

LESSON PLAN

Session Title	<i>Proper Oral Hygiene Care for the Elementary School Student</i>		
Objective(s)	Participants will be able to demonstrate proper brushing and flossing techniques, explain the importance of adequate oral hygiene and to determine which foods are good/bad for your teeth.		
Activity	Time	Tasks	Materials
Ice Breaker/ Prior Knowledge	5 min.	<ul style="list-style-type: none"> Icebreaker questions regarding oral hygiene- reward students with correct answers with stickers 	Stickers, power point presentation
Direct Instruction	40 min.	<ul style="list-style-type: none"> Review power point presentation with class Demonstrate proper brushing strokes on typodont Demonstrate proper flossing techniques on typodont Demonstrate adequate mouthwash rinsing time and products safe to use Review proper nutrition 	Power point, Typodont, Floss, Posters
Whole Group Practice	20 min.	<ul style="list-style-type: none"> Students play provide games/activities 	Handout activities printed off computer
Individual or Pair Share	20 min.	<ul style="list-style-type: none"> Students practice brushing on typodonts Students practice flossing techniques on each other using fingers to represent teeth 	Floss, typodont, toothbrush, students
Review	5 min.	<ul style="list-style-type: none"> Students are quizzed from today's lesson and rewarded with stickers for each correct answer 	Same questions used in ice breaker session
Assigning Homework	5 min.	<ul style="list-style-type: none"> Hand out a take home brush chart with stickers so students can monitor brushing in the morning and at night 	Take home brush chart, stickers
Session Feedback or Q&A	10 min.	<ul style="list-style-type: none"> Students can ask questions to presenters about proper oral hygiene 	Full attention of students and presenters

