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English1121: English Composition 2

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Final Reflection

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This semester with Professor Penner, it was a really good experience and i learned a lot from her. In this class, the professor gave us the platform to enhance my capabilities as a writer and reader. She would give us a quote during class to think about and then we would have to explain our thoughts about it. This really helped the students to build questions into their inquisitive minds and enhance their abilities to brainstorm ideas. She created questions into our minds and it worked as a good strategy as it is is said that a good question contains half of the knowledge. One of the quotes that she made us think about was “When you write, it’s like braiding your hair. Taking a handful of coarse unruly strands and attempting to bring them unity. Your fingers have still not perfected the task. Some of the braids are long, others are short. Some are thick, others are thin. Some are heavy. Others are light.” by Edwidge Danticat and this quote made me think how unique i am in my abilities and strengths to establish a task. Whether it is not perfect but it reflects who i am in a perfect way.

On my first assignment, the topic was about how some fitness influencers sell supplements really expensive and the product doesn’t even do what they say it is going to do. They basically scam you hundreds of dollars for something that doesn’t fulfil its purpose. In one youtube video by Josh Brett, he exposes a scammer named V-Shred by telling the viewers how

V-Shred is scamming a lot of people by false advertisement. He said “What’s cool is that they don’t slap some proprietary blend on the nutrition label which basically just means that they don’t have to tell you what’s in it and also usually means they’re using minimal dosages and getting higher profit margins because that’s what supplements usually do. -Josh Brett on youtube” But when look at his supplements back label, it says proprietary blend as well so he doesn’t have to tell people whats inside his supplements. I didn’t know that some fitness influencers scam so many people by selling fake products but now i do so i will never make the mistake to buy products from fitness influencers but if i do i will do research about it before buying it. I will tell my friends and family as well about it and will let everyone know about all the scamming that is going on like these scams so they should be aware of them.

To be honest, writing is not my biggest strength but under the intellectual guidance of my teacher, i enhanced my ability to write adequately. She gave us free hand to chose the topics on our own grounds of our own interests. This motivated us to do a lot of research about the topic because the topic we chose was of our own personal interests and it was easier for us to analyze and write about it. I really liked that Professor Penner let us chose our own topics instead of giving us topics to write about because it really made it easier for us to write about the topics we chose and to do research about them. I learned about myself as a reader and writer that its not always about the quantity about the information that matters, its the quality of information that is provided that matters more. Reading more articles doesn’t mean you will find better information, reading better and reliable sources is better and i have to use quotes and examples to authenticize my sources. Writing a lot of information does not mean that your essay or letter will be good, its about the information you provide. Is your information good enough to support your claim.