ones.