



# Bullying



By  
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# Why I choose bullying?

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When I was young back in middle school, one of my close friend was being bullied because of the cloths he was wearing and because of that till today it's very hard for him to even makes friends with other people because he is afraid of what might happen.

# What is bullying?

- A raving, frightening individual particularly : one who is constantly pitiless, annoying, or threatening to other people who are more fragile, more modest, or somehow or another weak tortured by the local domineering bully.



# Types of Bullying

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- Physical bullying
- Verbal bullying
- Social bullying
- Cyber bullying

# Cause

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A great many people who distinguish as bullies have experience an upsetting circumstance some time over the most recent 5 years. While a few youngsters may have the family backing to adapt to this burdens in certain manners, others don't. Tormenting, at that point, turns into a methodology to oversee pressure.

People who are bullied are twice as likely to bully others. This is the most obvious way of paying the hurt forward. To keep themselves from being hurt, students who have been bullied become the bully.

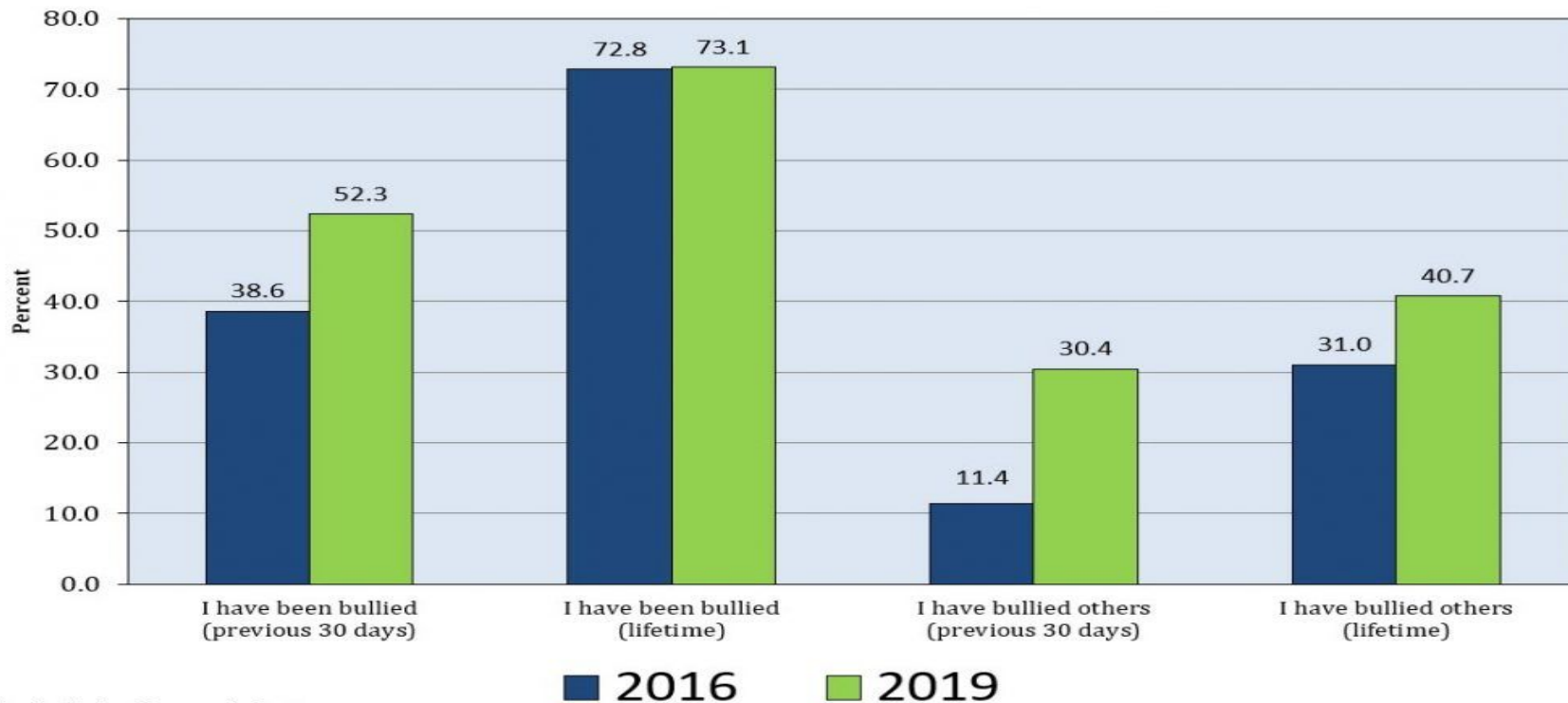
# Statistics

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- In schools, 24 percent of sixth graders reported being bullied, compared to 7 percent of twelfth graders.
- Among youth age 12 to 18, 28 percent reported being bullied at school; 9 percent reported being cyber-bullied (bullied online) in 2011.
- Among 8- to 11-year olds, nearly three-quarters say teasing and bullying occur at their school.
- Teens rate teasing and bullying as “big problems” that rank higher than racism, and the pressure to have sex or try alcohol or drugs.
- Of those students who reported being bullied, 13% were made fun of, called names, or insulted; 13% were the subject of rumors; 5% were pushed, shoved, tripped, or even being spit on.

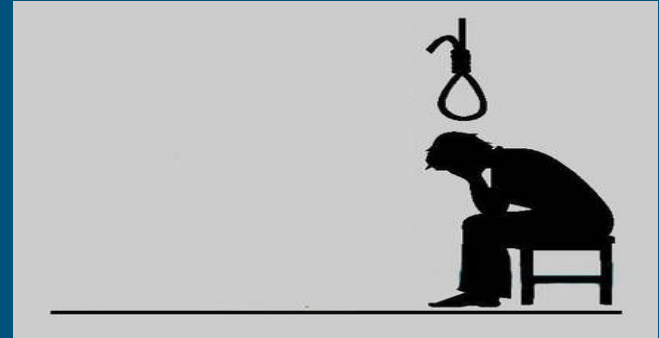
# School Bullying over Time

(Nationally-representative sample of 5,000 U.S. 12-17 year-olds)



# Effect of Bullying

- Students who experience bullying are at increased risk for depression, anxiety, sleep difficulties, lower academic achievement, and dropping out of school
- Bullying can have a variety of short and long term effects for both the victim and a bully.
- These are some effects that will happen to people being bullied. Most will live with Chronic depression, Increased risk of suicidal thoughts, suicide plans, and suicide attempts, Anxiety disorders, Post-traumatic stress disorder, Poor general health, Self-destructive behavior, including self-harm, Substance abuse, Difficulty establishing trusting, reciprocal friendships and relationships





# How to Prevent Bullying

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Go to counselor's office or a teacher, or make a witness report if you were there when the bullying occurred to you or to someone else.

If you see others participating in bullying or laughing along, tell them they're making the problem worse and are also bullying.

Would talk with parents to see what y'all could do about it whether if you guys should move out to a new location.

