

Career Planing Map

Sandra Nicolas BUF 4900: Internship Dr.Adomaitis

Strengths

- Team Management
- Problem solving
- Liaison communication
- Organization skills
- customer service

Work experience

- Operations Assistant
- Operation Manager
- Associate/Problem solver
- Creative Marketing intern
- Personal Training

Volunteer

- Collective Focus Resource Hub
- Da Spot NYC internship
- Food and Fashion FIT Exhibition
- PDC: "What can I do with this Major"
- PDC: TD Bank Financial education & Budgeting

Personal short-term goals

- Graduate with BS Degree
- Build 700 plus credit score
- Get a new car
- Travel to Portugal summer 2024
- Decorate my new apartment

Personal long-term goals

- Travel the World
- Full-time Entrepreneur
- Buy a home
- Investment portfolio
- Adopt a child

Passion

- Styling
- thrifting
- Upcycling clothing
- Strength training
- Traveling

Life experiences

- Being an aunt
- Humanitarian
- Major stomach surgery
- Associate Degree
- Full-time student/ professional

Network

- Michelle Cardone (Internship)
- Zoe Carney (classmate)
- Dr. Alyssa Adomaitis (Director)
- Chantel Powell (Mentor)
- Carine Padilla (Colleague)

Proffesional short-term goals

- Get PMP Certification
- Get a Promotion at my job
- Take Pattern making classes
- Re-band my clothing line
- Land a 6-figure salary position

Proffesional long-term goals

- have a diverse career in the Fashion industry.
- Advocate for economic change
- Early retirement
- own a fashion magazine
- Multi-Millionaire