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10/25/2020

ENG1121

Word Count:1800

## U2 Annotated Bibliography

The word media began to be used in the 1920 and it was being used as an informative way for world war two. After the world war 2 media started to become a more in generic use like inform the citizens on what is going on around the world or about politics. For instance, in 2020 the influence of mass media has an intense effect on many aspects of human life like voting, individual views and beliefs or changing someone knowledge of a specific topic due to being provided by false information. As mass media is continuing to evolve is growing in strength with strategies in marketing and new forms of journalism and new technologies.

My question is whether people understand these tricks and if there a way to find a way to understand the fake news and the misleading information. I got interested finding this kind of information because people do not really pay attention to this "small" problem we have, and I believe it really damages the aspect of human life especially in 2020. Also another reason I wanted to talk about this subject was something that happened to me, it was really personal I really tried my best and attend many help from the outside like psychologists. When I was 14 years old, I really believe everything that I saw on the internet or every information I was looking until something happened to me. In middle school I was supposed to do a research based on a question my teacher gave me for an assignment and I found fake information, and

everyone was making fun of me. After that they started bullying me with nicknames and they were repeating the information I said, eventually I was like a clown to the middle school. I know that this thing that happened to me is something that might not happen to other people, but I do not want the possibility to happen to other people. In the research I personally want to search how people are getting tricked into believe fake news and find ways to fix this problem and help people that already got deceived in this problem.

All, et al. "A Systematic Review: The Influence of Social Media on Depression, Anxiety and Psychological Distress in Adolescents." Taylor & Francis, 21 Mar. 2019, [www.tandfonline.com/doi/full/10.1080/02673843.2019.1590851](http://www.tandfonline.com/doi/full/10.1080/02673843.2019.1590851).

Based on what I read the article talks about how social media has an influence on depression, anxiety, and psychological distress in adolescents. The author mentioned that the world health organization says that 10-20% children's have mental health problems and most of them are estimated between of age 14-and by the age of 18. Also, later it says Depression and anxiety have consequences on lower educational attainment, school dropout, mental health, and suicide. Moreover, the article mentions that the "social media" can be defined as various internet-based networks, and a according to the Pew Research Centre 92% of teenagers are active on social media. Furthermore, the author gives studies on how people are getting affected from social media (smartphones, tables) with results of mental health problems.

In my opinion, I never thought of social media as the "Internet" I had the idea of social media its television, YouTube, or newspaper but instead the thread increases. Personally, I agree completely with the author because myself I saw many cases of young people being

manipulated by the social media, but I never thought of that this way. I know some Youtubers that were school dropouts, and they are suggesting to their viewers that school is not good, and they shall follow their dreams. Based on the author's writing style tone was direct she was straightforward and all of text was confirmed with facts and studies from different sources, however I have one question based on the text is can psychologist help these people or they need a bigger source of help.

"The term 'social media' refers to the various internet-based networks that enable users to interact with others" another quote is "Problematic behaviors related to internet use are often described in psychiatric terminology, such as 'addiction'"

Zimdars, Melissa, and Kembrew McLeod. Fake News Understanding Media and Misinformation in the Digital Age, January 24, 2020, pp. 1–11.

Based on my reading from this book, the authors talk about how fake news are defined as produce by individuals where are concerned of not gathering or reporting information but rather generating profit by spreading false information. Across its chapters the book explains the techniques that can be used in the production of the fake news for example manipulating context, enticement or click baiting. Also the authors mentions that fake news can achieve huge circulation on numbers for instance there was this fake news story from the online "newspaper" the Denver Guardian writing "FBI agent suspected in Hillary email leaks found dead in apartment murder suicided" where this new earned almost six hundred thousand shares.

Based on the text I read I agree completely with the authors about fake news being a dangerous aspect to our society. Media started as an informative way to inform new stuff or what is going on around the world, but instead we ended up of people looking to earn money by creating fake new to attract attention. The authors are straightforward of what they want to say in the book, and they explain everything in the introduction before you dive in the whole book. Also there was this line it was saying that “fake news is primarily produced by individuals who are concerned not with gathering and reporting information to the world, but rather with generating profit thought the social media circulation of false information mimicking the style of contemporary news”. Lastly my only question is in the book they mentioned how they datamined a fake website but is there a simple way to detect fake news if someone is not good with technology.

“fake news is primarily produced by individuals who are concerned not with gathering and reporting information to the world, but rather with generating profit thought the social media circulation of false information mimicking the style of contemporary news” and another quote is “One conspiracy website D.C Clothesline, posted the image with the headline “The Fix Is In: Newsweek Already has an issue in print, boxed and ready to ship, declaring Hillary Clinton the Winner. A corresponding “article” linked to another website found simply through an IP address which is apparently the home of “Word class investigative truth provided by Jim Stone a self-identified ‘deplorable freelance journalist’ ”.

Nate Pressner. “you’re being manipulated and don’t even know it.” YouTube, uploaded by TEDx Talks, March 7 2019,

[https://www.youtube.com/watch?v=oKMTVRu5Guk&ab\\_channel=TEDxTalks](https://www.youtube.com/watch?v=oKMTVRu5Guk&ab_channel=TEDxTalks)

Based on what I listened from this ted talk Nate talked about fake news and the sources we are receiving that news from. He explained that there is the obvious fake news like he said “You see a shark in the Highway in Kansas after a storm” that is an obvious fake news. Also, there are such television shows like jimmy falcons that those are not reliable news shows those are comedy shows. Some people really understand how to separate the fake ones and the real news, but media is working in such a way that sometimes you do not have your guard to define the difference. For instance, you come home after a hard day at work and you just want to sit on your couch and relax. You open the television and you see a for instance Jimmy falcons show he is not a reliable news source but you are relaxed you have your guard down and you just listen to him talking. They are seeding into your fake news without realizing it. Also, he mentioned that in the past people were using newspapers because that was the only source of news. After newspaper were replaced by CNN and BBC but now after in 2020 people are using YouTube as their news source, and YouTube is not the best reliable source.

After listening to the speech everything was interesting on how he said things. I liked how at the end of his speech he gave suggestion on how to resolve the problem we have with the influence of the media so and how he explained on how people really believe things. I never thought of comedian shows and entertaining shows that they spread fake news.

“News is not the product anymore our attention is”

“nearly half gen z use YouTube as the first important source of YouTube”

In my research I found interesting stuff regarding my question. In my first source something that I really found that I did not know it was regarding the mental problems for

example depression anxiety and physical distress. At first, I thought the influence of the media was only regarding your beliefs and choices but in the end, it has an impact in your personal and mental life. In this source I did not find any solutions regarding the influence of the media the only resolve was suggesting psychologists for the young people in need. For the second source is something I already knew about it was one of the reasons that I was interested in this subject is the fake news. The author talked about how journalists do not do research and they write an article blindly for views and shares. They do such things because they care how much an article is going to sell, they are more interested in money instead of people learning the truth. In the specific information I found there is a solution but its not for all people out there its more professional. You can detect either the information an article it says its true or no based on your technology knowledge, but I believe it could not help that much because not all people are in technology. Lastly for the third source was the most interesting of all three. Nate Pressner explain on how easily media can seed propaganda in your information in a way that I did not think of before. The one example he gave was imagine coming home relaxed want to sit on your couch and watch some tv, while watching tv and being tired your guard is down and you believe in those stuff after that you can spread that information to someone else and it keep going on and on. I believe that everything I learned in this research was informative for me and I would like to do more research regarding the solutions because I did not find that much regarding on solutions. Also, I believe that this research must be known to everyone because I believe influence can be dangerous in all ages and it can damage everyone around you sometimes.

