

PSY3405ID: Interdisciplinary Health Psychology, Spring 2017, Professor Almond
 Theme: Exploring Racial Health Disparities and Service Learning

Subject to change at the discretion of the professor

UNIT ONE

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| Week One | 2/1 | <ul style="list-style-type: none"> ○ Intro to Health Psych ○ Biopsychosocial Model (Attitude & Health; Social Cognitive Theory; Locus of Control) ○ Intro to OpenLab ○ Intro to Active Minds |
| Week Two | 2/8 | <ul style="list-style-type: none"> ○ Experience of Illness (Prevention; Health Behaviors; TTM/LiveWell) ○ Identities and Health (Gender, Race, Class, Education, Women in Medicine) ○ Illness Narratives |
| Week Three | 2/22 | Unnatural Causes: "In Sickness and In Wealth" Race: The Power of an Illusion Part I "The Difference Between Us" |
| Week Four | 3/1 | <ul style="list-style-type: none"> ○ In-Class Writing (ID)Philosophy Lecture: Health Care Ethics |
| Week Five | 3/8 | <ul style="list-style-type: none"> ○ Theoretical Orientations to Health and Illness (Conflict Perspective, Labelling Approach, Social Epidemiology) LiveWell- Exercises Posts Presentations Unnatural Causes: "Bad Sugar" |

Week Six: Unit One Assessment (HYBRID/ONLINE CLASS) 3/15/2017

UNIT TWO

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| Week Seven | 3/22 | <ul style="list-style-type: none"> ○ Stress and Coping Unnatural Causes: "When the Bough Breaks" |
| Week Eight | 3/29 | <ul style="list-style-type: none"> ○ Research Methods ○ Database Search ○ Journal Critique Overview ○ (ID) Health Communication: Active Minds Project Overview |
| Week Nine | 4/5 | Race: The Power of an Illusion Part II "The Story We Tell" |
| Week Ten | 4/19 | <ul style="list-style-type: none"> ○ In Class Writing (ID) Counseling Center: Active Minds Workshops and Training for Service Project |

UNIT THREE

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| Week Eleven | 4/26 | <ul style="list-style-type: none"> ○ CV Disease ○ Theory of Planned Behavior ○ Health Belief Model Unnatural Causes: "Becoming American" |
| Week Twelve | 5/3 | (ID) Philosophy Lecture: Should we measure race in health research? <ul style="list-style-type: none"> ○ Feminist Perspective in Health/Behavioral Research |
| Week Thirteen | 5/10 | HYBRID: Stress Less Week; LiveWell Due; Journal article critique Due |
| Week Fourteen | 5/17 | Race: The Power of an Illusion Part III "The House We Live In" |

FINAL: 5/24/2017 ONLINE COMPUTER PROGRAM AND ESSAY: "I'm Positive"