

Health Psychology (Interdisciplinary) PSY3405ID

Spring, 2017 Meeting Times:

HE-67: Tuesdays, Namm 618-A

HE-69: Wednesdays, Namm 1022-B

Professor Almond

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Office Location: Namm 604

Phone: 718-260-5114

Spring 2017 Office Hours:

Tuesdays: 4-5pm

Wednesdays: 8:30pm-10pm

Thursdays: By appointment only

Catalog Description:

This course will provide an overview of extant literature on theories of health psychology and behavior change within the context of critical race theory and simultaneous to developing an understanding of varied philosophies of science. Prerequisite: PSY1101; ENG1101; *CUNY proficiency in reading and writing*

Learning Outcomes

Demonstrate an understanding of health psychology and behavior change theories.

Demonstrate an understanding of the different research methods that psychologists use to study race and health behaviors.

Demonstrate an understanding of different disease processes and related behaviors.

Demonstrate an ability to apply health psychology concepts to real world situations and understand the role of a critical health psychologist.

Assessment Method

Readings, Essays , and ProChange Livewell Program for College Students

Article Critique

Lectures, Guest Lecturers, I'm Positive FINAL, Essays

Critical Race In-class essays, Pre-viewing and Post-viewing Film Activities/Discussions

Interdisciplinary Course-specific Learning Outcomes

Purposefully connect and integrate across-discipline knowledge and skills to solve problems.

Synthesize and transfer knowledge across disciplinary boundaries

Comprehend factors inherent in complex problems and recognize varied perspectives

Gain comfort with complexity and uncertainty and identify the work of neighboring experts in various fields via guest talks.

Assessment Method

Readings, Essays, In-class and Online discussions/activities, Prochange Livewell Behavior Program for College Students,

Readings, Essays, In-class and Online discussions/activities, Prochange Livewell Behavior Program for College Students, Service Learning Project

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ADA:

No otherwise qualified person with a disability in the United States...shall, solely on the basis of disability, be denied access to, or the benefits of, or be subjected to discrimination under any program or activity provided by any institution receiving federal financial assistance. Thus states Section 504 of the Federal Rehabilitation Act of 1973. The American with Disabilities Act of 1990 (ADA), the landmark civil rights legislation, further reinforces the mandate of non-discrimination towards people with disabilities. These two legislative acts encompass a broad range of mandated equalizing opportunities. Universities and colleges must ensure accessibility to students with disabilities (SWDs) of any/all/full educational academic services and programs.

Academic Integrity at City Tech

Students and all others who work with information, ideas, texts, images, music, inventions, and other intellectual property owe their audience and sources accuracy and honesty in using, crediting, and citing sources. As a community of intellectual and professional workers, the College recognizes its responsibility for providing instruction in information literacy and academic integrity, offering models of good practice, and responding vigilantly and appropriately to infractions of academic integrity. Accordingly, academic dishonesty is prohibited in The City University of New York and at New York City College of Technology and is punishable by penalties, including failing grades, suspension, and expulsion. The complete text of the College policy on Academic Integrity may be found in the catalog. — NYCCT statement on academic integrity

Academic Integrity/Plagiarism

Any occurrence of academic dishonesty, such as cheating or plagiarism will result a failing grade. In addition, the incidence will be reported to the Academic Integrity Committee. What is academic dishonesty? Academic dishonesty occurs when individuals plagiarize or cheat in the course of their academic work.

Plagiarism is the presenting of someone else's ideas without proper credit or attribution. These ideas could come from:

1. Information obtained from books, journals or other printed sources.
2. The work of other students or of faculty.
3. Information from the Internet.
4. Software programs or other electronic material.
5. Designs produced by other students or faculty. Cheating is the unauthorized use or attempted use of material, information, notes, study aids, devices or communication during an academic exercise.

Examples of cheating include:

1. Copying from another student during an examination or allowing another to copy your work.
2. Unauthorized collaboration on a take-home assignment or examination.
3. Using notes during a closed-book examination.
4. Taking an examination for another student, or asking or allowing another student to take an examination for you.
5. Changing a graded exam and returning it for more credit.
6. Submitting substantial portions of the same paper to more than one course without consulting each instructor.
7. Preparing answers or writing notes in an exam manual before an examination.
8. Allowing others to research and write assigned papers or do assigned projects, including the use of commercial term paper services.
9. Giving assistance to acts of academic misconduct/dishonesty.
10. Fabricating data (in whole or in part).
11. Falsifying data (in whole or in part).
12. Unauthorized use during an examination of electronic or wireless, handheld devices, including computers or other technologies to retrieve or send information during an exam.

