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Desperate Measures: Acts of Defiance in Trifles

Susan Glaspell wrote her best-known play, *Trifles*, in 1916, at a time when mairied women were beginning to challenge their socially defined roles, realizing that their

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identities as wives kept them in a subordinate position in society. Because women were demanding more autonomy, traditional institutions such as marriage, which confined women to the home and made them mere extensions of their husbands, were beginning to be reexamined.

Evidently touched by these concerns, Glaspell chose as her play's protagonist a married woman, Minnie Wright, who challenged society's expectations in a very extreme way: by murdering her husband. Minnie's defiant act has occurred before the action begins; during the play, two women, Mrs. Peters and Mrs. Hale, who accompany their husbands on an investigation of the murder scene, piece together the details of the situation surrounding the murder. As the events unfold, however, it becomes clear that the focus of *Trifles* is not on who killed John Wright but on the themes of the subordinate role of women, the confinement of the wife in the home, and the experiences all women share. With these themes, Glaspell shows her audience the desperate measures women had to take to achieve autonomy.

The subordinate role of women, particularly Minnie's role in her marriage, becomes evident in the first few minutes of the play, when Mr. Hale observes that the victim, John Wright, had little concern for his wife's opinions: "I didn't know as what his wife wanted made much difference to John—" (775). Here Mr. Hale suggests that Mrs. Wright was powerless against the wishes of her husband, Indeed, as these characters imply, Mrs. Wright's every act and thought was controlled by her husband, who tried to break her spirit by forcing her to stay alone in the house, performing repetitive domestic chores. Mrs. Wright's only source of power in the household was her kitchen work, a situation that Mrs. Peters and Mrs. Hale understand because their own behavior is also determined by their husbands. Therefore, when Sheriff Peters makes fun of Minnie's concern about her preserves, saying, "Well, can you beat the women! Held for murder and worryin' about her preserves, saying, "Well, can you beat the murder that has been committed. Indeed, the sheriff's comment suggests that he assumes women's lives are trivial, an attitude that influences the thoughts and speech of all three men.

Mrs. Peters and Mrs. Hale are similar to Minnie Wright in another way as well: throughout the play, they are confined to the kitchen of the Wrights' house. As a result, the kitchen becomes the focal point of the play —and, ironically, the women find that the kitchen holds the clues to Mrs. Wright's loneliness and to the

while their husbands enter and exit the house at will. This situation mirrors Minnie Wright's daily life, as she remained in the home while her husband went to work and into town. As they move about the kitchen, the two women discuss Minnie Wright's isolation: "Not having children makes less work—but it makes a quiet house, and Wright out to work all day, and no company when he did come in" (781). Beginning to identify with Mrs. Wright's loneliness, Mrs. Peters and Mrs. Hale recognize that, busy in their own homes, they have participated in isolating and confining Minnie Wright. Mrs. Hale declares, \$0h, I wish I'd come over here once in a while! That was a crime! Who's going to punish that? . . . I might have known she needed help" (783)!

world was her bird, the symbol of her confinement; she herself was a caged bird who was kept from singing and communicating with others because of her husband. And piecing together the evidence —the disorderly kitchen, the misstitched quilt pieces, and the dead canary —the women come to believe that John Wright broke the bird's neck, just as he had broken his wife's spirit. At this point, Mrs. Peters and Mrs. Hale understand the connection between the dead canary and Minnie Wright's motivation. The stage directions describe the moment when the women become aware of the truth behind the murder: "Their eyes meet," and the women share "A look of growing comprehension, of horror" (782).

Through their observations and discussions in Mrs. Wright's kitchen, Mrs. Hale and Mrs. Peters come to understand the commonality of women's experiences. Mrs. Hale speaks for both of them when she says, "I know how things can be —for women. . . . We all go through the same thing—it's all just a different kind of the same thing" (783). And once the two women realize the experiences they share, they begin to recognize that they must join together in order to challenge their male-oriented society; although their experiences may seem trivial to the men, the "trifles" of their lives are significant to them. They realize that Minnie's independence and identity were crushed by her husband and that their own husbands also believe that women's lives are trivial and unimportant. This realization leads them to commit an act as defiant as the one that got Minnie into trouble: they conceal their discovery from their husbands and from the law.

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Significantly, Mrs. Peters does acknowledge that "the law is the law" (779), yet she still seems to believe that because Mr. Wright treated his wife badly, she is justified in killing him. They also realize, however, that for men the law is black and white and that an all-male jury will not take into account the extenuating circumstances that prompted Minnie Wright to kill her husband. And even if Mrs. Wright were allowed to communicate to the all-male court the psychological abuse she has suffered, the law would undoubtedly view her experience as trivial because a woman who complained about how her husband treated her would be seen as ungrateful.

Nevertheless, because Mrs. Hale and Mrs. Peters empathize with Mrs. Wright's situation, they suppress the evidence they find, enduring their husbands' condescension rather than standing up to them. And through this desperate action, the women break through the boundaries of their social role, just as Minnie Wright has done. Although Mrs. Wright is imprisoned for her crime, she has freed herself; and although Mrs. Peters and Mrs. Hale conceal their knowledge, fearing the men will laugh at them, these women are really challenging society and, in this way, freeing themselves as well.

In Trifles, Susan Glaspell addresses many of the problems shared by early-twentieth-century women, including their subordinate status and their confinement in the home. In order to emphasize the pervasiveness of these problems and the desperate measures women had to take to break out of restrictive social roles, Glaspell does more than focus on the plight of a woman who has ended her isolation and loneliness by committing a heinous crime against society. By presenting characters who demonstrate the vast differences between male and female experience, she illustrates how men define the roles of women and how women must challenge these roles in search of their own significance in society and their eventual independence.

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