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Final Reflection

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This semester with Professor Penner, I had a really good experience and learned a lot from her. In this class, the professor gave us the platform to enhance our capabilities as a writer and reader. She would give us a quote during class to think about and then we would have to explain our thoughts about it. This really helped the students to build questions into their inquisitive minds and enhance their abilities to brainstorm ideas. She made us curious and it worked as a good strategy as it is said “that a good question contains half of the knowledge”. One of the quotes that she made us think about was “When you write, it’s like braiding your hair. Taking a handful of coarse unruly strands and attempting to bring them unity. Your fingers have still not perfected the task. Some of the braids are long, others are short. Some are thick, others are thin. Some are heavy. Others are light.” by Edwidge Danticat. This quote made me ponder how unique I am in my own abilities and strengths to establish a task. Whether or not it is perfect, it reflects who I am in a different way.

On my first assignment, the topic was about how some fitness influencers sell supplements are really expensive, and are so inaccurate in their results that they constitute false advertising. They basically scam you hundreds of dollars for something that doesn’t fulfil its purpose. In one youtube video by Josh Brett, he exposes a scammer named V-Shred by telling his viewers how V-Shred scams millions of people by false advertisement. He said “What’s cool

is that they don't slap some proprietary blend on the nutrition label which basically just means that they don't have to tell you what's in it and also usually means they're using minimal dosages and getting higher profit margins because that's what supplements usually do", says Josh Brett on youtube. Additionally, when you look at the supplements back label, it mentions proprietary blends so he doesn't have to tell people what's inside his supplements. I didn't know that some fitness influencers scam many people by selling fake products. I will do the research beforehand if I choose to buy it. I will tell my friends and family about all the scamming that is going on in these scams so that they could become aware of them. This project helped me by improving my writing skills and helped me research about the things I have never searched up before.

On the second project I wrote an annotated bibliography about climate change and of how the U.S is working for protecting the environment. This project was actually the hardest for me because the question wasn't broad so I really had issues finding good articles for information. Some articles would just give information that other articles already have so that was really annoying. One thing I really liked about this project is that it made me better at finding good articles. Usually when I do a project and have to do research, I just search up a question and usually end up finding the information really quickly but this wasn't the case with the annotated bibliography. To be able to find good articles I had to do so much research. It helped me with my patience as well. Usually I just want to do my work as quickly as possible but for this project I had to do a lot of research and be really patient. This project enhanced my writing skills as well because in this project I really tried to use better words by looking up synonyms for other words to make my writing look good. It made my vocabulary a bit better. In this project it wasn't only about summarizing the articles, I had to reflect on it too, so it really made me think about what i

thought on the articles and then write about it. It made my thinking skills better as well. I learned how better to understand articles and summarise them effectively.

On the third project i had to write a poem on the topic I chose for the second project which was about climate change. This project wasn't easy but I wouldn't say it was as difficult as the annotated bibliography. Writing a poem requires a lot of skill and time. This project made my mind more adaptable because i had to think of ways to make the poem really interesting and catchy. If I made the poem boring then it wouldn't be fun to read and i had to use good vocabulary as well. This project helped me with poem writing skills because before this, i never really wrote a poem this big so by writing this, it made me a better poet. It improved my vocabulary as well. The most challenging part about this project was the time that was provided to us, as my class was given a week or less to do this project and I feel like is a bit less compared to the 2 weeks that we got for the other 2 projects.

To be honest, writing is not my biggest strength but under the intellectual guidance of my teacher, I enhanced my ability to write adequately. She gave us free hand to choose the topics on the grounds of our own interests. This motivated us to do a lot of research about the topic because it was easier for us to analyze and write about it. I learned about myself as a reader and writer that its not always about the quantity that matters, its the quality of information that is provided that matters. Reading articles that exceeds and have reliable sources is better than the quantity of articles. In which I have to use for quotes and examples to authenticize my sources. Writing a lot of information does not mean that your essay or letters will be good, its about the information you provide.