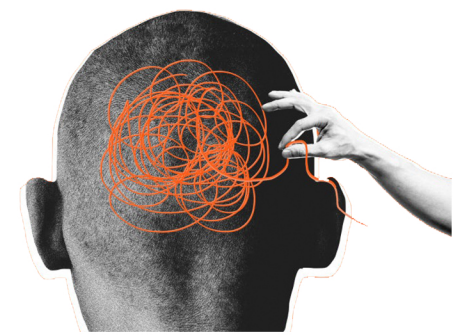


The Counseling Services Center supports the educational, emotional and career development of City Tech students by providing opportunities for skill development, counseling and referrals that address obstacles to success. Services include individual counseling for academic, career and personal challenges as well as crisis intervention. We also provide support groups, referrals to campus and community resources, campus outreach, workshops and faculty/staff consultation.

NYCCT Counseling Services Center

Mental Health Resources
4
NYCCT Students



We are a team of students at NYCCT that wants to campaign for Mental Health Awareness on campus. We want to promote hope and support to students and make a positive difference, and finally end the stigma around mental health conditions.

- Spread the word.
- Raise awareness.
- Make a difference.

Walk-in Hours:

Monday 9:30 a.m. – 6:30 p.m.
 Tuesday 9:30 a.m. – 4:30 p.m.
 Wednesday 9:30 p.m. – 6:30 p.m.
 Thursday 9:30 p.m. – 6:30 p.m.
 Friday 9:30 p.m. – 3:00 p.m.

Location:

300 Jay Street
 Namm Hall 108 (N-108)
 Brooklyn, NY 11201

Phone:

(718) 260 - 5030

Mental Health Resources

NYC WELL

Provides ALL New Yorkers to free mental health and substance abuse support, peer support, crisis counseling and referrals in over 200 languages.

(888) NYC - WELL
 (888) 692 – 9355

Text **WELL** to **65173**

If someone is in immediate danger of harming themselves, or someone else, call 911.

National Alliance on Mental Illness

(NAMI) Peer support service.
 (800) 950 – NAMI (6264)

Or
 Text NAMI to 74174

National Suicide Prevention Lifeline

(800) 273 – TALK (8255)

Lifeline chat available

Available 24/7

Domestic Violence Hotline

(800) 621 – HOPE (4673)

(800) 799 – SAFE (7233)

LGBT National Health Center

(888) 843 – 4564

Crime Victims Hotline

(866) 689 – HELP (4357)

Substance Abuse and Mental Health Services Administration

(800) 662 – 4357

Available in English and Spanish.

Mental Health Resources

NYC Emergency Food Hotline
 (866) 888 – 8777 Available in English and Spanish.

Rape and Sexual Assault Hotlines
 (212) 227 – 3000

Legal Aid Society of New York
 (212) 577 – 3300