

Exam 4 (Short Quiz with Essay)

Chapter 11 Social Emotional Development (up to slide 16) on ppt.

Emotion

Self-conscious and Basic emotions

Social smile

Emotional display rules

Bear Goes to Market study

Zahn-Waxler Study

Emotion Regulation and Delay of Gratification (marshmallow task)

New York Longitudinal Study (NYLS) on Temperament

Temperament

Essay Question: (10 points) Please note you may use any chapter in Shenk to support your thesis.

We have learned throughout the semester that development is a process of G x E. Review Janis' case study and provide a recommendation for her mother regarding Janis' development.

Janis gets easily irritable and has intense negative emotions. She has lots of problems with her sleeping patterns, and is not adaptable. Her mother is too busy and tends to ignore her, but also shows a lot of angry with Janis, and in her frustration hits Janis. She finds this confusing and does not know how her mother will act from one day to the next.

1. Describe how Janis' temperament *and* her environmental experience play a role in shaping her emotional expression and emotional regulation. (Limit yourself to 5-6 sentences). Using your knowledge in reading all of Shenk, what would you recommend Janis' mother do to 'turn-off' Janis heritable temperament? (Limit yourself to 5-6 sentences)

GOOD LUCK!