

My Personal Philosophy of Nursing

In order to write my personal philosophy on nursing, I first must examine my core values as an individual. Our core values are an indicator of who we are and how we will act as nurses.

My core values are influenced by the strongest bonds I have formed in my life through family, friends and co-workers. They are based on trust, and trust alone.

The bond of trust is extremely important in my personal life and I see how important it is in medicine and caring for someone in their most vulnerable time of need. It is very important for me that the people I care for trust me to do no harm to them, to do only good.

Non-maleficence; I trust by continued learning and striving for growth, I will avoid causing harm to the people I care for as a nurse, a paramedic, a mother and a friend.

Beneficence; I trust that by striving to be a truthful, trustworthy person, by respecting peoples choices, privacy and dignity, I will always take positive action to help others, to be compassionate and to always do good.