Grading:

Letter Grade	Numerical Grade Range	Quality Points (QPA)
A	93-100	4.0
A-	90-92.9	3.7
B+	87-89.9	3.3
B	83-86.9	3.0
B-	80-82.9	2.7
C+	77-79.9	2.3
C	70-76.9	2.0
D	60-69.9	1.0
F	59.9 and below	0.0
WU	Unofficial Withdrawal (attended at least once)	0.0
WF	Withdrew Failing	0.0
WN	Unofficial Withdrawal (never attended/no penalty)	0.0

Attendance: 10%

Final: 15%

Service Learning Project: 15%

Article Critique: 15%

Unit One Assessment: 15%

In-Class Writing: 15%

LiveWell Behavior Change: 15% (*5-5-5 Sessions, Posts-presentations, Homepage Activities*)

HE-67 Subject to change at the discretion of the professor

UNIT ONE

Week One	1/31	<ul style="list-style-type: none">○ Intro to Health Psych○ Biopsychosocial Model (Attitude & Health; Social Cognitive Theory; Locus of Control)○ Intro to OpenLab○ Intro to Active Minds
Week Two	2/7	<ul style="list-style-type: none">○ Experience of Illness (Prevention; Health Behaviors; TTM/LiveWell)○ Identities and Health (Gender, Race, Class, Education, Women in Medicine)○ Illness Narratives
Week Three	2/14	Unnatural Causes: "In Sickness and In Wealth" Race: The Power of an Illusion Part I "The Difference Between Us" <ul style="list-style-type: none">○ In-Class Writing
Week Four	2/21	(ID)Philosophy Lecture: Health Care Ethics <ul style="list-style-type: none">○ Theoretical Orientations to Health and Illness (Conflict Perspective, Labelling Approach, Social Epidemiology)
Week Five	2/28	LiveWell- Exercises Posts Presentations Unnatural Causes: "Bad Sugar"
Week Six: Unit One Assessment (HYBRID/ONLINE CLASS) 3/7/2017		

UNIT TWO

Week Seven	3/14	<ul style="list-style-type: none">○ Stress and Coping Unnatural Causes: "When the Bough Breaks"
Week Eight	3/21	<ul style="list-style-type: none">○ Research Methods○ Database Search○ Journal Critique Overview○ (ID) Health Communication: Active Minds Project Overview
Week Nine	3/28	Race: The Power of an Illusion Part II "The Story We Tell" <ul style="list-style-type: none">○ In Class Writing
Week Ten	4/4	(ID) Counseling Center: Active Minds Workshops and Training for Service Project

UNIT THREE

Week Eleven	4/25	<ul style="list-style-type: none">○ CV Disease○ Theory of Planned Behavior○ Health Belief Model Unnatural Causes: "Becoming American"
Week Twelve	5/2	(ID) Philosophy Lecture: Should we measure race in health research? <ul style="list-style-type: none">○ Feminist Perspective in Health/Behavioral Research
Week Thirteen	5/9	HYBRID: Stress Less Week; LiveWell Due; Journal article critique Due
Week Fourteen	5/16	Race: The Power of an Illusion Part III "The House We Live In"

FINAL: 5/23/2017 ONLINE COMPUTER PROGRAM AND ESSAY: "I'm Positive"

HE-69 Subject to change at the discretion of the professor

UNIT ONE

Week One	2/1	<ul style="list-style-type: none">○ Intro to Health Psych○ Biopsychosocial Model (Attitude & Health; Social Cognitive Theory; Locus of Control)○ Intro to OpenLab○ Intro to Active Minds
Week Two	2/8	<ul style="list-style-type: none">○ Experience of Illness (Prevention; Health Behaviors; TTM/LiveWell)○ Identities and Health (Gender, Race, Class, Education, Women in Medicine)○ Illness Narratives
Week Three	2/22	Unnatural Causes: "In Sickness and In Wealth" Race: The Power of an Illusion Part I "The Difference Between Us" <ul style="list-style-type: none">○ In-Class Writing
Week Four	3/1	(ID)Philosophy Lecture: Health Care Ethics <ul style="list-style-type: none">○ Theoretical Orientations to Health and Illness (Conflict Perspective, Labelling Approach, Social Epidemiology)
Week Five	3/8	LiveWell- Exercises Posts Presentations Unnatural Causes: "Bad Sugar"
Week Six: Unit One Assessment (HYBRID/ONLINE CLASS) 3/15/2017		

UNIT TWO

Week Seven	3/22	<ul style="list-style-type: none">○ Stress and Coping Unnatural Causes: "When the Bough Breaks"
Week Eight	3/29	<ul style="list-style-type: none">○ Research Methods○ Database Search○ Journal Critique Overview○ (ID) Health Communication: Active Minds Project Overview
Week Nine	4/5	Race: The Power of an Illusion Part II "The Story We Tell" <ul style="list-style-type: none">○ In Class Writing
Week Ten	4/19	(ID) Counseling Center: Active Minds Workshops and Training for Service Project

UNIT THREE

Week Eleven	4/26	<ul style="list-style-type: none">○ CV Disease○ Theory of Planned Behavior○ Health Belief Model Unnatural Causes: "Becoming American"
Week Twelve	5/3	(ID) Philosophy Lecture: Should we measure race in health research? <ul style="list-style-type: none">○ Feminist Perspective in Health/Behavioral Research
Week Thirteen	5/10	HYBRID: Stress Less Week; LiveWell Due; Journal article critique Due
Week Fourteen	5/17	Race: The Power of an Illusion Part III "The House We Live In"

FINAL: 5/24/2017 ONLINE COMPUTER PROGRAM AND ESSAY: "I'm Positive"