



Workouts

Monday, February 06, 2012

Running 2:53 PM
5.71 miles

Cycling Sport 8:39 AM
3.01 miles

workout details

Duration 0:37:13

Avg. Speed 9.20 mph

Mix Speed 10.96

Calories 423

Avg. Heart Rate 157

Mix Heart Rate 216

Mileage Burned 2

workout details



JOGGING

3129 Repetition

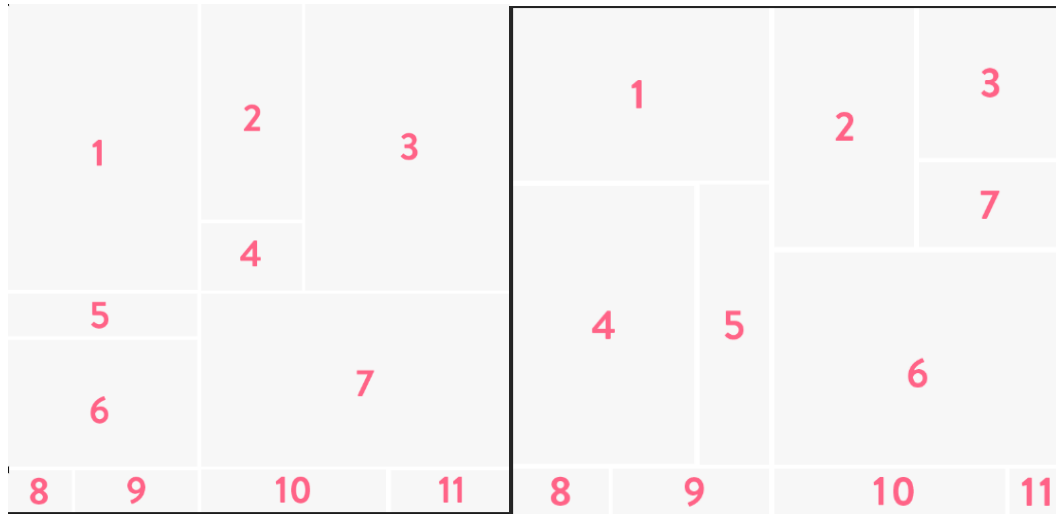
02:39:18 Duration

135 bpm Heart Rate

96 Calories



INSTRUCTIONS: This sheet will be used to document image attributions used for proposal Moodboards. Students will keep the screenshot of the template they choose for their Moodboard. Then, using a numbered list, students will provide linked image attributions. Image attribution will be completed in 2 parts. PT1: Students may save links to images. PT2: Students will transform links into formal image attribution. (delete these instructions for final submission).



EXAMPLE: Image Attribution

1. **Title:** Image Title
2. **Image Source:** URL *linked* to Image page
3. **Author:** Name or User profile name
4. **Author Source:** URL *linked* to web/profile page
5. **License:** Type
6. **License Source:** URL *linked* to license deed

Image Attribution

1. Enduro Helmet with GoPro mount. Digital image. *Gear Junkie*. N.p., n.d. Web. 18 Oct. 2014.
2. GoPro helmet. Digital image. *Stunt Cams*. N.p., n.d. Web. 18 Oct. 2014.
3. Man Mountain Climbing. Digital image. *XPEDITION.TV*. N.p., n.d. Web. 18 Oct. 2014.

4. Mountain Bike. Digital image. F9view. N.p., n.d. Web. 17 Oct. 2014.
5. Lady Running. Digital image. *CanGetFit*. N.p., n.d. Web. 17 Oct. 2014.
6. Facebook. Digital image. *Theguardian*. N.p., n.d. Web. 17 Oct. 2014.
7. iPhone. Digital image. *AT&T*. N.p., n.d. Web. 17 Oct. 2014.
8. Canoeing. Digital image. *Wikipedia*. N.p., n.d. Web. 17 Oct. 2014.
9. Fitness Tracker. Digital image. *Windows App News*. N.p., n.d. Web. 17 Oct. 2014.
10. Fitness Stats. Digital image. *Aderahome*. N.p., n.d. Web. 17 Oct. 2014.
11. *Amiigo Fitness Device That Tracks Specific Exercises*. Digital image. *Design Milk*. N.p., n.d. Web. 17 Oct. 2014.